

Grateful for Being Grateful

FR. JOSEPH JUKNIALIS

ere is a quick self-test: Name three things in your life for which you are grateful. Finished? If you were able to name three things easily, your spirituality is probably in a good place. If you had difficulty, your spirituality may be in need of some work. Spiritual writers have long noted that living day by day with a sense of gratitude is one of the signs of holiness. Yet, a number of attitudes can get in the way of our being thankful. One is anger; it unsettles and focuses our attention on one issue, keeping us from seeing a bigger picture filled with blessings. Another is living with continual wanting; incessant desires for more prevent us from recognizing the beauty and goodness of what already is. Fear too keeps us from being grateful; it obliterates all the goodness that is present and focuses on an unknown and uncertain future that may never be.

Therapists have advised that, at the end of each day, people should take time to name three things that happened that day for which they are grateful, as doing so will often ease depression. Our religious tradition has been encouraging this for 2,000 years. Not all depression is due to life circumstances; some is the result of chemical or hormonal imbalances. But, if our sadness is the consequence of life events, naming three positive occurrences from each day not only brings a balance to our attitudes but also brings us to deeper faith, recognizing a power greater than ourselves at work in our lives. That power is God. •

Reflect

What are three reasons I have for gratitude? What blessings do I forget?





Immaculate Conception & St. Joseph's Catholic Church

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Fr. Rob Oswald (Parish Priest)

email: roswald2@juno.com PO Box 166 Office phone: 406.346.9239

Twenty-Eighth Sunday in Ordinary Time

Mass Schedule - Hysham

Sunday at 12:30 PM

Sunday at 10:30 AM

Mass Schedule – Forsyth

Office hours: By appointment – call 406.853.5252 or come to the rectory.

Religious Education: Contact Diane Wyrick for Forsyth at 406.351.2845 and Amber for Hysham at

406.342.5448.

Confession: Saturdays @ 2 PM.

<u>Baptism:</u> Adults and children under 7 (please contact Father Rob.)

<u>Anointing of the Sick:</u> If you are having surgery or are sick, please contact Father Rob to receive the Sacrament of Anointing.

Sacrament of Anoming.

<u>Funerals:</u> When anticipating or planning a funeral, please contact Father Rob before finalizing the arrangements.

<u>Mass Intentions:</u> If you would like to have a Mass offered and be listed in the bulletin, please contact Father Rob.

<u>Homebound & Sick:</u> If you or someone you know can no longer attend Mass due to physical inability, please contact Father Rob or Diane Wyrick at 406.351.2845 or Rosemary in Hysham at 406.740.1457 to receive Holy Communion and Anointing.

<u>Immaculate Conception Prayer Chain:</u> For requests, call Cherie Heser at 406.351.9048 or any member of the Prayer Chain listed on the bulletin board in Parish Hall.

Mass & Liturgy Schedule:

Sunday	10/12	10:30 AM	Mass in Forsyth for Cathy Hall Emerson (D) from Jim & Lavina Hall.
Sunday	10/12	12:30 PM	Mass in Hysham for Fr Robert Grosch.
Tuesday	10/14	5:15 PM	Mass in Forsyth for Joe & Alma Holling (D) from Jim & Lavina Hall.
Friday	10/17	9:00 AM	Mass in Forsyth for Guy & Florence Hall from Jim & Lavina Hall.
Saturday	10/18	4:00 PM	Mass at the Nursing Home for the Residents.
Sunday	10/19	10:30 AM	Mass in Forsyth for Leona Hall & Steve Dyba (D) from Jim & Lavina Hall.
Sunday	10/19	12:30 PM	Mass in Hysham for Alpha Hopf, Scott & Tanya Hargrove and Linda Howell from Chuck & Chrissy Hopf.

- Rosary every Monday at 8:15 AM, Tuesday at 4:45 PM and Friday at 8:30 AM.
- Preligious education for children Sunday at 9:30 AM.
- ♣ Bible Study in Forsyth is Friday morning after Mass.
- CCD & Sacramental Prep Classes on Sunday morning. Questions: Please contact Diane Wyrick in Forsyth and Amber in Hysham.

Announcements:

The Immaculate Conception Parish Harvest Dinner is Sunday, October 26th. Mark your calendars. If anyone wishes to donate a raffle prize, drop it off at the Parish. More details to come. Thank you!

Hysham – Remember that the weekend Mass will be a vigil Mass at 6 PM on Saturday, October 25th, due to the Harvest Dinner in Forsyth on Sunday. Rosary will start at 5:30 PM.

Forsyth – Religious education will begin on Sunday, October 5th at 9:30 AM (before Mass).

Hysham – October is the month of the Rosary. Please join us to pray the Rosary before Mass at 12 noon on Sundays in October.

The Bismarck Diocese is offering a SEARCH for Christian Maturity to those ages 15 through college age. It is a weekend retreat to encounter God and his will for their lives. If you are interested, please take a brochure from the table in the dining room.

Please note: With the cooler weather, weekday Masses will be held in the Chapel in Forsyth.

Finance Update: Last Sunday Collection: 10/05/2025

Immaculate Conception – For	rsyth	St. Joseph – Hysham	
Loose Cash	218.00	Loose Cash	144.00
Loose Checks	50.00	Loose Checks	140.00
Envelope Cash	0.00	Envelope Cash	10.00
Envelope Checks	1510.00	Envelope Checks	555.00
Other	0.00	Other	0.00
Diocese Assessment	0.00	Building Fund	0.00
Special Collection	0.00	Special Collection	0.00
Capital Campaign	0.00	Capital Campaign	0.00
Current Operating Fund	0.00	Current Operating Fund	0.00
TOTAL:	\$ 1778.00	TOTAL:	\$ 849.00

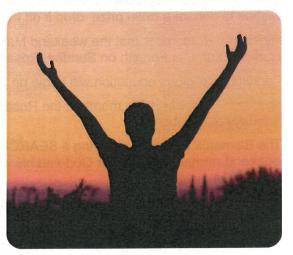
Forsyth & Hysham Ministry Schedule for next Sunday: 10/19/2025

Forsyth:			
	Time	Service	Names
	Mass at 10:30 AM	Eucharistic Ministers	Brian Sullivan & Leann Murnion
		Cross Bearer	Brian Sullivan
		Lector	Nick Murnion
		Ushers	Nick & Leann Murnion
		Gifts	Nick & Leann Murnion
		Col. Counters	Dan Murnion & Wayne Pester
		Sacristan	Heather Pester
Hysham:			
	Mass at 12:30 PM	Eucharistic Ministers	Mark Manning & Rosemary Olson
	_	Lector	Renee Zent

Dear Padre,

Are people born with the Holy Spirit, or do they have to be baptized in order to receive the Holy Spirit? If we are not born with the Holy Spirit, is it just our conscience that is bothered when we are doing wrong?

Your question is suggesting that the Holy Spirit is "in" or "out." St. Paul teaches us, "In him we live and move and have our being" (Acts 17:28). In other words, the Spirit of God is always with us, and we are dependent on that Spirit for life. There is no beginning and there is no end; the Spirit always was, and is, and will be.



The Catechism of the Catholic Church explains that "Conscience is a judgment of reason whereby the human person recognizes the moral quality of a concrete act that he is going to perform, is in the process of performing, or has already completed. In all he says and does, man is obliged to follow faithfully what he knows to be just and right" (1778). We have an obligation to form our consciences to know what is right and to help our children form theirs. It is with the cooperation of the Spirit that a "good conscience" is formed.

When we celebrate the sacraments, including the sacrament of baptism, we are confirming the life of the Spirit that is within is. We are acknowledging and proclaiming the abiding presence of the Spirit of God.

Fr. Thomas M. Santa, CSsR / DearPadre.org

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about Dear Padre.

A WORD FROM POPE LEO XIV

The deepest purpose of the Church's social doctrine [is] a contribution to peace and dialogue in the service of building bridges of universal fraternity.... [T]he Risen Lord always goes before us, even at times when injustice and death seem to prevail. Let us..."build bridges through dialogue and encounter, joining together as one people, always at peace."

ADDRESS, ROME, MAY 17, 2025

WIKICOMMONS



October 13
Weekday
Rom 1:1-7
Lk 11:29-32
Tuesday
October 14
Weekday
Rom 1:16-25
Lk 11:37-41
Wednesday
October 15
St. Teresa of Jesus,
Virgin and Doctor
of the Church
Rom 2:1-11
Lk 11:42-46

Monday

Lk 11:42–46 **Thursday**October 16 *Weekday*Rom 3:21–30

Lk 11:47–54

Friday
October 17
St. Ignatius of
Antioch, Bishop
and Martyr
Rom 4:1-8
Lk 12:1-7
Saturday
October 18
St. Luke, Evangelist
2 Tm 4:10-17b
Lk 10:1-9

October 19
Twenty-ninth
Sunday in Ordinary
Time
Ex 17:8-13
2 Tm 3:14-4:2
Lk 18:1-8

Sunday

