

Chester, Deep River and Essex Food Resources

Last revised December 1, 2020

For information about SNAP, WIC, and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: Chester Food Pantry	
Physical address: Town Hall, Chester, 203 Middlesex Avenue, Chester, CT 06412	
Who:	Chester residents
What:	Non-perishable groceries, pre-bagged
When/where:	Mon, Wed, Thurs: 9:00 a.m. – noon Chester Town Hall
How:	Call ahead to 860-526-0013 Ext. 213 for appointment: Pick up arrangements are made by appointment
Phone:	Rosie Bininger, Chester Department of Social Services, Director – (860) 526-0013 Ext. 213
E-mail:	HumanServices@chesterct.org
Facebook:	N/A
Website:	http://chesterct.org/town-services/social-services/

Name: The CT Food Bank Dairy Express, a program of the Connecticut Food Bank	
<i>Se Habla Español</i>	
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.	
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Guilford residents are generally held in Clinton, East Haven and Hamden
What:	Fresh milk and other dairy products
When/where:	Deliveries are to sites in Hamden, East Haven, New Haven and New London. For the changing schedule, see https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/
E-mail:	cfb@ctfoodbank.org
Facebook:	https://www.facebook.com/CTFoodBank/
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/

Name: The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank	
<i>Se Habla Español</i>	
Physical address:	CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden
What:	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.
When/where:	Clinton: First Fridays of each month at 9:30am Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA The Mobil Food Pantry also stops at least once a month in East Haven and Hamden . Be sure to check the web site (listed below) for the monthly schedules
How:	<i>Be sure to check the website to see where the pantry is operating in the state. Go to:</i> https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/
More info:	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.
Contact:	<ul style="list-style-type: none"> • Food pantry hotline for <i>DAILY</i> information: 203-741-9751 or 211 for the State schedule; • For <i>WEEKLY</i> information – go to the website which is updated on Friday afternoons (noted below) • For special accommodations or questions, please call at (860) 669-7347 • Wallingford Main Office: (203) 469-5000
E-mail:	cfb@ctfoodbank.org
Facebook:	https://www.facebook.com/CTFoodBank/
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/

Name: Deep River Town emergency pantry	
Physical address: 56 High Street, Deep River, CT - 06417	
Who:	Deep River residents
What:	Pre-bagged groceries
When/where:	Tuesdays: 9:00 a.m. to 12:00 p.m. Thursdays: 1:00 p.m. to 4:00 p.m. 56 High Street
How:	Call ahead for appointment, Department of Social Services, Rosie Bininger, Director
Phone:	(860) 526-6033
Website:	https://www.deepriverct.us/social-services

Name: Essex Social Services- Youth Services, united three town support program “Tri-Town”	
Physical address: 56 High Street, Deep River	
Who:	Essex, Deep River and Chester
What:	Gift Cards for food
When/where:	By Appointment only
How:	Call (860) 526-3600 to inquire and register
Phone:	(860) 526-3600
E-mail:	info@ttysb.org (Care of Tri-Town Youth Services Bureau, 56 High Street, Deep River)
Facebook:	N/A
Website:	http://tritownys.org/

Name: Estuary Senior Grab & Go Lunches	
Note – the Estuary Council of Seniors serves 9 towns. Any person from any of the towns can participate in nutrition programs held anywhere in the system . The Estuary community includes Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook. Participants for nutrition programs, age 60 and above, must be registered with the Council	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook	
Who:	Seniors who are 60+ years and residents of one of the 9 towns listed above. Participants must pre-register using the number below
What:	Grab & Go lunches; \$3.00 donation suggested per meal, if possible.
When/where:	<u>Mondays, Wednesdays and Fridays</u> – Old Saybrook Estuary Senior Center, 220 Main Street, Old Saybrook (in back of 210 Plaza) 11:30 a.m. to 12:30 p.m. - 2 meals per reservation on Mon and Weds; 1 on Fri <u>Tuesdays</u> – Old Lyme and Clinton 11:30 a.m. to 12:30 p.m. – 5 meals per reservation Lyme’s’ Senior Center, 26 Woods Road, Old Lyme 10:30 to 11 a.m. - 2 meals per reservation, Clinton Town Hall Annex, 48 East Main Street
Special Christmas Luncheon	Friday, December 18 Pick up during Grab & Go from 11:30 am to 12:15 pm
How:	(860) 388-1611, ext. 0, before 11:00 A.M the day before you wish to pick up the meal(s)
Phone:	(860) 388-1611
E-mail:	N/A
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: c/o the Estuary Council of Seniors	
Who:	To registered homebound residents aged “60 or better” of the Estuary Region (Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook).
What:	Meals delivered for a short period or longer duration
When/where:	Delivery is by volunteers around noontime, Monday through Friday. Frozen meals are also available for dinners and weekends.
Donation:	A suggested donation of \$3.00 per meal is requested at the end of the month, when a donation request is sent out to the client or to the client’s representative.
How:	Contact Laura at (860) 388-1611, x217 for more information.
Phone:	(860) 388-1611, x217
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Regional School District No. 4: Chester, Deep River and Essex	
Who:	Registered students only
Contact:	Food Services Director: Thomas Peterlik tpeterlik@reg4.k12.ct.us (860) 718-7994.
Website:	http://www.reg4.k12.ct.us/

Name: Shoreline Soup Kitchens – Food Pantries An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex, CT 06426	
Who:	Residents of the following towns are eligible to get groceries at the food pantries: Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook or Deep River. Be sure to have photo-identification with your home address.
What:	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less. Guests are welcome to visit one pantry site each week for curb-side delivery.
When/where:	Locations of Food Pantries. Please note - times have been changed for the winter: Tuesdays 11:30am-2:15pm St. Mark's Roman Catholic Church, 222 McVeagh Road, Westbrook Tuesdays 1:00pm-4:00pm First Church of Christ in Saybrook (Congregational), 366 Main Street, Old Saybrook Wednesdays 3:30pm-6:00pm First Church of Christ, Congregational, 55 Church Road, Clinton Thursdays 2:30pm-4:30pm St. John's Episcopal Church, 400 Main Street, Niantic Saturdays 9:00 - 11:00 am First Congregational Church of Old Lyme, 2 Ferry Road, Old Lyme
How:	Curb- side pickup
More info:	Please remember to wear a face mask
Phone:	(860) 388-1988
Facebook:	https://www.facebook.com/theshorelinesoupkitchensandpantriesinc/
Website:	https://www.shorelinesoupkitchens.org https://shorelinesoupkitchens.org/get-help-2/first-church-of-christ-clinton

Name: Shoreline Soup Kitchen - Meals An interfaith Ministry offering meals, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex, CT 06426	
Who:	<i>Area residents</i> of the following towns are eligible to obtain grab-and-go meals: Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook or Deep River.
What:	Take Out meals and Fellowship
When/where:	Locations of Meal Sites: The following meal sites are open on a take-out basis: Sundays 5:00 - 6:00 pm United Church of Chester, 29 West Main Street, Chester Mondays 5:30 - 6:30 pm First Baptist Church of Essex, 10 Prospect Street, Essex Tuesdays 5:00 - 6:00 pm St. John's Episcopal Church, 23 Main Street, Essex Wednesdays 12:00 - 1:00 pm Grace Episcopal Church, 336 Main Street, Old Saybrook Thursdays 5:00 - 6:00 pm Deep River Congregational Church, 1 Church Street, Deep River Fridays 12:00 - 1:00 pm Trinity Lutheran Church, 109 Main Street, Centerbrook Fridays 6:00 - 7:00 pm Westbrook Congregational Church, 1166 Boston Post Road, Westbrook
Phone:	(860) 388-1988
E-mail:	N/A
Facebook:	https://www.facebook.com/theshorelinesoupkitchensandpantriesinc
Website:	https://shorelinesoupkitchens.org/about-us/get-help

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