

Old Saybrook Food Resources

Last updated July 15, 2020

For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

NAME: Community Dining Room		<i>Se habla español.</i>
Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.		
Physical Address: 30 Harrison Avenue, Branford, CT		
Who:	All Shoreline Residents from East Haven to Old Saybrook including Guilford. All ages, no proof of income needed.	
What:	Free take-out meals and a home delivery program	
When/where:	Take-out meals: 30 Harrison Avenue, Branford at the following times: Sunday-Friday: 12:00 PM – 1:00 PM Saturday: 11:00 AM – 12:00 PM Tuesday Family Night Meal: 5:30 PM – 6:30 PM Wednesday & Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm	
How:	For Home delivery program: Call (203) 488-9750, ext. 3 Deliveries on Monday and Wednesday include 1 hot meal and 1 frozen meal Deliveries on Friday include 1 hot meal and 2 frozen meals	
Phone:	(203) 488-9750	
E-mail:	info@communitydiningroom.org	
Facebook:	https://www.facebook.com/CommunityDiningRoom06405/	
Website:	https://communitydiningroom.org/about/	

Name: The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank		<i>Se habla español.</i>
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Guilford residents are generally held in Clinton, East Haven and Hamden	
What:	Pre-packed food	
	The closest Mobile Food Pantry for Old Saybrook Residents is held in Clinton: Once on month on the 1 st Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton For the schedule for the rest of the state which anyone is eligible to access, go to ctfoodbank.org or call 211	
How:	Groceries in pre-packed bags. Be sure to check the website to see where the pantry is operating in the state.	
More info:	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
Contact:	<ul style="list-style-type: none"> • Food pantry hotline for DAILY information: 203-741-9751 or 211 for the State schedule; • For WEEKLY information – go to the website which is updated on Friday afternoons (noted below) • For special accommodations or questions, please call at (860)669-7347 • Wallingford Main Office: (203) 469-5000 	
E-mail:	cfb@ctfoodbank.org	
Facebook:	https://www.facebook.com/CTFoodBank/	
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/	

Name: Estuary Senior Grab & Go Lunches	
Note – the Estuary Council of Seniors serves 9 towns. Any person from any of the towns can participate in nutrition programs held anywhere in the system. The Estuary community includes Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook. Participants for nutrition programs, age 60 and above, must be registered with the Council	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook	
Who:	Seniors who are 60+ years, pre-registered, call the number below
What:	Grab & Go lunches—2 meals per reservation
When / when:	<ul style="list-style-type: none"> • Mondays– 11:30 a.m. to 12:30 p.m. Estuary Senior Center, 220 Main Street, Old Saybrook • Tuesdays 11:30 a.m. to 12:30 p.m. Lymes’ Senior Center, 26 Woods Road, Old Lyme • Tuesdays 10:30 to 11 a.m. Clinton Town Hall Annex, 48 East Main Street • Wednesdays 11:30 a.m. to 12:30 pm. Estuary Senior Center, 220 Main Street, Old Saybrook • Fridays (1 meal per reservation) Estuary Senior Center, 220 Main Street, Old Saybrook
How:	Reservations are required
Phone:	860-388-1611, ext. “0” to speak with staff to register. If need to leave a message, provide full name, phone number, and preferred pick up days
E-mail:	N/A
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: C/o the Estuary Council of Seniors	
Who:	To registered homebound residents
What:	Meals delivered
When/where:	Delivery is by volunteers to homes around lunch time.
How:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	860-388-1611, x217
E-mail:	N/A
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Old Saybrook Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address:	The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex Connecticut, 06426 Tel: 860-388-1988
Who:	Old Saybrook Residents - During Covid19 pandemic no I.D. is requested.
What:	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.
When/where:	Tuesdays, 3:00 p.m. – 5:00 p.m. First Church of Christ in Saybrook 366 Main Street, Old Saybrook
How:	Curb- side pickup
Phone:	(860) 399-9207
E-mail:	reburg@shorelinesoupkitchens.com
Facebook:	N/A
Website:	https://www.shorelinesoupkitchens.org

Name: Old Saybrook Public Schools: Summer Meals to July 30	<i>Se habla español.</i>
Physical address: 50 Sheffield Street, Old Saybrook, CT 0645 and Old Saybrook Food Services, 1111 Boston Post Road, Old Saybrook, CT 06475	
Who:	All children 18 and younger
What:	Free grab and go Breakfast and Lunch Meal Packs
When/where:	9:00 a.m. to 10:00 a.m. Monday – Thursday to July 30 Old Saybrook High School: At the rear @ 1111 Boston Post Road, Old Saybrook, CT. 06475
How:	Pick up meals
Phone:	(860) 395-3157, 860,395-3162
Website:	https://www.oldsaybrookschoools.org/district/district_news/student_meal_update - summer meals

Name: Old Saybrook Youth and Family Services Department	
Physical address: 322 Main Street, Old Saybrook	
Who:	Old Saybrook Residents
What:	Town government agency providing assistance with available social services including food resources
When/where:	Main office – by appointment only – call 860-399 3090. Call for appointments
Phone:	860-399 3090
Website:	https://www.oldsaybrookct.gov/youth-and-family-services

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