

Food Resources open to East Haven Residents

Last revised September 21, 2020



For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

NAME: Community Dining Room Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.		<i>Se Habla Español</i>
Physical Address: 30 Harrison Avenue, Branford, CT		
Who:	All Shoreline Residents from East Haven to Old Saybrook including Guilford. All ages, no proof of income needed.	
What:	Free take-out meals and a home delivery program	
When/where:	Take-out meals - 30 Harrison Avenue, Branford - at the following times: Lunches: <ul style="list-style-type: none"> • Sunday-Friday: 12:00 PM – 1:00 PM • Saturday: 11:00 AM – 12:00 PM Evening Meals: <ul style="list-style-type: none"> • Tuesday Family Night/"Kid friendly" Meal: 5:30 PM – 6:30 PM • Wednesday & Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm 	
How:	For Home delivery program: Call (203) 488-9750, ext. 3 Deliveries on Monday and Wednesday include 1 hot meal and 1 frozen meal Deliveries on Friday include 1 hot meal and 2 frozen meals	
Phone:	(203) 488-9750	
E-mail:	info@communitydiningroom.org	
Facebook:	@CommunityDiningRoom06405	
Website:	https://communitydiningroom.org/about/	
BONUS SUPPORT:	<ul style="list-style-type: none"> • CDR provides Free Children's Books from 'Read to Grow' • Free table of non-perishable items available for anyone in need • Diaper Bank – 2nd Tuesday of the month. Registration required at Branford Early Learning Center – 203-488-4512 	

Name:	The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank	<i>Se Habla Español</i>
Physical address:	CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.	
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden	
What:	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.	
When/where:	<p>Clinton: First Fridays of each month at 9:30am Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA</p> <p>The Mobil Food Pantry also stops at least once a month in East Haven and Hamden. Be sure to check the web site (listed below) for the monthly schedules</p>	
How:	Be sure to check the website to see where the pantry is operating in the state. Go to: https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/	
More info:	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
Contact:	<ul style="list-style-type: none"> • Food pantry hotline for DAILY information: 203-741-9751 or 211 for the State schedule; • For WEEKLY information – go to the website which is updated on Friday afternoons (noted below) • For special accommodations or questions, please call at (860)669-7347 • Wallingford Main Office: (203) 469-5000 	
E-mail:	cfb@ctfoodbank.org	
Facebook:	@CTFoodBank	
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/	

Name:	East Haven Food Pantry
Who:	East Haven residents (with proof)
What:	Grocery pick up, up to twice in a calendar month
When/where:	Tuesdays from 9-11 and Saturday from 10-12. 39 Park Place, East Haven (at Christ and the Epiphany Church)
How:	Prepackaged groceries are distributed to registered residents who drive up to the church. With advance arrangements, the Food Pantry does deliver pre-packaged bags of food for those unable to drive to pick up the food.
Phone:	(203) 467-4668.
Facebook:	@EastHavenFoodPantry
Website:	https://www.townofeasthavenct.org/home/pages/east-haven-food-pantry

Name:	East Haven Public School Lunches	<i>Se Habla Español</i>
Who:	As of September 14 – the school district is distributing meals at East Haven High School from 9:30am-10:30am every day. On Fridays the Schools are providing enough food for children to eat through the weekend.	
What, When and Where:	Remote Meal Pick up 1. At East Haven High School, 35 Wheelbarrow Lane, East CT 06513 (203) 468-3254 Monday through Thursdays - Breakfast and lunch: 9 a.m. to 10 a.m. Fridays - Breakfast and lunch meals for Friday, Saturday & Sunday: 9 a.m. to 10 a.m. ALSO: 2. At Joseph Melillo Middle School, 67 Hudson St., East Haven, CT 06512 (203) 468-3226 Mondays through Thursdays - Breakfast and lunch: 9 a.m. to 10 a.m. Fridays - Breakfast and lunch meals for Friday, Saturday & Sunday: 12:30 p.m. to 1:30 p.m.	
How:	Parent or guardian pick up	
Phone:	District main office – 35 Wheelbarrow Lane, East Haven, (203) 468 3261	
E-mail:	Food services general manager, Linda.Stanisci@sodexo.com	
Facebook:	@EastHavenPublicSchools	
Website:	https://www.east-haven.k12.ct.us/departments/food-service	

Name: Meals on Wheels		<i>Se Habla Español</i>
Physical address: c/o Lifebridge Community Services, 475 Clinton Avenue, Bridgeport, CT 06605		
Who:	Senior residents of Greater New Haven including East Haven, Branford, and North Branford/Northford. Note: there is a waiting list.	
What:	Hot meals delivered. Meals can be prepared according to a doctor's recommendation.	
When/where:	Deliveries to homes 5 days a week, Monday – Friday.	
How:	Apply/add name to waiting list. (203) 752-9919.	
Phone:	(203) 752-9919. - Need to call early in the day	
E-mail:	seniorfoodservices@lifebridgect.org	
Website:	https://www.lifebridgect.org/program/food-services/	

Name: The Salvation Army		<i>Se Habla Español</i>
Physical address: 450 George Street, New Haven, CT 06511		
Who:	Residents of East Haven with proof of residency and information on the size of the household, along with others from New Haven and northern suburbs.	
What:	A box of groceries that includes non-perishables as well as bread and frozen meats as available, one time per month	
When/where:	Mon, Wed and Fridays 9 – 12 Salvation Army office at 450 George Street, New Haven	
How:	The office is along the bus route	
Phone:	(203) 624-9891 – Office. Need to call	
E-mail:	Charles.Adams@USE.SalvationArmy.Org	
Website:	https://easternusa.salvationarmy.org/southern-new-england/new-haven/	

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