

## Food Resources open to Guilford, CT Residents

Updated May 5, 2021

For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: Age	ncy on Aging, South Central Office: Grocery Shopping Program
Se Habla Espan	ol
Physical addres	s: 117 Washington Ave Ste 17, North Haven, CT 06437`
Who:	Eligible residents of East Haven, North Haven, North Branford, Northford, Branford and Guilford.
	The client must meet these criteria:
	1. Be a senior
	2. Have a monthly income of \$1,500 or less
	3. Be homebound
What:	A one-time resource of \$100 of free groceries and delivery. Volunteers do the shopping for the
	clients
When/where:	Once registered, the client would provide the grocery list to the office which would handle the
	shopping and delivery between 8:30 a.m. and 4:30 p.m. on a weekday
How:	Registration required: Contact for a required phone interview and form, c/o Tom Davis at
	tDavis@aoascc.org
Phone:	(203) 785-8533
E-mail:	info@aoascc.org
Facebook:	N/A
Website:	https://www.aoascc.org/

<b>NAME:</b> Community Dining Room Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.	
Se Habla Espanol	
Physical Address:	30 Harrison Avenue, Branford, CT
Who:	All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook. All ages, no proof of income needed.
What:	Free take-out meals and a home delivery program
When/where:	Take-out meals - 30 Harrison Avenue, Branford - at the following times:  Lunches:  Sunday-Friday: 12:00 PM – 1:00 PM  Saturday: 11:00 AM – 12:00 PM

Home delivery program: for Branford and North Branford residents:	<ul> <li>Evening Meals:</li> <li>Tuesday Family Night Meal /"Kid's Night": 5:30 PM – 6:30 PM</li> <li>Wednesday &amp; Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm</li> <li>For Home delivery program: Call (203) 488-9750, ext. 3 to inquire and discuss re referrals and intake assessments.</li> <li>For Branford, deliveries are 3 days a week on Mondays, Wednesdays and Fridays: one hot meal and one frozen meal.</li> <li>For North Branford, deliveries are on Wednesdays: one hot and one frozen meal.</li> </ul>
Phone:	(203) 488-9750
E-mail:	info@communitydiningroom.org
Facebook:	https://www.facebook.com/CommunityDiningRoom06405/
Website:	https://communitydiningroom.org/about/
BONUS SUPPORT:	<ul> <li>CDR provides Free Children's Books from 'Read to Grow'</li> <li>Free table of non-perishable items available for anyone in need</li> <li>Diaper Bank – 2<sup>nd</sup> Tuesday of the month. Registration required at Branford Early Learning Center – (203) 488-4512</li> </ul>

Name: The CT Foo	d Bank Dairy Express, a program of the Connecticut Food Bank
Se Habla Espanol	
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.	
Who:	CT Residents. Residents from any town may go to any delivery site which are generally held
	in Clinton, East Haven and Hamden
What:	Fresh milk and other dairy products
When:	In April 2021, the delivery schedule is not posted due to a change in the web site. CT Food
	Bank staff advise calling Connecticut's hot line 211 and specifically asking about the Dairy
	Express.
E-mail:	cfb@ctfoodbank.org
Facebook:	https://www.facebook.com/CTFoodBank/
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/

Name: The CT Foo	d Bank Mobile Pantry, a program of the Connecticut Food Bank		
Se Habla Espanol			
Physical address: C	Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
Who:	CT Residents. Residents from any town may go to any mobile food pantry.		
	The closest pantries for Branford residents are generally held in Clinton, East Haven and		
	Hamden		
What:	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.		

When/where:	Schedule – Be sure to double check the web site ( <a href="https://www.ctfoodbank.org/get-">https://www.ctfoodbank.org/get-</a>
	help/connecticut-food-banks-mobile-pantry-schedule/) for any last minute changes:
	East Haven:
	3rd Thursdays of each month at 4pm – 5 p.m.
	East Haven High School, 35 Wheelbarrow Ln, East Haven
	Clinton:
	1st Fridays of each month at 9:30 a.m.
	Clinton Town Hall Annex, 48 E Main St, Clinton
	Old Saybrook:
	4 <sup>th</sup> Thursdays of each month at 10:00 a.m.
	First Church of Christ in Saybrook, 366 Main Street, Old Saybrook
	The Mobil Food Pantry also stops at least once a month in <b>Hamden as well as sites in New</b>
	<b>Haven.</b> Be sure to check the web site for the monthly schedules.
How:	Be sure to check the website to see where the pantry is operating in the state. Go to:
	https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/
More info:	The distribution is a drive through pickup system, and participants must be able to get
	groceries into their own vehicles without assistance for everyone's safety. If that is not
	possible, the pantry directors request that clients send someone on their behalf or bring a
	household member for assistance.
Contact:	• <u>Food pantry hotline</u> for <u>DAILY</u> information: (203) 741-9751 or 211 for the State
	schedule;
	• (For special accommodations or questions, please call at (860) 669-7347
	Wallingford Main Office: (203) 469-5000
E-mail:	cfb@ctfoodbank.org
Facebook:	https://www.facebook.com/CTFoodBank/
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/
	Please note that the Mobile Pantry schedule is always subject to change, so check back
	regularly.

Name: Guilford	Community Center Senior Center – Occasional Meals	
Pandemic program	Pandemic program – coordinated by Guilford Seniors out of the Guilford Community Center	
Physical address: N/A		
Who:	Guilford senior citizens age 55 and over	
What:	Senior lunches organized according to COVID guidelines	
When:	Serving four days a week starting in April 2021; because of reduced/distanced seating, a senior may attend 1 lunch each week.	
	Advance registrations are required: call the office at 203-453-8086 & provide a first choice for a sit-down lunch and up to two (2) choices for wait-list days. If a specific day	

	does not fill from individuals providing their first choice the Senior Center will call names
	from the wait-list for that day.
Phone:	c/o Guilford Seniors at (203) 453-8086.
Website:	http://www.guilfordparkrec.com/seniors/
Newsletter	Guilford Seniors are encouraged to subscribe to the monthly Sr. Center Newsletter at
	http://www.guilfordparkrec.com/seniors/ for information on the lunch program as well as
	menus for the lunches.

Name: Guilford Food Bank	
Physical address:	45 Stone House Lane, Guilford (across from Henry Whitfield State Museum)
Who:	Guilford residents, preregistration is required through Guilford Social Services (GSS).
	Eligibility involves documentation that the user is income eligible for the SNAP program.
What:	Prepackaged bags of food
When/where:	Distribution hours are by appointment only on:
	Fridays, 3:00 PM – 4:30 PM.
	Saturdays 9 AM – 11 AM (Be sure to confirm a Saturday appointment, this may change)
	Food Bank parking lot – 45 Stone House Lane, Guilford
How:	Bags of non-perishable food are pre-packed according to household size. Perishable food,
	cleaning supplies and toiletries are also available upon request.
More info:	Contact Guilford Social Services: (203) 453 8009 by 10:00am on Fridays to arrange/confirm
	a pick-up appointment.
	Bus transportation to the CER for sonior and disabled residents without access to personal
	Bus transportation to the GFB for senior and disabled residents without access to personal
Phone:	transportation may be arranged through the Guilford Senior Center at 203-453-8086.  Questions regarding eligibility should be directed to Guilford Social Services at (203) 453-
Pilolie.	8009.
E-mail:	defrancescot@ci.guilford.ct.us
Facebook:	https://www.facebook.com/Guilford-Food-Bank
Web site:	https://www.guilfordfoodbank.org
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Name: Guilfor	d Public Schools
Who:	All children under the age of 18, registered with the school or not.
What:	All children under the age of 18 through the end of the 2020-2021 school year.
	Note: Children do not need to reside in Guilford
When/where:	Meal pick-ups are at all the schools – see the application form noted below
How:	Meal pick up is from 10 AM to 10:30 AM Monday through Friday.
	Wednesday is a three (3) meal kit pick up. For each meal you select you will receive two
	additional meal kits for Saturday and Sunday. Breakfast is included in each meal kit.
Contact:	Guilford Schools - Director of Dining Services, Phone: (203) 453-2741 ext. 2102
Website:	https://www.guilfordschools.org/apps/pages/index.jsp?uREC_ID=231575&type=d

Name: Meals on	Wheels - Guilford Interfaith Volunteers (GIV)
Who:	Guilford seniors and anyone who needs food, temporarily or for long term assistance. There are NO age or financial restrictions.
What:	Home meal delivery
When/where:	Pre-arrangement required. The application is found on the GIV website at <a href="https://givct.org/wp-content/uploads/2017/08/mow-client-app-web.pdf">https://givct.org/wp-content/uploads/2017/08/mow-client-app-web.pdf</a>
How:	Meals are prepared at the Guilford Community Center and delivered Monday through Friday between 10:30 AM and 12:30 PM. Optional frozen weekend meals are delivered on Friday. Meal selection is flexible – order only the meals you want or pick the days that you would like to receive meals.  The cost per meal is based on a sliding scale: \$5 per meal or less, depending on the client's financial situation.
Phone:	Contact Guilford Interfaith Volunteers at (203) 453 8359 – Mornings
E-mail:	N/A
Facebook:	https://www.facebook.com/givct/
Website:	http://givct.org/meals-on-wheels/

Name: St. Georg	ge Church, Guilford
Physical address: 33 Whitfield Street, Guilford, CT	
Who:	Guilford families registered with the church in need of non-perishable food
What:	Food pantry - Biweekly food packages
When/where:	Tuesday mornings
	At the Barn behind the church at Whitfield Street on the Guilford Green

More info:	Interested families should leave a message at the church to make arrangements. Call (203) 453-2788. The church can provide paper bags or clients can bring their own bags/boxes to collect the items.
Phone:	(203) 453-2788
E-mail:	info@stgeorgeguilford.org
Facebook:	https://www.facebook.com/StGeorgeGuilford/
Website:	https://stgeorgeguilford.org

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