

Lyme and Old Lyme Food Resources

Last rev. May 27, 2020



For information about Pandemic-EBT, SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: The CT Food Bank Mobile Pantry at Clinton	
Physical address: Ct Food Bank head office is at 2 Research Parkway, Wallingford, CT. Tel: (203) 469-5000	
Who:	CT Residents
What:	Pre-packed groceries
When/where:	The closest Mobile Food Pantry for Lyme and Old Lyme Residents is held in Clinton: Once on month on the 1 st Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton For the schedule for the rest of state, which anyone is eligible to access, go to ctfoodbank.org or call 211
How:	The distribution is a drive through pickup system, and participants will need to be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. For special accommodations or questions, please call at (860)669-7347
Phone:	Call 211 for the state schedule
E-mail:	cfb@ctfoodbank.org
Facebook:	@CTFoodBank
Website:	www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

Name: East Lyme/Niantic Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: St. John's Episcopal Community Church, 400 Main Street, Niantic, CT	
Who:	This food pantry welcome Lyme and Old Lyme residents
What:	Pre- bagged groceries
When/where:	Thursdays – 5 p.m. – 6 p.m. St. John's Episcopal Community Church, 400 Main Street, Niantic
How:	Curb- side pickup
Phone:	(860) 388-1988
E-mail:	abrainerd@shorelinesoupkitchens.org
Website:	https://www.shorelinesoupkitchens.org https://www.stjohnsniantic.org/outreach-ministries

Name: Estuary Senior Grab & Go Lunches	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook	
Who:	Seniors who are 60+ years, pre-registered, call the number below
What:	5 frozen meals for pick up
When/where:	Tuesdays – 11:30 a.m. to 12:30 p.m. Lymes’ Senior Center, 26 Woods Road, Old Lyme
How:	Reservations are required; curbside pickup
Phone:	860-388-1611, ext. “0” to speak with staff or leave full name and phone number
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Old Lyme Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex Connecticut, 06426 Tel: 860-388-1988	
Who:	Old Lyme Residents - During Covid- no I.D. is requested.
What:	Pre- bagged groceries
When/where:	Saturdays, 9:00 a.m. – 11:00 a.m. First Congregational Church of Old Lyme, 2 Ferry Road, Old Lyme
How:	Curb- side pickup
E-mail:	abrainerd@shorelinesoupkitchens.org
Website:	https://www.shorelinesoupkitchens.org https://shorelinesoupkitchens.org/get-help-2/first-congregational-church

Name: Old Lyme/Lyme Social Services Department	
Physical address: Town Hall, 52 Lyme Street, Old Lyme, CT 06371	
Who:	Residents needing help
What:	Town government agency providing assistance with available social services including food resources
When/where:	Main office – by appointment only –
How:	Here is the link to the on-line form for requesting assistance - https://docs.google.com/forms/d/e/1FAIpQLSea8IjwMiXaMDXbhFfvyXbjjZV54Exc9Zv-xQ_aq_ST6DYc_Q/viewform
Phone:	860-434-1605 ext. 228 c/o Jennifer Datum
Website:	https://www.oldlyme-ct.gov/covid-19-information-old-lyme-emergency-management

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: C/o the Estuary Council of Seniors	
Who:	To registered homebound senior residents
What:	Meals delivered
When/where:	Delivery is by volunteers to homes around lunch time.
How:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	860-388-1611, x217
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Regional School District 18 - Lyme-Old Lyme Public Schools	
Physical address: 49 Lyme Street, Old Lyme, CT 06371	
Who:	All children 18 and younger, at least one child of the family has to be enrolled in the school
What:	Free meals
When/where:	8:30 – 9:30 a.m. on Mondays - Breakfast and lunch for 2 days , Wednesdays - Breakfast and lunch for 2 days, Fridays, Breakfast and lunch for Friday Lyme - Old Lyme High School, 69 Lyme Street, Old Lyme, CT 06371
How	Pick up meals
Phone:	C/o Holly, school business administrator – 860-552-9423

Other Resources:

United Way of Southeastern CT – New London County: www.uwsect.org/foodbank

Jewish Federation in New London: 860-442-8062

End Hunger CT for SNAP and other assistance: <https://www.endhungerct.org/services/>

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