

## Lyme and Old Lyme Food Resources

*Last updated September 30, 2020*

*For information about SNAP, WIC, Commodity Supplemental Food Program (CSFP) for seniors and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.*

<b>Name:</b> The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank		<b><i>Se Habla Español</i></b>
<b>Physical address:</b> CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
<b>Who:</b>	CT Residents. Residents from any town may go to any mobile food pantry. The closest Mobil Food Pantry for Lyme and Old Lyme Residents is held in Clinton once on month on the 1 <sup>st</sup> Friday.  For the schedule for the rest of the state which anyone is eligible to access, go to <a href="https://www.ctfoodbank.org">ctfoodbank.org</a> or call 211	
<b>What:</b>	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.	
<b>When/where:</b>	<b>Clinton:</b> First Fridays of each month at 9:30am Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA  The Mobil Food Pantry also stops at least once a month in <b>East Haven</b> and <b>Hamden</b> .	
<b>How:</b>	<b>Be sure to check the website to see where the pantry is operating in the state. Go to:</b> <a href="https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/">https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/</a>	
<b>More info:</b>	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
<b>Contact:</b>	<ul style="list-style-type: none"> <li>• Food pantry hotline for <b>DAILY</b> information: 203-741-9751 or 211 for the State schedule;</li> <li>• For <b>WEEKLY</b> information – go to the website which is updated on Friday afternoons (noted below)</li> <li>• For special accommodations or questions, please call at (860)669-7347</li> <li>• Wallingford Main Office: (203) 469-5000</li> </ul>	
<b>E-mail:</b>	<a href="mailto:cfb@ctfoodbank.org">cfb@ctfoodbank.org</a>	
<b>Facebook:</b>	@CTFoodBank	
<b>Website:</b>	<a href="https://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/">https://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/</a>	

<b>Name: East Lyme/Niantic Food Pantry</b>	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
<b>Office address:</b>	St. John's Episcopal Community Church, 400 Main Street, Niantic, CT
<b>Who:</b>	This food pantry welcome Lyme and Old Lyme residents
<b>What:</b>	Pre- bagged groceries
<b>When/where:</b>	Thursdays – 5 p.m. – 6 p.m.  St. John's Episcopal Community Church, 400 Main Street, Niantic
<b>How:</b>	Curb- side pickup
<b>Phone:</b>	(860) 388-1988
<b>E-mail:</b>	abrainerd@shorelinesoupkitchens.org
<b>Facebook:</b>	N/A
<b>Website:</b>	<a href="https://www.shorelinesoupkitchens.org">https://www.shorelinesoupkitchens.org</a> <a href="https://www.stjohnsniantic.org/outreach-ministries">https://www.stjohnsniantic.org/outreach-ministries</a>

<b>Name: Estuary Senior Grab &amp; Go Lunches</b>	
<b>Physical address:</b>	C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook
<b>Who:</b>	Seniors who are 60+ years, pre-registered, call the number below
<b>What:</b>	5 frozen meals for pick up; suggested donation is \$3.00 per meal
<b>When/where:</b>	Tuesdays – 11:30 a.m. to 12:30 p.m.  Lymes' Senior Center, 26 Woods Road, Old Lyme
<b>How:</b>	Reservations are required; curbside pickup
<b>Phone:</b>	860-388-1611, ext. "0" to speak with staff or leave full name and phone number
<b>E-mail:</b>	N/A
<b>Facebook:</b>	<a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>
<b>Website:</b>	<a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>

<b>Name: Old Lyme Food Pantry</b> An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
<b>Office address:</b>	The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex Connecticut, 06426 Tel: 860-388-1988
<b>Who:</b>	Old Lyme Residents - During Covid- no I.D. is requested.
<b>What:</b>	Pre- bagged groceries
<b>When/where:</b>	Saturdays, 9:00 a.m. – 11:00 a.m.  First Congregational Church of Old Lyme, 2 Ferry Road, Old Lyme
<b>How:</b>	Curb- side pickup
<b>E-mail:</b>	abrainerd@shorelinesoupkitchens.org
<b>Website:</b>	<a href="https://www.shorelinesoupkitchens.org">https://www.shorelinesoupkitchens.org</a> <a href="https://shorelinesoupkitchens.org/get-help-2/first-congregational-church">https://shorelinesoupkitchens.org/get-help-2/first-congregational-church</a>

<b>Name: Old Lyme Social Services Department /Lyme Youth Services Bureau and the Town of old Lyme Social Services Department</b>	
<b>Physical address:</b>	Town Hall, 52 Lyme Street, Old Lyme, CT 06371
<b>Who:</b>	Residents needing help
<b>What:</b>	COVID -19 Related Help - Town government agency providing assistance with available social services including food resources
<b>When/where:</b>	Main office – by appointment only –
<b>How:</b>	Here is the link to the on-line form for requesting assistance - <a href="https://docs.google.com/forms/d/e/1FAIpQLSea8IjwMiXaMDXbhFfvyXbgjZV54Exc9Zv-xQ_aq_ST6DYc_Q/viewform">https://docs.google.com/forms/d/e/1FAIpQLSea8IjwMiXaMDXbhFfvyXbgjZV54Exc9Zv-xQ_aq_ST6DYc_Q/viewform</a>
<b>Phone:</b>	860-434-1605 ext. 228 c/o Jennifer Datum
<b>Website:</b>	<a href="https://www.oldlyme-ct.gov/covid-19-information-old-lyme-emergency-management">https://www.oldlyme-ct.gov/covid-19-information-old-lyme-emergency-management</a> <a href="https://lysb.org/resources/social-services/">https://lysb.org/resources/social-services/</a>

<b>Name: Meals on Wheels—Estuary Council of Seniors</b>	
<b>Physical address:</b> C/o the Estuary Council of Seniors	
<b>Who:</b>	To registered homebound senior residents
<b>What:</b>	Meals delivered
<b>When/where:</b>	Delivery is by volunteers to homes around lunch time.
<b>How:</b>	Contact Laura at 860-388-1611, x217 for more information.
<b>Phone:</b>	860-388-1611, x217
<b>Facebook:</b>	<a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>
<b>Website:</b>	<a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>

<b>Name: Regional School District 18 - Lyme-Old Lyme Public Schools</b>	
<b>Physical address:</b> 49 Lyme Street, Old Lyme, CT 06371	
<b>Who:</b>	Registered students only. School is fully in session so the regular school meal programs are in force.
<b>What:</b>	Note – This school district is fully back – open for classes every day. At 9/30/2020, only about 8% of students are remote learners. The school would provide meals for remote learners, but none have subscribed for them
<b>Phone:</b>	C/o Holly, school business administrator – 860-552-9423
<b>Facebook:</b>	<a href="https://www.facebook.com/LymeOldLymeSchools/">https://www.facebook.com/LymeOldLymeSchools/</a>
<b>Website:</b>	<a href="http://www.region18.org/">http://www.region18.org/</a>

**Other Resources:**

United Way of Southeastern CT – New London County: [www.uwsect.org/foodbank](http://www.uwsect.org/foodbank)

Jewish Federation in New London – 860-442-8062

End Hunger CT for SNAP and other assistance - <https://www.endhungerct.org/services/>

###