

**Food Resources open to Old Saybrook, CT Residents**

*Rev. May 20, 2020*



*For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.*

<b>NAME: Community Dining Room</b> Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.	
<b>Who:</b>	All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook: all ages, no proof of income needed.
<b>What:</b>	Free carry-out meals and a home delivery program
<b>When/where:</b>	30 Harrison Avenue, Branford at the following times: Sunday-Friday: 12:00 PM – 1:00 PM Saturday: 11:00 AM – 12:00 PM Tuesday Kid's Night Meal: 5:30 PM – 6:30 PM Wednesday & Friday Take-Out dinner: Pick up 1:00-3:00 pm
<b>How:</b>	Please call ahead for dinners or delivery program: (203) 488-9750
<b>Phone:</b>	(203) 488-9750
<b>E-mail:</b>	<a href="mailto:info@communitydiningroom.org">info@communitydiningroom.org</a>
<b>Facebook</b>	<a href="https://www.facebook.com/CommunityDiningRoom06405/">https://www.facebook.com/CommunityDiningRoom06405/</a>
<b>Website:</b>	<a href="https://communitydiningroom.org/about/">https://communitydiningroom.org/about/</a>

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<b>Name: The CT Food Bank Mobile Pantry – Clinton Mobile Pantry</b>	
<b>Physical address:</b> CT Food Bank head office: 2 Research Parkway, Wallingford. (203) 469-5000	
<b>Who:</b>	CT Residents
<b>What:</b>	Pre-packed food
<b>When/where:</b>	The closest Mobile Food Pantry would be in Clinton: Once on month on the 1 <sup>st</sup> Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton For the schedule for the rest of the state, go to <a href="http://ctfoodbank.org">ctfoodbank.org</a>
<b>How:</b>	Groceries in pre-packed bags
<b>More info:</b>	The distribution is a drive through pickup system, and participants will need to be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. For special accommodations or questions, please call at (860)669-7347
<b>Phone:</b>	Call or visit website to see operating schedule: (203) 741-9751
<b>E-mail:</b>	<a href="mailto:cfb@ctfoodbank.org">cfb@ctfoodbank.org</a>
<b>Facebook:</b>	@CTFoodBank
<b>Website:</b>	<a href="http://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/">www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/</a>

<b>Name: Estuary Senior Grab &amp; Go Lunches</b>	
<b>Physical address:</b> C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street	
<b>Who:</b>	Seniors who are 60+ years, pre-registered, call the number below
<b>What:</b>	Grab & Go lunches
<b>When/where:</b>	Monday or Wednesday (2 meals per person) 11:30 a.m. to 12:30 p.m. Friday – 1 meal per person, 11:30 a.m. to 12:30 p.m.
<b>Phone:</b>	(860) 388-1611, ext. "0" to speak with staff or leave full name, phone number, and preferred pick up days

<b>Name: Meals on Wheels—Estuary Council of Seniors</b>	
<b>Physical address:</b> C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street	
<b>Who:</b>	To registered homebound residents
<b>What:</b>	Meals delivered
<b>When/where:</b>	Delivery is by volunteers around lunch time.
<b>How:</b>	To register, call 860-388-1611, x217
<b>More info:</b>	Contact Laura at 860-388-1611, x217 for more information.
<b>Phone:</b>	(860) 388-1611, x217; Updates are provided on the tape when you first reach the number
<b>Facebook:</b>	<a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>
<b>Website:</b>	<a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>

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<b>Name: Old Saybrook Food Pantry</b>	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
<b>Office:</b>	The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex. (860) 388-1988
<b>Who:</b>	Old Saybrook Residents - During Covid- no I.D. is requested.
<b>What:</b>	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.
<b>When/where:</b>	Tuesdays, 3:00 p.m – 5:00 p.m. First Church of Christ in Saybrook 366 Main Street, Old Saybrook
<b>How:</b>	Curb- side pickup
<b>More info:</b>	Please remember to wear a face mask
<b>Phone:</b>	(860) 399-9207
<b>E-mail:</b>	<a href="mailto:reburg@shorelinesoupkitchens.com">reburg@shorelinesoupkitchens.com</a>
<b>Website:</b>	<a href="https://www.shorelinesoupkitchens.org">https://www.shorelinesoupkitchens.org</a>

<b>Name: Old Saybrook Public Schools</b>	
<b>Who:</b>	All children 18 and younger
<b>What:</b>	Free meals
<b>When/where:</b>	9:00 a.m. to 10:00 a.m. daily  Kathleen E. Goodwin Elementary School: 80 Old Boston Post Road, Old Saybrook. (860-395-3165)  Old Saybrook High School: At the rear @ 1111 Boston Post Road, Old Saybrook.
<b>How:</b>	Pick up meals
<b>Phone:</b>	(860) 395-3157, 860,395-3162
<b>Website:</b>	<a href="http://www.oldsaybrookschoools.org/osps-breakfast-lunch-menus">www.oldsaybrookschoools.org/osps-breakfast-lunch-menus</a>

<b>Name: Old Saybrook Youth and Family Services Department</b>	
<b>Physical address: 322 Main Street, Old Saybrook</b>	
<b>Who:</b>	Old Saybrook Residents
<b>What:</b>	Town government agency providing assistance with available social services including food resources
<b>When/where:</b>	Main office – by appointment only – call (860) 399-3090
<b>More info:</b>	Call ahead for any discussion
<b>Phone:</b>	(860) 399 3090
<b>Website:</b>	<a href="https://www.oldsaybrookct.gov/youth-and-family-services">https://www.oldsaybrookct.gov/youth-and-family-services</a>

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