

Food Resources open to Westbrook, CT Residents

Last rev. June 5, 2020



For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

Name: Community Dining Room Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.	
Who:	All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook: all ages, no proof of income needed.
What:	Free carry-out meals and a home delivery program
When/where:	30 Harrison Avenue, Branford at the following times: Sunday-Friday: 12:00 PM – 1:00 PM Saturday: 11:00 AM – 12:00 PM Tuesday Kid's Night Meal: 5:30 PM – 6:30 PM Wednesday & Friday Take-Out dinner: Pick up 1:00-3:00 pm
How:	Please call ahead for dinners or delivery program: (203) 488-9750
Phone:	(203) 488-9750
E-mail:	info@communitydiningroom.org
Facebook	https://www.facebook.com/CommunityDiningRoom06405/
Website:	https://communitydiningroom.org/about/

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Name: The CT Food Bank Mobile Pantry – Clinton Mobile Pantry	
Physical address:	Head office is at 2 Research Parkway, Wallingford. (203) 469-5000
Who:	CT Residents
What:	Pre-packed food
When/where:	The closest Mobile Food Pantry would be in Clinton: Once on month on the 1 st Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton For the schedule for the rest of the state, go to ctfoodbank.org
How:	Groceries in pre-packed bags
More info:	The distribution is a drive through pickup system, and participants will need to be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. For special accommodations or questions, please call at (860)669-7347
Phone:	Call or visit website to see operating schedule: (203) 741-9751
E-mail:	cfb@ctfoodbank.org
Facebook:	@CTFoodBank
Website:	www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address:	C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street
Who:	To registered homebound residents
What:	Meals delivered
When/where:	Delivery is by volunteers around lunch time.
How:	To register, call 860-388-1611, x217
More info:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	(860) 388-1611, x217; Updates are provided on the tape when you first reach the number
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

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Name: Westbrook Food Pantry	
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office address:	The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex. (860) 388-1988
Who:	Westbrook Residents - During Covid- no I.D. is requested.
What:	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.
When/where:	Tuesdays, 1:00 p.m. – 2:45 p.m. St. Mark’s Roman Catholic Church 222 McVeagh Road, Westbrook
How:	Curb- side pickup
More info:	Please remember to wear a face mask
Phone:	(860) 399-9207
E-mail:	reburg@shorelinesoupkitchens.com
Website:	https://www.shorelinesoupkitchens.org

Name: Westbrook Public Schools	
Physical address:	District Office - 158 McVeagh Road Westbrook, CT 06498
Who:	All children 18 and younger One meal per person will be provided.
What:	Grab and go lunches will be available for
When/where:	12:30-1:30 p.m. daily. Main entrance of the Daisy Ingraham Elementary School, 105 Goodspeed Drive, Westbrook. (860) 399-7925
How:	First come first serve basis
More info:	While there will be three choices, in compliance with required meal patterns, there is no guarantee of the availability of any one selection. 1) Meat sandwich (turkey or ham will be labelled each day)– cheese stick, vegetable, fruit or juice, a bag of crackers, milk and a spork kit. 2) Cheese sandwich - vegetable, fruit or juice, a bag of crackers, milk and a spork kit. 3) Bagel meal – bagel, yogurt, cheese stick, vegetable, fruit or juice, a bag of crackers, milk, one cream cheese, and butter and a spork kit.
Phone:	(860) 399-6432
Website:	https://www.westbrookctschools.org For the food service pages: https://www.westbrookctschools.org/groups/5756

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Name: Westbrook office of Social Services	
Physical address:	866 Boston Post Road, Westbrook.
Who:	Westbrook Residents
What:	Resident Client s are assessed for eligible services and assisted with the completion of applications for state and federal programs offering food resources including SNAP (Food Stamps) WIC, Emergency Town Food Panty, Shoreline Soup Kitchens (temporarily closed) and Pantry
When/where:	Monday - Wednesday - 9 a.m. - 4 p.m. Thursday - 9 a.m. - 7 p.m. Friday- 9 a.m. - Noon At the Town office – 866 Boston Post Road, Westbrook, CT 06498
How:	Contact the Social Services team for assistance
Phone:	(860) 399-3090
E-mail:	Email Amber @ ashaw@westbrookct.us
Facebook:	@westbrooksocialservices
Website:	https://westbrookct.us/208/Social-Services

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