

**Food Resources open to Clinton, CT Residents**

*Last updated December 2, 2020*

*For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.*

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| <b>Name:</b> Clinton Public Schools   |   |
| <b>Physical address:</b> District office – 137-B Glenwood Road, Clinton, CT 06413 |   |
| <b>Who:</b>   | All children under the age of 18 through the end of the 2020-2021 school year.<br>Note: Children do not need to reside in Clinton                         |
| <b>What:</b>  | Free breakfast and lunch meals  |
| <b>When/where:</b>  | “Grab and Go” meals can be picked up Monday through Friday between 10:00-10:45 a.m. behind the Morgan High School, 71 Killingworth Turnpike, Clinton, CT. |
| <b>Phone:</b>   | District office (860) 664-6500<br>Food Services Office at (203) 200-8607  |
| <b>E-mail:</b>  | <a href="mailto:jsiciliano@clintonpublic.net">jsiciliano@clintonpublic.net</a> , Food Services Director   |
| <b>Facebook:</b>  | <a href="https://www.facebook.com/clintonschoolsct">https://www.facebook.com/clintonschoolsct</a>   |
| <b>Website:</b>   | <a href="https://www.clintonpublic.net/departments/food_services">https://www.clintonpublic.net/departments/food_services</a>                             |

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| <b>NAME: Community Dining Room</b><br>Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors. |  | <i>Se Habla Español</i> |
| <b>Physical Address:</b> 30 Harrison Avenue, Branford, CT  |  |                         |
| <b>Who:</b>  | All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook. All ages, no proof of income needed.   |                         |
| <b>What:</b>   | Free take-out meals and a home delivery program  |                         |
| <b>When/where:</b>   | Take-out meals - 30 Harrison Avenue, Branford - at the following times:<br><br>Lunches and Saturday Brunch:<br><ul style="list-style-type: none"> <li>• Sunday-Friday: 12:00 PM – 1:00 PM</li> <li>• Saturday: 11:00 AM – 12:00 PM</li> <li>• Note Christmas Day, December 25 – The lunch will be special and extended for ½ hour – 12 to 1:30 P.M.</li> </ul><br>Evening Meals:<br><ul style="list-style-type: none"> <li>• Tuesday Family Night Meal /"Kid's Night": 5:30 PM – 6:30 PM</li> <li>• Wednesday &amp; Friday Take-Out dinner by reservation: Call ahead to (203) 488-9750: Pick up 1:00-3:00 pm</li> </ul> |                         |
| <b>Phone:</b>  | (203) 488-9750   |                         |
| <b>E-mail:</b>   | info@communitydiningroom.org   |                         |
| <b>Facebook:</b>   | <a href="https://www.facebook.com/CommunityDiningRoom06405/">https://www.facebook.com/CommunityDiningRoom06405/</a>  |                         |
| <b>Website:</b>  | <a href="https://communitydiningroom.org/about/">https://communitydiningroom.org/about/</a>  |                         |
| <b>BONUS SUPPORT:</b>  | <ul style="list-style-type: none"> <li>• CDR provides Free Children's Books from 'Read to Grow'</li> <li>• Free table of non-perishable items available for anyone in need</li> <li>• Diaper Bank – 2<sup>nd</sup> Tuesday of the month. Registration required at Branford Early Learning Center – (203) 488-4512</li> </ul>   |                         |

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| <b>Name: The CT Food Bank Dairy Express, a program of the Connecticut Food Bank</b>          |  | <i>Se Habla Español</i> |
| <b>Physical address:</b> CT Food Bank head office is at 2 Research Parkway, Wallingford, CT. |  |                         |
| <b>Who:</b>  | CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Guilford residents are generally held in Clinton, East Haven and Hamden   |                         |
| <b>What:</b>   | Fresh milk and other dairy products  |                         |
| <b>When/where:</b>   | Deliveries are to sites in Hamden, East Haven, New Haven and New London. For the changing schedule, see<br><a href="https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/">https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/</a> |                         |
| <b>E-mail:</b>   | cfb@ctfoodbank.org   |                         |
| <b>Facebook:</b>   | <a href="https://www.facebook.com/CTFoodBank/">https://www.facebook.com/CTFoodBank/</a>  |                         |
| <b>Website:</b>  | <a href="http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/">http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/</a>  |                         |

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| <b>Name:</b> The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank |   | <i>Se Habla Español</i> |
| <b>Physical address:</b>  | CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.   |                         |
| <b>Who:</b>   | CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden  |                         |
| <b>What:</b>  | Pre-packed food. Drive thru or take-away groceries in pre-packed bags.  |                         |
| <b>When/where:</b>  | <p><b>Clinton:</b><br/> First Fridays of each month at 9:30am<br/> Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA</p> <p>The Mobil Food Pantry also stops at least once a month in <b>East Haven</b> and <b>Hamden</b>. Be sure to check the web site (listed below) for the monthly schedules</p>   |                         |
| <b>How:</b>   | <b><i>Be sure to check the website to see where the pantry is operating in the state. Go to:</i></b><br><a href="https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/">https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/</a>   |                         |
| <b>More info:</b>   | The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.   |                         |
| <b>Contact:</b>   | <ul style="list-style-type: none"> <li>• Food pantry hotline for <b><i>DAILY</i></b> information: (203) 741-9751 or 211 for the State schedule;</li> <li>• For <b><i>WEEKLY</i></b> information – go to the website which is updated on Friday afternoons (noted below)</li> <li>• For special accommodations or questions, please call at (860) 669-7347</li> <li>• Wallingford Main Office: (203) 469-5000</li> </ul> |                         |
| <b>E-mail:</b>  | <a href="mailto:cfb@ctfoodbank.org">cfb@ctfoodbank.org</a>  |                         |
| <b>Facebook:</b>  | <a href="https://www.facebook.com/CTFoodBank/">https://www.facebook.com/CTFoodBank/</a>   |                         |
| <b>Website:</b>   | <a href="http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/">http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/</a>   |                         |

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| <b>Name: Estuary Senior Grab &amp; Go Lunches</b>   |  |
| Note – the Estuary Council of Seniors serves 9 towns. Any person from any of the towns can participate in nutrition programs held anywhere in the system . The Estuary community includes Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook. Participants for nutrition programs, age 60 and above, must be registered with the Council |  |
| <b>Physical address:</b> C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook  |  |
| <b>Who:</b>   | Seniors who are 60+ years and residents of one of the 9 towns listed above. Participants must pre-register using the number below  |
| <b>What:</b>  | Grab & Go lunches; \$3.00 donation suggested per meal, if possible.  |
| <b>When/where:</b>  | <u>Mondays, Wednesdays and Fridays</u> – Old Saybrook Estuary Senior Center, 220 Main Street, Old Saybrook (in back of 210 Plaza)<br>11:30 a.m. to 12:30 p.m. - 2 meals per reservation on Mon and Weds; 1 on Fri<br><br><u>Tuesdays</u> – Old Lyme and Clinton<br>11:30 a.m. to 12:30 p.m. – 5 meals per reservation Lyme’s’ Senior Center, 26 Woods Road, Old Lyme<br>10:30 to 11 a.m. - 2 meals per reservation, Clinton Town Hall Annex, 48 East Main Street |
| <b>Special Christmas Luncheon</b>   | Friday, December 18 Pick up during Grab & Go from 11:30 am to 12:15 pm   |
| <b>How:</b>   | (860) 388-1611, ext. 0 , <b>before 11:00 A.M</b> the day before you wish to pick up the meal(s)  |
| <b>Phone:</b>   | (860) 388-1611   |
| <b>E-mail:</b>  | N/A  |
| <b>Facebook:</b>  | <a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>  |
| <b>Website:</b>   | <a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>  |

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| <b>Name: Meals on Wheels—Estuary Council of Seniors</b>     |  |
| <b>Physical address:</b> c/o the Estuary Council of Seniors |  |
| <b>Who:</b>   | To registered homebound residents aged “60 or better” of the Estuary Region (Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook). |
| <b>What:</b>  | Meals delivered for a short period or longer duration  |
| <b>When/where:</b>  | Delivery is by volunteers around noontime, Monday through Friday. Frozen meals are also available for dinners and weekends.  |
| <b>Donation:</b>  | A suggested donation of \$3.00 per meal is requested at the end of the month, when a donation request is sent out to the client or to the client’s representative.           |
| <b>How:</b>   | Contact Laura at 860-388-1611, x217 for more information.  |
| <b>Phone:</b>   | (860) 388-1611, x217   |
| <b>Facebook:</b>  | <a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>                    |
| <b>Website:</b>   | <a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>  |

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| <b>Name: Shoreline Soup Kitchen - Meals</b><br>An interfaith Ministry offering meals, coordinated with the Shoreline Soup Kitchens and Pantries |   |
| <b>Office address:</b> The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex, CT 06426  |   |
| <b>Who:</b>   | <i>Area residents</i> of the following towns are eligible to obtain grab-and-go meals:<br>Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook or Deep River.   |
| <b>What:</b>  | Take Out meals and Fellowship   |
| <b>When/where:</b>  | Locations of Meal Sites:<br>The following meal sites are open on a take-out basis:<br><br><b>Sundays 5:00 - 6:00 pm</b><br>United Church of Chester, 29 West Main Street, Chester<br><br><b>Mondays 5:30 - 6:30 pm</b><br>First Baptist Church of Essex, 10 Prospect Street, Essex<br><br><b>Tuesdays 5:00 - 6:00 pm</b><br>St. John's Episcopal Church, 23 Main Street, Essex<br><br><b>Wednesdays 12:00 - 1:00 pm</b><br>Grace Episcopal Church, 336 Main Street, Old Saybrook<br><br><b>Thursdays 5:00 - 6:00 pm</b><br>Deep River Congregational Church, 1 Church Street, Deep River<br><br><b>Fridays 12:00 - 1:00 pm</b><br>Trinity Lutheran Church, 109 Main Street, Centerbrook<br><br><b>Fridays 6:00 - 7:00 pm</b><br>Westbrook Congregational Church, 1166 Boston Post Road, Westbrook |
| <b>Phone:</b>   | (860) 388-1988  |
| <b>E-mail:</b>  | N/A   |
| <b>Facebook:</b>  | <a href="https://www.facebook.com/theshorelinesoupkitchensandpantriesinc">https://www.facebook.com/theshorelinesoupkitchensandpantriesinc</a>   |
| <b>Website:</b>   | <a href="https://shorelinesoupkitchens.org/about-us/get-help">https://shorelinesoupkitchens.org/about-us/get-help</a>   |

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| <b>Name: Shoreline Soup Kitchens – Food Pantries</b>   |   |
| An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries |   |
| <b>Office address:</b> The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex, CT 06426                   |   |
| <b>Who:</b>  | Residents of the following towns are eligible to get groceries at the food pantries:<br>Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook or Deep River.<br>Be sure to have photo-identification with your home address.   |
| <b>What:</b>   | Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.<br>Guests are welcome to visit one pantry site each week for curbside delivery.  |
| <b>When/where:</b>   | Locations of Food Pantries. Please note - times have been changed for the winter:<br><b>Tuesdays 11:30am-2:15pm</b><br>St. Mark's Roman Catholic Church, 222 McVeagh Road, Westbrook<br><br><b>Tuesdays 1:00pm-4:00pm</b><br>First Church of Christ in Saybrook (Congregational), 366 Main Street, Old Saybrook<br><br><b>Wednesdays 3:30pm-6:00pm</b><br>First Church of Christ, Congregational, 55 Church Road, Clinton<br><br><b>Thursdays 2:30pm-4:30pm</b><br>St. John's Episcopal Church, 400 Main Street, Niantic<br><br><b>Saturdays 9:00 - 11:00 am</b><br>First Congregational Church of Old Lyme, 2 Ferry Road, Old Lyme |
| <b>How:</b>  | Curbside pickup   |
| <b>More info:</b>  | Please remember to wear a face mask   |
| <b>Phone:</b>  | (860) 388-1988  |
| <b>Facebook:</b>   | <a href="https://www.facebook.com/theshorelinesoupkitchensandpantriesinc/">https://www.facebook.com/theshorelinesoupkitchensandpantriesinc/</a>   |
| <b>Website:</b>  | <a href="https://www.shorelinesoupkitchens.org">https://www.shorelinesoupkitchens.org</a><br><a href="https://shorelinesoupkitchens.org/get-help-2/first-church-of-christ-clinton">https://shorelinesoupkitchens.org/get-help-2/first-church-of-christ-clinton</a>  |

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| <b>Name: Town Food Pantry for Clinton Residents</b>  |   |
| <b>Physical address:</b> Clinton Social Services, 48 E Main St, Clinton, Connecticut 06413 |   |
| <b>Who:</b>  | Clinton Residents – call ahead for appointment  |
| <b>What:</b>   | Groceries   |
| <b>When/where:</b>   | Monday through Wednesday 9-4, Thursday 9-7, and Friday 9-noon<br>By Appointment<br>Clinton Social Services, 48 E. Main Street   |
| <b>Phone:</b>  | (860) 669-7347  |
| <b>Facebook:</b>   | <a href="https://www.facebook.com/Clinton-Social-Services-Clinton-CT-471643042939096/">https://www.facebook.com/Clinton-Social-Services-Clinton-CT-471643042939096/</a> |
| <b>Website:</b>  | <a href="http://clintonct.org/171/Social-Services">http://clintonct.org/171/Social-Services</a>   |