

East Lyme Food Resources

Last revised June 1, 2020



For information about Pandemic-EBT, SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: Care and Share Inc. of East Lyme	
Physical address: Care and Share building, 12 Roxbury Road, Niantic, CT 06357	
Who:	Serving Pre-registered clients residing in East Lyme, Niantic, Salem
What:	Pantry – pre-packaged groceries – one time per month, curbside
When/where:	Pick-ups are by appointment only on: Tuesday 10:00am-12:00pm Wednesday-Friday 2:00pm-4:00pm --At Care and Share Inc. of East Lyme - 12 Roxbury Road, Niantic, CT 06357
How:	Curbside pickup
Phone:	860-739-8502 – Call for a phone interview giving proof of residency
Website:	http://www.careandshareofel.org/receiving.html

Name: The CT Food Bank Mobile Pantry at Clinton	
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, Tele: (203) 469-5000	
Who:	CT Residents
What:	Pre-packed groceries
When/where:	The closest Mobile Food Pantry for East Lyme Residents is held in Clinton: Once on month on the 1 st Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton CT Residents may use any mobile pantry; for state-wide schedule, call (203) 741-9751 or visit website below.
How:	The distribution is a drive through pickup system, and participants will need to be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. For special accommodations or questions, please call at (860) 669-7347
Phone:	Call or visit website to see operating schedule: (203) 741-9751.
E-mail:	cfb@ctfoodbank.org
Facebook:	@CTFoodBank
Website:	www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

Name: East Lyme Public Schools	
Physical address: District Office - 165 Boston Post Road, East Lyme	
Who:	East Lyme Public School students - All children 18 and younger. Students do not have to be present to pick up meals
What:	2 days of free breakfast and lunch meals for each pick up day. A variety of packaged meal options will be available for pick-up.
When/where:	Mondays, Wednesdays and Fridays: 8 a.m. to 10 a.m. East Lyme Middle School, 31 Society Road, Niantic, at the bus lane in front of the school
How:	Prepared meals
Phone:	District office: 860-739-3966
E-mail:	Christian.Urban@elpsk12.org
Website:	https://www.eastlymeschools.org/district/general-information/covid-19-information/free-breakfast-and-lunch

Name: East Lyme/Niantic Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: St. John's Episcopal Community Church, 400 Main Street, Niantic	
Who:	This food pantry welcome East Lyme residents
What:	Pre- bagged groceries
When/where:	Thursdays – 5 p.m. – 6 p.m. St. John's Episcopal Community Church, 400 Main Street, Niantic
How:	Curb- side pickup
Phone:	(860) 388-1988
E-mail:	abrainerd@shorelinesoupkitchens.org
Website:	https://www.shorelinesoupkitchens.org https://www.stjohnsniantic.org/outreach-ministries

Name: Feeding Our Friends, Sponsored by Saint Agnes Catholic Church and Niantic Main Street	
Physical address: Held at Saint Agnes Catholic Church 22 Haigh Ave, Niantic, CT	
Who:	East Lyme residents (only) in need, first-responders and military
What:	Drive-in, pick-up, drive-on meal program at St. Agnes Church.
When/where:	Next meal dates are June 11 and June 25 at 3:30 p.m. Saint Agnes Catholic Church, 22 Haigh Ave, Niantic, CT,
How:	Meals are distributed on a first-come, first-served basis. All meals are provided free of charge. Donations are appreciated, and would be applied to future events. Picking up a meal for those with limited transportation or who cannot leave their home is greatly encouraged.
Phone:	St. Agnes Catholic Church(860) 739-9722; Niantic Main Street - (860) 739-2550; c/o Susan Kumro at 860-625-5114.
Facebook:	https://www.facebook.com/nianticmainstreet
Website:	Niantic Main Street at http://discovereastlyme.com and Saint Agnes Catholic Church at http://www.saintagnescatholicchurch.com/

Name: Helping Hands-S.W.E.E.T. Potato Society. (SWEET = Sisters Working, Educating, Evolving Together)	
Physical address: 55 Pennsylvania Ave., Niantic, CT	
Who:	Residents of New London County. Registration required in advance
What:	Food pantry. Pre-bagged groceries appropriate for family diets
When/where:	Tuesdays and Thursdays by appointment from 9:00 a.m.-1:00 p.m. Deliveries are also available. 55 Pennsylvania Ave. Niantic
How:	Drive up pickup of groceries
Phone:	(860) 451-8237
Website:	https://info.chamberect.com/list/member/s-w-e-e-t-potato-society-inc-31079

Name: Meals on Wheels Administered by TVCCA (<i>Thames Valley Council for Community Action</i>)	
Physical address: East Lyme Senior Center 37 Society Road, Niantic	
Who:	Registered seniors
What:	Lunch offered 5 days/wk, Mon-Fri. MOW delivers a hot lunch, frozen dinners, frozen holiday meals, frozen weekend meals and emergency meals.
When/where:	Delivered to homes between 10 and 12:30
How:	Provided through the East Lyme Senior Center
Phone:	Register with TVCCA – 860-889-1365 At East Lyme Senior Center - 860-739-5859, c/o Cathy Wilson, Director
E-mail:	cwilson@eltownhall.com
Facebook:	https://www.facebook.com/EastLymeSC/ https://www.facebook.com/TVCCAcare/
Website:	https://eltownhall.com/community/senior-center/regularly-occurring-programs/#800

Name: Old Lyme Food Pantry An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex. Tel: 860-388-1988	
Who:	Lyme, Old Lyme and East Lyme residents - During Covid- no I.D. is requested.
What:	Pre- bagged groceries
When/where:	Saturdays, 9:00 –11:00 a.m. @ First Congregational Church, Old Lyme, 2 Ferry Road, Old Lyme
How:	Curb- side pickup
E-mail:	abrainerd@shorelinesoupkitchens.org
Website:	https://www.shorelinesoupkitchens.org https://shorelinesoupkitchens.org/get-help-2/first-congregational-church

Other Resources:

- United Way of Southeastern CT – New London County: www.uwsect.org/foodbank
- Jewish Federation in New London – 860-442-8062
- End Hunger CT for SNAP and other assistance - <https://www.endhungerct.org/services/>

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