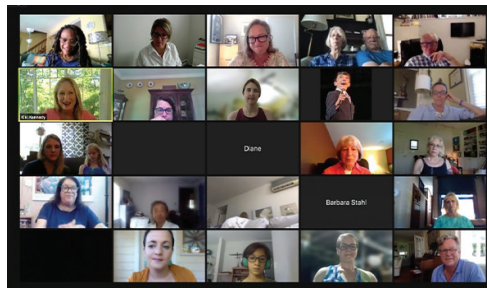




CHANGING LIVES INSPIRING OTHERS



women&familylife
CENTER
SUPPORT • EMPOWER • GROW

Annual Report | Fiscal Year 2021

WELCOME

Our Mission

Women & Family Life Center provides resources and education for women and all families in crisis.

Our Vision

Women & Family Life Center envisions communities where women and all families are free from violence and harassment, are economically secure and have access to equitable opportunities.

The Center has been a lifeline for many women & families in our community over the past year!

Fiscal Year 2021, Women & Family Life Center served **1,289** people from **54** towns across all our programs. **\$77,600** was awarded through the COVID-19 Response Fund to struggling families.

Over **248** households were assisted by receiving individualized referrals and emergency cash funds.

705 calls for assistance were received.

61 appointments for financial education and **95** appointments for legal help were completed.

Dear Friends of Women & Family Life Center,

We are delighted to share our Fiscal Year 2021 Annual Report with you. The amazing work that Women & Family Life Center has achieved has been nothing short of incredible, and none of it would be possible without people like you and all the continued support you provide to the Center.

This year was like no other! As more individuals and families needed assistance due to the ongoing COVID pandemic, we saw an expansion of need beyond just the shoreline. Women & Family Life Center served 1,289 people from 54 towns and was able to provide cash assistance and personalized referrals to 248 families.

Our partnerships with The Guilford Foundation, Branford Community Foundation, United Way of Greater New Haven, and individual donors enabled us to create an essential "COVID Fund." The program started in March of 2020 and was sustained through to the end of March 2021. The COVID Fund allowed us to assist over 500 individuals and distribute more than \$200,000 in aid.

This COVID initiative gave us the chance to begin identifying unmet needs in the shoreline community and led to the realignment of our mission, vision, staffing, finances, and programming in order to meet the community's current needs and plan for the future. It also allowed our Board of Directors and staff to fill the organizational capacity gaps, focus on our programming, and strengthen our financial resources.

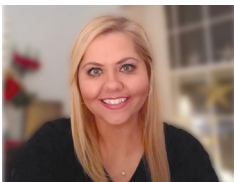
We will continue to create a pathway to provide support, empowerment, and growth for all our participants. We are committed to focus on the core services that impact women and families in crisis and help free them from violence and harassment, access safe and affordable housing, attain economic security, and rebuild their confidence and sense of community. Our strengths that we hold close and will continue to impart on the shoreline are our programs, partnerships, advocacy, and community engagement.

On behalf of everyone at Women & Family Life Center, we want to thank you for all you do. Your assistance, devotion, and confidence are what allows Women & Family Life Center to continue to provide resources and education for women and all families in crisis.

In gratitude and thanks,



Jennifer Wenderoth-Holster
Executive Director



Sarah Bishop Della Ventura
Board Chair



CHANGING LIVES



*Michelle talking with a
GAP Referral Navigator.*

Michelle's Journey...

Michelle is a lifelong Shoreline resident who as a widow raised her autistic daughter since she was an infant. She receives disability benefits because of various medical issues.

Her clinical provider introduced Michelle to Women & Family Life Center and suggested she contact the Center for help with applying for the Supplemental Nutrition Assistance Program (SNAP). Initially, Michelle met with a Referral Navigator in our Guided Assistance Program (GAP), for help to apply for SNAP benefits and filling out the paperwork because she was overwhelmed by the amount of paperwork.

“I’ve gotten better at accomplishing things by myself. I used to get anxious and now I try to do things on my own. When I doubt myself, I know the Center is only a phone call away and a Referral Navigator will look over my paperwork to make sure I dotted the i’s and crossed my t’s,” says Michelle.

The Center’s Lawyer Time program appointments helped guide Michelle with understanding which paperwork needed to be filled as her daughter’s legal guardian and conservatorship.

Michelle also was introduced to new resources through GAP in the town of Branford, for help with unexpected home and family expenses.



*(photo right) Michelle, a Guided
Assistance Program Participant.*

“From the outside you see a beautiful antique home, never realizing the caring and loving people who work inside. When you leave W&FLC your spirits are lifted and you get help with something that is biting away at you. It’s hard for anyone to understand how anxious I felt with the amount of paperwork, timelines and backup documents I needed to provide in order to receive services. You don’t feel embarrassed when you leave the Center, it’s on the contrary when the Referral Navigator tells me that I’ve accomplished something on my own and we simply smile at each other.”

During the Covid quarantine, our Referral Navigator supported Michelle with virtual appointments over the phone to coordinate multiple support services to help with her own medical needs and also for her daughter’s during such uncertain and anxious times.

Our Programs team also helped with coordinating various resources to get Michelle a new refrigerator. The impact of a new appliance may sound simple, but the state of disrepair of her other appliance was costing her approximately \$100 a month more on her electric bill. **“I can’t believe it! It’s here. I have goosebumps over this new fridge! I am just overwhelmed with joy! Oh my! I’ve got tears in my eyes. You’d think I’d hit the lotto. Thank you! Thank you! Thank you! You all are doing wonderful work over there. I can’t thank you enough,”** says Michelle.

Michelle also participates in monthly gatherings which allows her to spend time with her daughter, who enjoyed making a piece of jewelry for her and they had a lot of fun together. **“I really liked the instructor when we had a paint night at Guilford Art Center and really appreciate the monthly gatherings, I don’t have the opportunity or resources to do things like this for myself that I enjoy,”** says Michelle.

Today, Michelle is much more confident and able to advocate for herself and her daughter. She accesses support services and applies for services independently and understands how to access services on her own with limited support and reach out for assistance when she needs it.

GAP is open to anyone regardless of income or insurance. Because of this, W&FLC is able to work with women, like Michelle to address situations that come up where they need guidance and resources that may not be otherwise easily accessible through other providers.

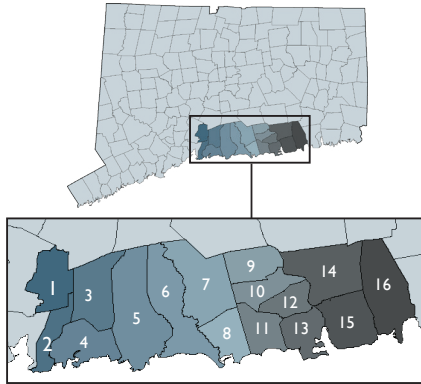


(photo above) Michelle, at a montly gathering.

A YEAR IN REVIEW...

The program year illustrated the Center’s responsiveness and ability to adapt during the pandemic.

1. North Haven
2. East Haven
3. North Branford
4. Branford
5. Guilford
6. Madison
7. Killingworth
8. Clinton
9. Chester
10. Deep River
11. Westbrook
12. Essex
13. Old Saybrook
14. Lyme
15. Old Lyme
16. East Lyme

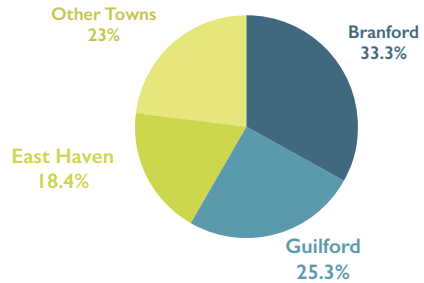


COVID-19 Response Fund

Since the beginning of the Fund, at the onset of the pandemic in March 2020, W&FLC received and interviewed 655 applications and awarded over \$205,000 to applicants throughout 16 towns served by the Center.

Funds awarded by city for applications received:

- Branford 33.3%
- Guilford 25.3%
- Other towns 23%
- East Haven 18.4%



For FY21, \$77,600 was awarded and included:

- 248 total applications
- 185 approved applications

In addition to the COVID Response Fund, W&FLC used our Discretionary Fund, which allows the Center to financially assist women and families with a one-time immediate crisis, including but not limited to:

- Basic needs
- Food and shelter
- Moving costs
- Transportation
- Child care: including for women fleeing domestic violence
- Needs of a child with sensory processing disorder or medical issues

“It was so nice to meet you and to be able to share my financial fears with you. Your patience and honesty are so appreciated. Believing that you cared and have the expertise in investment issues helped alleviate some of my worry. I appreciate your time – I know you are busy – and thank you.”

- A note to one of our Financial Consult coaches from a participant.

OUR PROGRAMS & SERVICES

Guided Assistance Program (GAP): A unique service, not offered by any other organization on the Shoreline, providing personalized support and referrals for crisis services, social services and mental health resources to women and families from the 16 towns served by the Center.

Financial Consults: One on one appointments with a volunteer Financial Coach to review finances and help participants take control of their economic independence and success. Topics include: budgeting, divorce & finances, debt, death claims paperwork, and more.

Lawyer Time: One on one appointments with a volunteer attorney for legal guidance and to better understand rights and the legal process. Attorneys answer questions pertaining to family, real estate and civil law matters.

ADAPT: A Divorce Process Workshop: This workshop is designed to provide a comprehensive overview of divorce to help participants acquire the tools needed in order to make the best choices for themselves and their families. Empowered with this knowledge, participants can more confidently navigate this major life change.

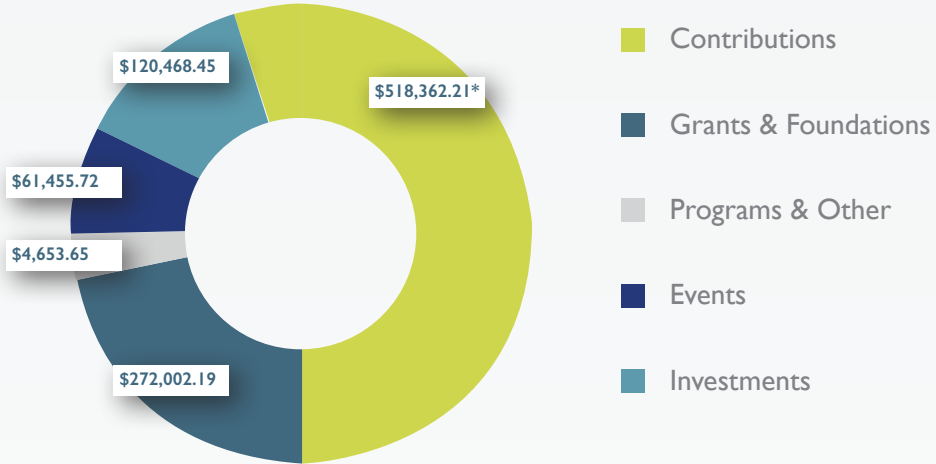
Shoreline Domestic Violence & Sexual Assault Task Force (SDVSATF): W&FLC spearheads the SDVSATF along with a group of informed non-profit agencies, municipal offices and private practitioners. The mission of the Task Force is to provide education, coordinate resources and aid in the prevention of domestic violence and sexual assault across Shoreline communities. The Task Force hosts an annual Legislative Roundtable with state and local legislators representing Shoreline Towns to discuss key legislative issues pertinent to the work of domestic violence and sexual assault crisis services.

Shoreline Housing: Our Diversion Specialist provides time-limited case management to participants accessing the Greater New Haven CAN who are not currently receiving housing related case management services. The goal is to divert clients from entering shelters whenever safe and appropriate to do so. Participants are referred to and successfully linked to all appropriate resources as quickly as possible, including emergency shelter openings when no viable diversion plan is actualized.



FINANCIAL STATEMENT

Revenue: \$976,942.22



*Includes a non-recurring
\$262,000.00 legacy bequest.

INTRODUCING OUR BOARD OF DIRECTORS

Sarah Bishop DellaVentura
Chair

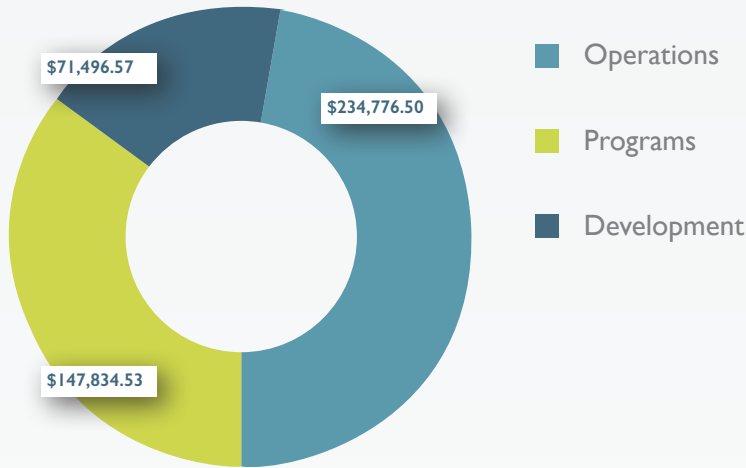
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Secretary

Karen Bentlage
Russell Brinn
Laurie Desmet
Barbara Dudley
Carrie Federici
Andrew Serrano
Christy Stoddard

Expenses: \$454,107.60



Given the demand for W&FLC services in FY21, part-time staff have been moved to full-time starting FY22.

AND DEDICATED STAFF

Jennifer Wenderoth-Holster, MPA
Executive Director

Megan Lenzo
Development Director

Dawn Jackson
*Marketing & Community
Outreach Director*

Maribel Lota
Operations Manager

Zozan Antar, MSW
MSW Program Manager

Alexandra Raucci, LMSW
MSW Referral Navigator

THANK YOU



Women & Family Life Center extends a heartfelt **thank you** to the individuals, corporations, foundations, and community organizations that made a generous gift to **support** our programs and services between July 1, 2020 and June 30, 2021.

Together, we can provide more resources and education for women and all families in crisis.

Your kindness and compassion for your neighbors is truly inspiring.

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info@womenandfamilylife.org

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We worked carefully to ensure the completeness and accuracy of this list. We apologize for any mistakes, and ask that you contact Megan Lenzzo, Development Director, at (203) 458-6699 or email mllenzzo@womenandfamilylife.org to correct any inconsistencies. All donations acknowledged were received between July 1, 2020 through June 30, 2021.



Direct link
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Providing women and families
with a network of support,
education, and community
to help them make positive
change in times of isolation,
fear, or financial distress.