



SUPPORT. EMPOWER. GROW.

**A small but mighty force
 for good in our community.**

Since 1991, Women & Family Life Center (W&FLC) has served over 15,000 individuals. In the past year we served approximately 1,200 women and families from towns on the Shoreline between East Haven and East Lyme, Connecticut.

The need is real and it is growing!

Index & Content

Letter from our Board Chair & Executive Director	05
Our Mission & Vision	06
Support. Empower. Grow.	09
W&FLC Programs and Outcomes	10
Where We Are Going	11
The Team	12
Board of Directors	13
The History of Our Center	Back cover



Highlights

Highlight
»

06

Our Mission

Highlight

»

04

Summary
 Statements

Highlight

»

08

What We Do

Learn about what we do at W&FLC and some of the impact we've had.

Highlight

»

14&15

Donors

"Women & Family Life Center is a treasure trove of support. It is a unique organization that gives you a soft place to land when you need it. They offer community, guidance, and a host of other programs. That support makes all the difference.
 They have our backs!"

- Melissa, Guided Assistance Program Participant

Summary Statements

Summary Statements of Financial Position
(July 1, 2018 to June 30, 2019)

ASSETS

Cash and cash equivalents	\$183,554.16
Short term investments	\$40,452.35
Fixed Assets	\$280,607.38
TOTAL ASSETS	\$504,613.89

LIABILITIES AND NET ASSETS

Current liabilities	\$2,277.03
Long term liabilities	\$69,139.77
Net Assets	\$433,197.09
TOTAL LIABILITIES & NET ASSETS	\$504,613.89

REVENUE & SUPPORT

Contributions and Grants	\$240,696.73
Event Income	\$112,786.00
Program & Rental Fee Income	\$38,518.50
Investment Income	\$3,993.56
TOTAL REVENUE & SUPPORT	\$395,994.79

EXPENSES

Program expenses	\$202,972.23
Event expenses	\$15,432.46
Operating expenses	\$180,640.77
TOTAL EXPENSES	\$399,045.46

CHANGE IN NET ASSETS	(\$3,050.67)
NET ASSETS BEGINNING OF YEAR	\$436,247.76
NET ASSETS, END OF YEAR	\$433,197.09

FY 2019
(Unaudited)

A letter from our Board Chair & Executive Director



Dear Friends,

We are so pleased to share with you our first Annual Report, which covers the time period from July 1, 2018 to June 30, 2019. **We could not be more proud of all that Women & Family Life Center has accomplished this year because of you and your support.**

Thanks to our generous community, our total revenue this year totaled \$395,994.79, the highest amount on record outside of a capital campaign! This increase in new donations and grants has ignited fresh energy, ideas, partnerships and growth over the past year that have helped us provide and expand programs and services to meet the needs of women and families across the Connecticut Shoreline.

We were busy this year! After undergoing and adopting a new strategic plan that will guide us through 2023, here are just a few highlights of our past year's accomplishments:

1. **Our Guided Assistance Program (GAP) grows by 53 percent!** As a result, we hired an additional full-time Referral Navigator; now we have two social workers ready to meet the needs of women and families.
2. **Men Who Cook reaches record highs!** Our annual fundraiser in October achieved the highest attendance and donations to date, all to help support women and families. Thank you to the chefs, sponsors and attendees that made it happen!
3. **Girls for Girls: A Limelite Project launches legacy of empowerment to benefit women and families!** Tracy Tolisano and her dance team created an event that celebrates girls in our community for their kindness, bravery and all the qualities that make them uniquely who they are. It is now an annual event that we are excited to be a part of. This year they donated \$18,000 to Women & Family Life Center.
4. **Financial Consults expands to Branford site!** In partnership with Branford Counseling Center (BCC), we now offer financial education appointments at BCC.
5. **Girls Coach Girls Run celebrates 10 years of building community & confidence in the next generation of young women!** 70 girls, grades 4-12, from Madison & Guilford, participated in our innovative after-school leadership program that promotes self-esteem, self-care, healthy relationships, and community.

This report also details Women & Family Life Center's updated mission, vision, and core outcomes, as well as our new tagline: 'Support. Empower. Grow.' On behalf of all of us at Women & Family Life Center, thank you for your passion, dedication and belief in helping women and families overcome life's challenges in order to reach their goals and achieve their full potential.

Please feel free to contact us at 203-458-6699 or mscanlon@womenandfamilylife.org if you have any questions or comments or would like to discuss how you can help support, empower and grow Women & Family Life Center to continue our work together to create a world where women and families can turn the impossible into the possible.

Blaze Your Own Trail,

Sarah Bishop Della Ventura, Board Chair

Meghan Scanlon, Executive Director

Your support allows us to provide all programs at little to no cost to participants.



Our Mission & Vision

Strategic Direction

Women & Family Life Center **empowers women and families** to face challenges and transitions in their lives with **strength and confidence**. Our Center offers women and families access to a strong network of support, education and community to make life transitions a time of positive change during a time of isolation, fear, and financial distress.

21
PROGRAMS
OFFERED

1,175
WOMEN AND
FAMILIES SERVED

FROM **48** TOWNS

Rosemary was referred to us by her children's school principal. She and her husband and their children were facing housing insecurity, health challenges and financial strain.

Our Referral Navigator connected her with additional assistance programs and is currently assisting her in securing new employment. Rosemary knows she is not alone, and with her increased confidence, she is helping her family stay strong.

"Women & Family Life Center is a wonderful organization. This group of extraordinary women have given me a wealth of support in difficult times... from gift cards and toiletries to handmade quilts. But for me the biggest gift has been socialization. I have been introduced into a neighborhood of friends. Women from different towns with unique life affirming stories meet to do arts and crafts, cooking, etc...freeing us from everyday life to rejuvenate and recharge. Socializing with my peers is something I've grown to look forward to."



VISION What We Hope to Achieve

Women & Family Life Center envisions a world where life transitions and crises for women and families become less about uncertainty and doubt and more about hope, positive change and community. We believe that where you are today does not determine your future. Through education, support, community and a little fun and laughter, women and families gain the strength, knowledge and skills to stand up for themselves and others. They strive for a better life and set out on a path toward greater access to economic security and success, freedom from violence and harassment, access to safe and affordable housing, and a stronger, more supportive community network.

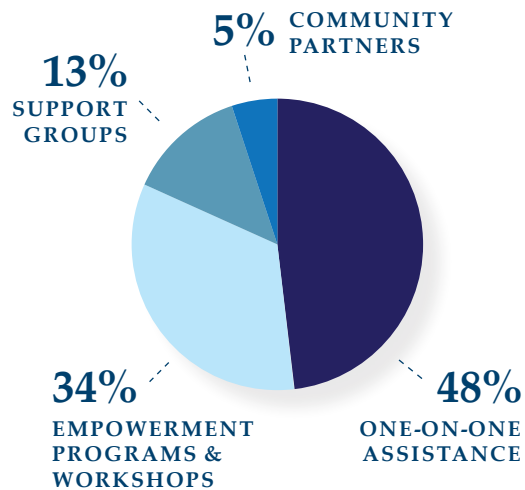
WHAT What we do

Our diverse schedule of programs provide emotional support, community building, and crisis referral services. Our support services are open to all individuals regardless of income or location to ensure that all women are able to receive the help they need.

OVERALL TOWN BREAKDOWN ACROSS ALL PROGRAMS:

Guilford	38%
Madison	14%
Branford	12%
Clinton	4%
New Haven	3%
East Haven	3%
N. Branford	2%

WAYS WE SERVED OUR COMMUNITY THIS YEAR:



2,970 STEPS TAKEN TOWARD THE FOUR OUTCOMES OF OUR MISSION:

- Access to economic security and success
- Freedom from violence and harassment
- Access to safe and affordable housing
- Building community and confidence

Number above reflects the total number of needs addressed through our programs.

Our Lawyer Time Program and one-on-one Financial Consults worked with 110 individuals to navigate divorce and child custody issues.

Guided Assistance Program (GAP)



"I live, laugh, and love life! I am in a wonderful place knowing Emilie (the W&FLC Referral Navigator) and enjoying the Women & Family Life Center team. We all identify with good things and this team is the best. There is a place for us when it is needed. You will get help at Women & Family Life for most problems."



SUPPORT

Women & Family Life Center has served 281 individuals from 35 towns since the Guided Assistance Program began. (FY17-FY19)



EMPOWER

Giving women and families the strength & confidence to:

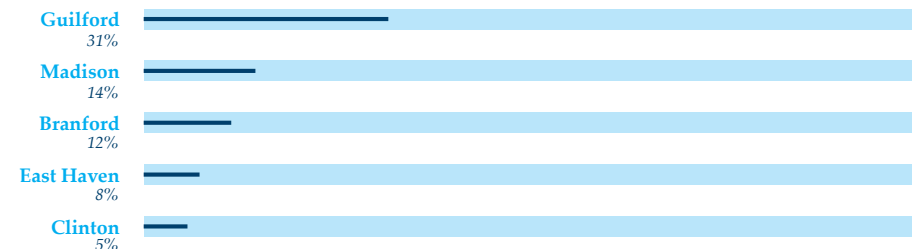
- Access crisis services and shelters
- Access mental health services
- Build confidence in their personal or professional lives
- Ensure the safety of themselves and their children
- Acquire basic needs and financial assistance
- Find affordable housing
- Seek legal guidance
- Improve their employment status
- Make social connections with other women



GROW

In FY19 we served 176 individuals from 27 towns. We hired a second full-time Referral Navigator to meet the needs of women and families on the CT Shoreline. The demand for our services continues to grow.

Largest town percentages for Guided Assistance Program:





WHERE Where we are going



We have the potential to become the leading resource center on the Shoreline for women and families. More women are coming to the Center for help with complex social, economic and health related challenges. It is our mission to empower them through education and connecting them with a network of resources to address their needs.

The Center has embarked on new initiatives that will drive us forward into the next five years and beyond.

W&FLC outcomes and our programs that impact women and families on the CT Shoreline

Economic Security & Success

- Adapt (new divorce workshop)
- Restart: Divorce & Separation Support Group
- Lawyer Time
- Financial Consults
- Guided Assistance Program (GAP)
- Women's Business Development Council

Access to Safe & Affordable Housing

- Guided Assistance Program (GAP)

Building Community & Confidence

- KidsHUGS
- Hope After Loss
- Breastfeeding Moms Support Group
- Food Allergy Friends
- Guided Assistance Program (GAP)
- Girls Coach Girls Run
- Adapt (new divorce workshop)
- Restart: Divorce & Separation Support Group
- Women Who Walk
- Yoga
- Moving Forward: A Life Coaching Group
- Women Recreating Retirement

Freedom from Violence and Harassment

- Umbrella Center for Domestic Violence Services
- Lawyer Time
- Restart: Divorce & Separation Support Group
- Financial Consults
- Women and Families Center for Sexual Assault Crisis Services
- Guided Assistance Program (GAP)

Programs
Partnerships
Advocacy
Community
Engagement

Giving a voice to women and families on the shoreline:

Hosted first annual legislative roundtable, state elected officials along with professionals and community members discussed legislation related to sexual assault education, dual arrest policies, and more.

Appointed to serve on the Governor's Council on Women & Girls

Expanding programs and services throughout the community:

Added evening hours for one-one-one programs.

Brought Financial Consults

program to Branford, appointments are now on-site at our partner agency, Branford Counseling Center.

Launched Adapt: Divorce Preparation Workshops.

Partnered with Women's Business Development Council (WBDC), to bring their business development programming to Shoreline women.

Connecting women with one another and within themselves:

Piloted new program "Moving Forward: A Life Coaching Group" providing an intimate setting for women to explore roadblocks in their personal and professional lives while connecting with

other women wanting to make positive life changes.

Raising awareness and celebrating community:

Initiated new partnership with Yale New Haven Psychiatric Hospital to promote mental health awareness through Tracy's Run/Walk 5K.

Began the planning of a community event to celebrate the everyday contributions of women and girls with our area youth and family service agencies (more to come in 2020).

Introduced an Internship Program, providing learning opportunities for high school and college students.

THE TEAM

Women & Family Life Center Staff



Meghan Scanlon
Executive Director



Dawn Jackson
Development Director



Wendy DeLuca, Ed.M.
Program Director



Beth Skudder, M.S.Ed.
Program Coordinator



Emilie Steinnagel
Referral Navigator, LCSW



Tara Clarke
Referral Navigator, MSW



Maribel Lota
Office Manager

Board of Directors



Sarah Bishop DellaVentura
Chair of the Board
Board member since 2015



Thea Bourke-Martin
Board member since 2017



Russell Brinn
Board member since 2017



Beth Fecko-Curtis
Board member since 2019



Steven DeGraff
Board member since 2017



Elena DePalma
Secretary
Board member since 2019



Laurie Desmet
Board member since 2016



Barbara Dudley
Board member since 2016



Kathleen Duncan
Treasurer
Board member since 2018



Diane McNamara
Board member since 2019



Alexandra Miele
Board member since 2019



John-Michael Parker
Board member since 2019



Christy Stoddard
Board member since 2018

A Small but Mighty Team

Blaze your own trail

Our team is committed to helping women and families access the resources they need to reach their full potential. Our work is driven by the needs, concerns and opinions of the women and families we serve.

We believe it is part of our duty to better serve our neighbors and to engage in advocacy on issues impacting women and families in Connecticut.

We are committed to improving access to safe and affordable housing, freedom from violence and harassment, economic security and success, and building a better

DONORS

\$10,000 and up

David & Amy Jaffe
Anonymous
The Stoddard Family Foundation
Carol Bailey & Laurie Desmet
The Limelite Project
Tyler Rigg Foundation
Eagle's Wing Foundation
Breaking the Cycle Foundation

\$5,000 to \$9,999

Town of Guilford Human Services Council
The Guilford Foundation
The Lota Family
Delaney Lundberg
The Community Fund for Women & Girls (CFGNH)
Carol Baugh, Liza Fixx, Shirley Girioni & Kate Mercer
Guilford Savings Bank
Butterfly Network, Inc.
The Community Foundation for Greater New Haven
New Alliance Foundation
Bob Jaeger

\$2,500 to \$4,999

CT Natural Gas Corp.
The Branford Community Foundation
R.E.A.P. Foundation
Jan Walzer & David Etzel
Network For Good
Paula Baraket & Nancy Ruther
Yale Healthcare Systems

\$1,000 to \$2,499

Holly Hanau Koncz
Michael Davidowitz
Amity Charitable Trust Fund
George A. Ramlose Foundation, Inc.
Pam & Sandy Stoddard
JJ Schreck LLC
Pfizer Inc.
Leisure Markets Travel
The Madison Foundation, Inc.

Guilford Wrestling Club
Helen & Marco Rizzo
The Rotary Club of Guilford
Romaine Macomb
Frank Vigliotti
Todd Angkatavanich
Meghan & Sean Scanlon
Dawn & Jeremy Jackson
Camille Murphy
Act II Thrift Shop
Eva & Michael Brown
Joe & Cindy Goldberg Family Foundation
Lafferty & Martin, P.C.
Lyman B. Brainerd Jr. Family Foundation
Merrion Family Foundation
Page Taft-Christie's International Real Estate
Pa's Place
Erwin C. Bauer Charitable Trust Fund
Russell Brinn
Howard & Edie Brown
Guardian Jet
WFSB
Laurie Heflin
John F. Maher Family Foundation
Parents' Foundation for Transitional Living
Heather & Peter Dacey
Svivals Family Charitable Fund

\$500 to \$999

Ann Courtney
The Marketplace
Sal Marottoli
David Knapp
Martha Maguire
Mike & Patty Bohan
Judith Meyers
Sarah Bishop DellaVentura & John DellaVentura
Jessica McCullough
Cindi Gardner & Michael Dwyer
Shoreline Women Recreating
Retirement
Tracy Hardy
Eileen Moss

Connie Drysdale
Matt Healy
Mike & Kim Piagentini
John & Jennifer Cruet
Guilford Center For Children
Christine & John Offredi
Sandy Ruoff
Wendy & Robert DeLucca
Connex Credit Union
John Cruet Jr. AIA, Architect
CT Town & Shore Partners
Field Safety Corporation
Mohegan Sun
North Madison Congregational Church
Roslyn Milstein Meyer & Jerome Meyer Foundation
Shoreline Financial Advisors LLC
Thomas P. Petrick, DMD & Theodore J. Katz, DDS, PC
Tweed New Haven Airport
Whitfield Retirement Services
Capitol Strategies Group, LLC
Phillippa Durrant
Tracy Hanson
Guilford Coffee House
Mary Huben
Shoreline Psychological
MIX Design Store
Greater New Haven OB/GYN Group P.C.

\$250 to \$499

Ronni Molinari
Minh-duc Nguyen
Denise Forgione
Jamie Rubin
Jeff Staak
Hilary Sullivan
Lindsay Greenberg
George Lister
Diana Webster
Alexandra Miele
Jeanne & Helmut Steinnagel
Krishna Ersson & Emilie Steinnagel
Joan Shrewsbury
Shirley Girioni
Joan Walker
Sarah Fabish

continued...

Alison Staak
Kristin Conlon Mierzejewski & Bryan Mierzejewski
Sondra Baseggio
Janice Markham
The Carol Sirot Foundation
Anita Catardi
IMX Pilates Shoreline Studio
Jeff & Victoria Magin
Martha Howard
Lisa Randi
Andrea Ring
Sarah Shrewsbury
Diane McNamara
Karen & Philip Goldberg

Barbara Dudley
Steven DeGraff
Patricia Santangelo
Kelly & Joe Piagentini
Frank & Paula Larkins
Allison & Josh Geballe
Christine & Rob Cohen
Karl Thiele
Advanced Office Systems
Barbara & Chip Angle
Katy & Bill Bloss
Richard Ferguson
Grande Apizza Madison LLC
Santander Bank
Henry N. Silverman Law Offices, LLC

Milano Properties LLC
GSB Wealth
Kerri Beckert
Bailey Scarano, LLC
Jeffrey Burzin, Child and Adult Orthodontics
Mary Foss-Skiftesvik
Susan Gillie
Carmody Torrance Sandak & Hennessey, LLP
Rachael Harrington, Legitimate Ledgers LLC
Kendra Remington
East River Energy
Irving Schloss

We worked carefully to ensure the completeness and accuracy of this list. We apologize for any mistakes, and ask that you contact Dawn Jackson at (203) 458-6699 or DJackson@WomenandFamilyLife.org to correct any inconsistencies. All donations acknowledged were received between July 1, 2018 through June 30, 2019. In-kind donations are not reflected in this list but we are incredibly grateful to all of our in-kind donors.

DONATE

HOW TO DONATE

The difference for every woman that we serve is YOU. Her story is YOUR story and together, it is OUR story. Together, we can positively change the lives of women and families on the CT Shoreline. W&FLC relies on private grants and donations in order to keep our doors open to any individual that reaches out for help regardless of income, age or location on the CT Shoreline. Join us on our journey to create a world where women can turn the impossible into the possible.

Donate Today

Make a secure, online donation at www.womenandfamilylife.org to support and empower women and families.

Become a Monthly Donor

Monthly recurring gifts provide steady, reliable support to help us serve more women and families and keep growing!

Honorary Donations

Dedicate your donation to a friend or relative to show your appreciation or honor their memory.

Planned Giving, Stocks & Securities

Please remember W&FLC in your estate plan for a specific dollar amount or percentage OR support W&FLC through the gift of an appreciated asset.

Donations of stocks & securities go to:
GSB Wealth Management
1 Park Street
Guilford, CT 06437
Phone: 203-453-9075

Account Name:
Women and Family Life Center of Guilford, Inc.
Account Number: 645-022824
DTCC Clearing Number: 0226

*Please send donor and shares information to:
info@womenandfamilylife.org
or call 203-458-6699*

HISTORY

The History of Our Center

Women & Family Life Center began in 1989 as a community outreach center for women and children at the Peace & Justice Center of St. George's Church in Guilford, Connecticut. In 1991, the Center became an independent non-profit organization with our Center located on Fair Street in Guilford, Connecticut.

Our dedicated staff and volunteers have helped thousands of families through our services and programs. We are committed to guiding individuals through difficult times and helping them reach their full potential.



women&familylife
CENTER
SUPPORT • EMPOWER • GROW

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