

Old Saybrook Food Resources

Last updated September 28, 2020

For information about SNAP, WIC, Commodity Supplemental Food Program (CSFP) for seniors and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

NAME: Community Dining Room		Se Habla Español
Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.		
Physical Address: 30 Harrison Avenue, Branford, CT		
Who:	All Shoreline Residents from East Haven to Old Saybrook. All ages, no proof of income needed.	
What:	Free take-out meals and a home delivery program	
When/where:	Take-out meals - 30 Harrison Avenue, Branford - at the following times: Lunches: <ul style="list-style-type: none"> • Sunday-Friday: 12:00 PM – 1:00 PM • Saturday: 11:00 AM – 12:00 PM Evening Meals: <ul style="list-style-type: none"> • Tuesday Family Night/"Kid friendly" Meal: 5:30 PM – 6:30 PM • Wednesday & Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm 	
How:	For Home delivery program: Call (203) 488-9750, ext. 3 Deliveries on Monday and Wednesday include 1 hot meal and 1 frozen meal Deliveries on Friday include 1 hot meal and 2 frozen meals	
Phone:	(203) 488-9750	
E-mail:	info@communitydiningroom.org	
Facebook:	@CommunityDiningRoom06405	
Website:	https://communitydiningroom.org/about/	
BONUS SUPPORT:	<ul style="list-style-type: none"> • CDR provides Free Children's Books from 'Read to Grow' • Free table of non-perishable items available for anyone in need • Diaper Bank – 2nd Tuesday of the month. Registration required at Branford Early Learning Center – 203-488-4512 	

Name: The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank		<i>Se Habla Español</i>
Physical address: CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
Who:	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Branford residents are generally held in Clinton, East Haven and Hamden	
What:	Pre-packed food. Drive thru or take-away groceries in pre-packed bags.	
When/where:	<p>Clinton: First Fridays of each month at 9:30am Clinton Town Hall Annex, 48 E Main St, Clinton, CT 06413, USA</p> <p>The Mobil Food Pantry also stops at least once a month in East Haven and Hamden. Be sure to check the web site (listed below) for the monthly schedules</p>	
How:	Be sure to check the website to see where the pantry is operating in the state. Go to: https://www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/	
More info:	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
Contact:	<ul style="list-style-type: none"> • Food pantry hotline for DAILY information: 203-741-9751 or 211 for the State schedule; • For WEEKLY information – go to the website which is updated on Friday afternoons (noted below) • For special accommodations or questions, please call at (860)669-7347 • Wallingford Main Office: (203) 469-5000 	
E-mail:	cfb@ctfoodbank.org	
Facebook:	@CTFoodBank	
Website:	http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/	

Name: Estuary Senior Grab & Go Lunches	
Note – the Estuary Council of Seniors serves 9 towns. Any person from any of the towns can participate in nutrition programs held anywhere in the system. The Estuary community includes Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook. Participants for nutrition programs, age 60 and above, must be registered with the Council	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook	
Who:	Seniors who are 60+ years, pre-registered, call the number below
What:	Grab & Go lunches
When/where:	<p><u>Mondays, Wednesdays and Fridays:</u> Estuary Senior Center, 220 Main Street, Old Saybrook (in back of 210 Plaza) 11:30 a.m. to 12:30 p.m. - 2 meals per reservation on Mon and Weds; 1 on Fri</p> <p><u>Tuesdays:</u> 11:30 a.m. to 12:30 p.m. – 5 meals per reservation @ Old Lyme Senior Center, 26 Woods Road, Old Lyme; and 10:30 to 11 a.m. - 2 meals per reservation @ Clinton Town Hall Annex, 48 East Main Street</p>
How:	Reservations are required
Phone:	860-388-1611, ext. "0" to speak with staff to register. If need to leave a message, provide full name, phone number, and preferred pick up days
E-mail:	N/A
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: c/o the Estuary Council of Seniors	
Who:	To registered homebound residents
What:	Meals delivered
When/where:	Delivery is by volunteers around lunch time.
How:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	860-388-1611, x217
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

Name: Old Saybrook Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address: The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex 06426 Tel: 860-388-1988	
Who:	Old Saybrook Residents - During Covid19 pandemic no I.D. is requested.
What:	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.
When/where:	Tuesdays, 3:00 p.m. – 5:00 p.m. First Church of Christ in Saybrook 366 Main Street, Old Saybrook
How:	Curb- side pickup
Phone:	(860) 399-9207
E-mail:	reburg@shorelinesoupkitchens.com
Website:	https://www.shorelinesoupkitchens.org

Name: Old Saybrook Public Schools: School plans to go to full sessions on Oct 5		<i>Se Habla Español</i>
Physical address: 50 Sheffield Street, Old Saybrook, CT. 0645 and Old Saybrook Food Services, 1111 Boston Post Road, Old Saybrook, CT 06475		
Who:	Registered students - Free and reduced school breakfast and lunch programs – applications required Waiver for meals for all children 18 and under is under development. Free meals will be provided per the US Dept of Agriculture until Dec 31, 2020 or until funding runs out.	
What:	Support for remote learners	
When/where:	Call for updates	
How:	Pick up meals	
Phone:	(860) 395-3157, 860,395-3162	
Website:	https://www.oldsaybrookschoools.org	

Name: Old Saybrook Youth and Family Services Department	
Physical address: 322 Main Street, Old Saybrook	
Who:	Old Saybrook Residents
What:	Town government agency providing assistance with available social services including food resources
When/where:	Main office – by appointment only – call 860-399 3090. Call for appointments
Phone:	860-399 3090
Website:	https://www.oldsaybrookct.gov/youth-and-family-services https://www.oldsaybrookct.gov/sites/g/files/vyhlif3626/f/news/social_servicesevents2020oct_dec_0.pdf

Name: Shoreline Soup Kitchen - Grace Church and Shoreline Soup Kitchens	
An interfaith Ministry offering offering a meal each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Who:	Old Saybrook Residents - During Covid19 pandemic no I.D. is requested.
What:	Grab and go meals
When/where:	Wednesdays, 12:00 p.m. – 1:00 p.m. Grace Episcopal Church in Saybrook, 366 Main Street, Old Saybrook, CT 06475
How:	Curb-side pick-up in the parking lot
Phone:	(860) 388 0895 (Grace Church) or 860-388-1988 (SSKP)
E-mail:	reburg@shorelinesoupkitchens.com
Website:	www.graceoldsaybrook.org https://www.shorelinesoupkitchens.org

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