

Food Resources open to East Haven Residents

Last revised May 5, 2021



For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

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| Name: Agency on Aging, South Central Office: Grocery Shopping Program | |
| <i>Se Habla Espanol</i> | |
| Physical address: 117 Washington Ave Ste 17, North Haven, CT 06437` | |
| Who: | Eligible residents of East Haven, North Haven, North Branford, Northford, Branford and Guilford. The client must meet these criteria: <ol style="list-style-type: none"> 1. Be a senior 2. Have a monthly income of \$1,500 or less 3. Be homebound |
| What: | A <u>one-time</u> resource of \$100 of free groceries and delivery. Volunteers do the shopping for the clients |
| When/where: | Once registered, the client would provide the grocery list to the office which would handle the shopping and delivery between 8:30 a.m. and 4:30 p.m. on a weekday |
| How: | Registration required: Contact for a required phone interview and form, c/o Tom Davis at tDavis@aoascc.org |
| Phone: | (203) 785-8533 |
| E-mail: | info@aoascc.org |
| Facebook: | N/A |
| Website: | https://www.aoascc.org/ |

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| NAME: Community Dining Room | |
| Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors. | |
| <i>Se Habla Espanol</i> | |
| Physical Address: 30 Harrison Avenue, Branford, CT | |
| Who: | All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook. All ages, no proof of income needed. |
| What: | Free take-out meals and a home delivery program |

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| When/where: | Take-out meals - 30 Harrison Avenue, Branford - at the following times: Lunches and Saturday Brunch: <ul style="list-style-type: none"> • Sunday-Friday: 12:00 PM – 1:00 PM • Saturday: 11:00 AM – 12:00 PM Evening Meals: <ul style="list-style-type: none"> • Tuesday Family Night Meal /"Kid's Night": 5:30 PM – 6:30 PM • Wednesday & Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm |
| Home delivery program: for Branford and North Branford residents: | For Home delivery program: Call (203) 488-9750, ext. 3 to inquire and discuss re referrals and intake assessments. For Branford, deliveries are 3 days a week on Mondays, Wednesdays and Fridays: one hot meal and one frozen meal. For North Branford, deliveries are on Wednesdays: one hot and one frozen meal. |
| Phone: | (203) 488-9750 |
| E-mail: | info@communitydiningroom.org |
| Facebook: | https://www.facebook.com/CommunityDiningRoom06405/ |
| Website: | https://communitydiningroom.org/about/ |
| BONUS SUPPORT: | <ul style="list-style-type: none"> • CDR provides Free Children's Books from 'Read to Grow' • Free table of non-perishable items available for anyone in need • Diaper Bank – 2nd Tuesday of the month. Registration required at Branford Early Learning Center – (203) 488-4512 |

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| Name: The CT Food Bank Dairy Express, a program of the Connecticut Food Bank | |
| <i>Se Habla Espanol</i> | |
| Physical address: | CT Food Bank head office is at 2 Research Parkway, Wallingford, CT. |
| Who: | CT Residents. Residents from any town may go to any delivery site which are generally held in Clinton, East Haven and Hamden |
| What: | Fresh milk and other dairy products |
| When: | In April 2021, the delivery schedule is not posted due to a change in the web site. CT Food Bank staff advise calling Connecticut's hot line 211 and specifically asking about the Dairy Express. |
| E-mail: | cfb@ctfoodbank.org |
| Facebook: | https://www.facebook.com/CTFoodBank/ |
| Website: | http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/ |

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| Name: The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank | |
| <i>Se Habla Espanol</i> | |
| Physical address: | CT Food Bank head office is at 2 Research Parkway, Wallingford, CT. |
| Who: | CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden |
| What: | Pre-packed food. Drive thru or take-away groceries in pre-packed bags. |
| When/where: | Schedule – Be sure to double check the web site (https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/) for any last minute changes: East Haven: 3rd Thursdays of each month at 4pm – 5 p.m. East Haven High School, 35 Wheelbarrow Ln, East Haven Clinton: 1st Fridays of each month at 9:30 a.m. Clinton Town Hall Annex, 48 E Main St, Clinton Old Saybrook: 4 th Thursdays of each month at 10:00 a.m. First Church of Christ in Saybrook, 366 Main Street, Old Saybrook The Mobil Food Pantry also stops at least once a month in Hamden as well as sites in New Haven. Be sure to check the web site for the monthly schedules. |
| How: | <i>Be sure to check the website to see where the pantry is operating in the state. Go to:</i> https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/ |
| More info: | The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. |
| Contact: | <ul style="list-style-type: none"> • Food pantry hotline for DAILY information: (203) 741-9751 or 211 for the State schedule; • (For special accommodations or questions, please call at (860) 669-7347 • Wallingford Main Office: (203) 469-5000 |
| E-mail: | cfb@ctfoodbank.org |
| Facebook: | https://www.facebook.com/CTFoodBank/ |
| Website: | http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/ Please note that the Mobile Pantry schedule is always subject to change, so check back regularly. |

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| Name: East Haven Food Pantry | |
| Who: | East Haven residents (with proof) |
| What: | Grocery pick up, up to twice in a calendar month |
| When/where: | Tuesdays from 9-11 and Saturdays from 10-12. 39 Park Place, East Haven (at Christ and the Epiphany Church) |
| How: | Prepackaged groceries are distributed to registered residents who drive up to the church. With advance arrangements, the Food Pantry does deliver pre-packaged bags of food for those unable to drive to pick up the food. |
| Phone: | (203) 467-4668. |
| Facebook: | EastHavenFoodPantry |
| Website: | https://www.townofeasthavenct.org/home/pages/east-haven-food-pantry |

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| Name: East Haven Public Schools Lunches: | |
| <i>Se Habla Espanol</i> | |
| Who: | All children under the age of 18 through the end of the 2020-2021 school year. Note: Children do not need to reside in East Haven |
| What, When and Where: | Remote Meal Pick up at: East Haven High School, 35 Wheelbarrow Lane in the back of the school - breakfast and lunch Mondays through Friday 10:00 am to 11:30 am Joseph Melillo Middle School, 67 Hudson Street in the circle - breakfast and lunch Mondays through Friday 12:30 pm to 1:30 pm Friday distributions include breakfast and lunch meals for Friday, Saturday and Sunday |
| How: | Parent or guardian pick up |
| Phone: | District main office – 35 Wheelbarrow Lane, East Haven, (203) 468 3261 |
| E-mail: | Food services general manager, Linda.Stanisci@sodexo.com |
| Facebook: | EastHavenPublicSchools |
| Website: | https://www.east-haven.k12.ct.us/departments/food-service https://www.east-haven.k12.ct.us/home |

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| Name: Meals on Wheels | |
| <i>Se Habla Espanol</i> | |
| Physical address: c/o Lifebridge Community Services, 475 Clinton Avenue, Bridgeport, CT 06605 | |
| Who: | Home bound senior residents age 60 and over of Greater New Haven including East Haven, North Haven Branford, and North Branford/Northford. Note: there is a waiting list. |
| What: | Hot meals delivered. Meals can be prepared according to a doctor's recommendation. |
| When/where: | Deliveries to homes 5 days a week, Monday – Friday. |
| How: | Apply to add name to waiting list. (203) 752-9919. For East Haven, North Haven and Branford, getting service (a meal box delivered once a week with 5 frozen meals) may be faster by contacting the town senior centers. |
| Phone: | (203) 752-9919. Need to call early in the day |
| E-mail: | seniorfoodservices@lifebridgect.org |
| Website: | https://www.lifebridgect.org/program/food-services/ |

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| Name: The Salvation Army | |
| <i>Se Habla Espanol</i> | |
| Physical address: 450 George Street, New Haven, CT 06511 | |
| Who: | Residents of East Haven with proof of residency and information on the size of the household, along with others from New Haven and northern suburbs. |
| What: | A box of groceries that includes non-perishables as well as bread and frozen meats as available, one time per month |
| When/where: | Mon, Wed and Fridays 9 – 12 Salvation Army office at 450 George Street, New Haven |
| How: | The office is along the bus route |
| Phone: | (203) 624-9891 – Office. Need to call |
| E-mail: | Charles.Adams@USE.SalvationArmy.Org |
| Website: | https://easternusa.salvationarmy.org/southern-new-england/new-haven/ |