

## Westbrook Food Resources

Last revised, July 15, 2020

For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

<b>NAME: Community Dining Room</b>		<i>Se habla español.</i>
Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.		
<b>Physical Address:</b> 30 Harrison Avenue, Branford, CT		
<b>Who:</b>	All Shoreline Residents from East Haven to Old Saybrook including Guilford. All ages, no proof of income needed.	
<b>What:</b>	Free take-out meals and a home delivery program	
<b>When/where:</b>	Take-out meals: 30 Harrison Avenue, Branford at the following times:  Sunday-Friday: 12:00 PM – 1:00 PM Saturday: 11:00 AM – 12:00 PM Tuesday Family Night Meal: 5:30 PM – 6:30 PM Wednesday & Friday Take-Out dinner by reservation: Call ahead to 203 488-9750: Pick up 1:00-3:00 pm	
<b>How:</b>	For Home delivery program: Call (203) 488-9750, ext. 3 Deliveries on Monday and Wednesday include 1 hot meal and 1 frozen meal Deliveries on Friday include 1 hot meal and 2 frozen meals	
<b>Phone:</b>	(203) 488-9750	
<b>E-mail:</b>	info@communitydiningroom.org	
<b>Facebook:</b>	<a href="https://www.facebook.com/CommunityDiningRoom06405/">https://www.facebook.com/CommunityDiningRoom06405/</a>	
<b>Website:</b>	<a href="https://communitydiningroom.org/about/">https://communitydiningroom.org/about/</a>	

<b>Name:</b> The CT Food Bank Mobile Pantry, a program of the Connecticut Food Bank		<i>Se habla español.</i>
<b>Physical address:</b> CT Food Bank head office is at 2 Research Parkway, Wallingford, CT.		
<b>Who:</b>	CT Residents. Residents from any town may go to any mobile food pantry. The closest pantries for Guilford residents are generally held in Clinton, East Haven and Hamden	
<b>What:</b>	Pre-packed food	
<b>When/where:</b>	The closest Mobile Food Pantry for Westbrook Residents is held in Clinton:  Once on month on the 1 <sup>st</sup> Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton  For the schedule for the rest of the state which anyone is eligible to access, go to <a href="http://ctfoodbank.org">ctfoodbank.org</a> or call 211	
<b>How:</b>	Groceries in pre-packed bags. Be sure to check the website to see where the pantry is operating in the state.	
<b>More info:</b>	The distribution is a drive through pickup system, and participants must be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance.	
<b>Contact:</b>	<ul style="list-style-type: none"> <li>• Food pantry hotline for <b>DAILY</b> information: 203-741-9751 or 211 for the State schedule;</li> <li>• For <b>WEEKLY</b> information – go to the website which is updated on Friday afternoons (noted below)</li> <li>• For special accommodations or questions, please call at (860)669-7347</li> <li>• Wallingford Main Office: (203) 469-5000</li> </ul>	
<b>E-mail:</b>	<a href="mailto:cfb@ctfoodbank.org">cfb@ctfoodbank.org</a>	
<b>Facebook:</b>	<a href="https://www.facebook.com/CTFoodBank/">https://www.facebook.com/CTFoodBank/</a>	
<b>Website:</b>	<a href="http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/">http://www.ctfoodbank.org/get-help/Connecticut-food-banks-mobile-pantry-schedule/</a>	

<b>Name: Estuary Senior Grab &amp; Go Lunches</b>	
Note – the Estuary Council of Seniors serves 9 towns. Any person from any of the towns can participate in nutrition programs held anywhere in the system. The Estuary community includes Chester, Clinton, Essex, Deep River, Killingworth, Lyme, Old Lyme, Old Saybrook and Westbrook. Participants for nutrition programs, age 60 and above, must be registered with the Council	
<b>Physical address:</b> C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street, Old Saybrook	
<b>Who:</b>	Seniors who are 60+ years, pre-registered, call the number below
<b>What:</b>	Grab & Go lunches
<b>When/where:</b>	<ul style="list-style-type: none"> <li>• Mondays– 11:30 a.m. to 12:30 p.m. Estuary Senior Center, 220 Main Street, Old Saybrook</li> <li>• Tuesdays 11:30 a.m. to 12:30 p.m. Lymes’ Senior Center, 26 Woods Road, Old Lyme</li> <li>• Tuesdays 10:30 to 11 a.m. Clinton Town Hall Annex, 48 East Main Street</li> <li>• Wednesdays 11:30 a.m. to 12:30 pm. Estuary Senior Center, 220 Main Street, Old Saybrook</li> <li>• Fridays (1 meal per reservation) Estuary Senior Center, 220 Main Street, Old Saybrook</li> </ul>
<b>How:</b>	Reservations are required
<b>Phone:</b>	860-388-1611, ext. “0” to speak with staff to register. If need to leave a message, provide full name, phone number, and preferred pick up days
<b>E-mail:</b>	N/A
<b>Facebook:</b>	<a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>
<b>Website:</b>	<a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>

<b>Name: Meals on Wheels—Estuary Council of Seniors</b>	
<b>Physical address:</b> C/o the Estuary Council of Seniors	
<b>Who:</b>	To registered homebound residents
<b>What:</b>	Meals delivered
<b>When/where:</b>	Delivery is by volunteers to homes around lunch time.
<b>How:</b>	<i>Contact Laura at 860-388-1611, x217 for more information.</i>
<b>Phone:</b>	860-388-1611, x217
<b>E-mail:</b>	N/A
<b>Facebook:</b>	<a href="https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/">https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/</a>
<b>Website:</b>	<a href="https://www.ecsenior.org/services/nutrition">https://www.ecsenior.org/services/nutrition</a>

<b>Name: Westbrook Food Pantry</b>	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
<b>Physical address:</b> The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex Connecticut, 06426 Tel: 860-388-1988	
<b>Who:</b>	Westbrook Residents - During Covid- no I.D. is requested.
<b>What:</b>	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days.
<b>When/where:</b>	<b>Tuesdays, 11:30 – 2:45 p.m.</b> St. Mark's Roman Catholic Church 222 McVeagh Road, Westbrook
<b>How:</b>	Curb- side pickup
<b>Phone:</b>	(860) 399-9207 (church) (860)-388-1988 (Shoreline Soup Kitchens)
<b>E-mail:</b>	reburg@shorelinesoupkitchens.com
<b>Facebook:</b>	N/A
<b>Website:</b>	<a href="https://www.shorelinesoupkitchens.org">https://www.shorelinesoupkitchens.org</a>

<b>Name: Westbrook Public Schools</b>	
Note – the Westbrook Schools is not offering a summer meals program in 2020. The school refers families to the EndHunger CT site at <a href="https://www.endhungerct.org/services/summer-meals/">https://www.endhungerct.org/services/summer-meals/</a> but the closest locations seem to be in New Haven and Middletown	
<b>Physical address:</b> District Office - 158 McVeagh Road Westbrook, CT 06498	
<b>Phone:</b>	(860) 399-6432
<b>Website:</b>	<a href="https://www.westbrookctschools.org">https://www.westbrookctschools.org</a> For the food service pages: <a href="https://www.westbrookctschools.org/groups/5756">https://www.westbrookctschools.org/groups/5756</a>

<b>Name: Westbrook Social Services</b>	
<b>Physical address:</b> 866 Boston Post Road, Westbrook, CT 06498	
<b>Who:</b>	Westbrook Residents
<b>What:</b>	Resident Clients are assessed for eligible services and assisted with the completion of applications for state and federal programs offering food resources including SNAP (Food Stamps) WIC, Emergency Town Food Panty, Shoreline Soup Kitchens (temporarily closed) and Pantry. WSS assistance and referrals as needed.
<b>When/where:</b>	Monday - Wednesday - 9 a.m. - 4 p.m. Thursday - 9 a.m. - 7 p.m. Friday- 9 a.m. – Noon At the Town office – 866 Boston Post Road, Westbrook, CT 06498
<b>How:</b>	Contact the Social Services Department for assistance
<b>Phone:</b>	860-399-3090
<b>E-mail:</b>	<a href="mailto:ecarpenter@westbrookct.us">ecarpenter@westbrookct.us</a>
<b>Facebook:</b>	@westbrooksocialservices
<b>Website:</b>	<a href="https://westbrookct.us/208/Social-Services">https://westbrookct.us/208/Social-Services</a>

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