

Chester, Deep River and Essex Food Resources

Last revised October 7, 2020



For information about SNAP, WIC, Commodity Supplemental Food Program (CSFP) for seniors and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: Chester Food Pantry	
Physical address: Town Hall, Chester, 203 Middlesex Avenue, Chester, CT 06412	
Who:	Chester residents
What:	Non-perishable groceries, pre-bagged
When/where:	Mon, Wed, Thurs: 9:00 a.m. – noon; Chester Town Hall
How:	Call ahead to 860-526-0013 Ext. 213 for appointment: Pick up arrangements are made by appointment
Phone:	Rosie Bininger, Chester Department of Social Services, Director - 860-526-0013 Ext. 213
E-mail:	HumanServices@chesterct.org
Facebook:	N/A
Website:	http://chesterct.org/town-services/social-services/

Name: The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank		<i>Se Habla Español</i>
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden	
What:	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.	
When/where:	<p>Clinton: First Fridays of each month at 9:30am Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA</p> <p>The Mobil Food Pantry also stops at least once a month in East Haven and Hamden. Be sure to check the web site (listed below) for the monthly schedules</p>	
How:	Be sure to check the website to see where the pantry is operating in the state. Go to: https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/	
More info:	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
Contact:	<ul style="list-style-type: none"> • Food pantry hotline for DAILY information: 203-741-9751 or 211 for the State schedule; • For WEEKLY information – go to the website which is updated on Friday afternoons (noted below) • For special accommodations or questions, please call at (860)669-7347 • Wallingford Main Office: (203) 469-5000 	
E-mail:	cfb@ctfoodbank.org	
Facebook:	@CTFoodBank/	
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/	

Name: Deep River Food Pantry	
Physical address: 56 High Street, Deep River, CT - 06417	
Who:	Deep River residents
What:	Pre-bagged groceries
When/where:	<ul style="list-style-type: none"> • Tuesdays: 9:00 a.m. to 12:00 p.m. • Thursdays: 1:00 p.m. to 4:00 p.m. 56 High Street
How:	Call ahead for appointment
Phone:	860-526-6033
Website:	https://www.deepriverct.us/social-services

Name: Essex Social Services- Youth Services, united three town support program "Tri-Town"	
Physical address: 56 High Street, Deep River	
Who:	Essex, Deep River and Chester
What:	Gift Cards for food
When/where:	By Appointment only
How:	Call 860-526-3600 to inquire and register
Phone:	860-526-3600
E-mail:	info@ttsyb.org (Care of Tri-Town Youth Services Bureau, 56 High Street, Deep River)
Website:	http://tritownys.org/

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: C/o the Estuary Council of Seniors	
Who:	To registered homebound residents of Chester (Also - Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook, and Westbrook)
What:	Meals delivered
When/where:	Delivery is by volunteers around lunch time.
How:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	860-388-1611, x217
Facebook:	@Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Regional School District No. 4: Chester, Deep River and Essex	
Note: On Tuesday, October 13, all students in the Chester, Deep River, Essex and Region 4 schools will return to full, in-person learning five days a week.	
Notes:	<ul style="list-style-type: none"> • With the School returning to the 'normal' schedule, meal support will be at school for registered students. 'At-Home Learners' may be able to pick up meals 1 day/week. It would be essential for the parents/guardians of those students to make specific arrangements with the school • The District has not announced whether it will participate in the USDA extension of Summer meals for all children.
Contact::	Food Services Director: Thomas Peterlik tpeterlik@reg4.k12.ct.us; phone: 860-718-7994.
Website:	http://www.reg4.k12.ct.us/

Name: Shoreline Soup Kitchens – Food Pantries	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex, CT 06426	
Who:	Residents of the following towns are eligible to get groceries at the food pantries: Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook or Deep River. Be sure to have photo-identification with your home address.
What:	Tries to provide groceries to feed a family 3 meals x 3 days. Sometimes there is more; sometimes less.
When & Where:	Locations of Food Pantries: <ul style="list-style-type: none"> • Tuesdays 1:00 - 2:45 pm St. Mark's Roman Catholic Church, 222 McVeagh Road, Westbrook • Tuesdays 3:00 - 5:00 pm First Church of Christ in Saybrook (Congregational), 366 Main Street, Old Saybrook • Wednesdays 5:45 - 7:45 pm First Church of Christ, Congregational, 55 Church Road, Clinton • Thursdays 5:00 - 6:00 pm St. John's Episcopal Church, 400 Main Street, Niantic • Saturdays 9:00 - 11:00 am First Congregational Church of Old Lyme, 2 Ferry Road, Old Lyme
How:	Curb- side pickup; please remember to wear a face mask.
Phone:	(860) 388-1988
Facebook:	@theshorelinesoupkitchensandpantriesinc
Website:	https://www.shorelinesoupkitchens.org https://shorelinesoupkitchens.org/get-help-2/first-church-of-christ-clinton

Name: Shoreline Soup Kitchen – Meals An interfaith Ministry offering meals, coordinated with the Shoreline Soup Kitchens and Pantries	
Who:	Area residents
What:	Take-Out meals
When/where:	<ul style="list-style-type: none"> • Sundays 5:00 - 6:00 pm United Church of Chester, 29 West Main Street, Chester • Mondays 5:30 - 6:30 pm The First Baptist Church in Essex, 10 Prospect Street, Essex • Thursdays 5:00 - 6:00 pm Deep River Congregational Church, 1 Church Street, Deep River • Fridays 12:00 - 1:00 pm Trinity Lutheran Church, 109 Main Street, Centerbrook
Phone:	860-388-1988
Facebook:	@theshorelinesoupkitchensandpantriesinc
Website:	https://shorelinesoupkitchens.org/about-us/get-help

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