

Autonomous Robotics – Beginner Workshop

Course Name: Autonomous Robotics: Exploring Emotional Intelligence, Self-Awareness, and Empathy

Course Duration: 8 hours

Course Overview:

The **Autonomous Robotics** course introduces children to the world of robotics while focusing on the development of emotional intelligence, self-awareness, and empathy. Using real-life scenarios and interactive robotics projects, students will learn how robots can be programmed to understand and respond to emotions. By exploring how robots can simulate human-like behavior and emotions, kids will develop a deeper understanding of their own feelings and the importance of empathy in both human and robot interactions.

Pre-requisites:

- Basic interest in robotics and technology
- No prior knowledge of robotics or programming required
- Willingness to engage in team activities and discussions about emotions

Who Can Take This Course:

- Kids aged 12-16
- Students with an interest in robotics, technology, and emotional intelligence
- Aspiring future engineers, programmers, or those interested in the intersection of technology and emotional well-being

Applicable Careers Include:

- Robotics Engineer
- AI Developer
- Emotional Intelligence Trainer
- Human-Robot Interaction Specialist
- Data Scientist in Emotional AI

Course Syllabus:

Module 1: Introduction to Robotics and Emotional Intelligence (1 hour)

1. What is Robotics and How Do Robots Work?

- a. Basic concepts of robotics: Sensors, actuators, and programming
- b. Introduction to autonomous robots and their real-world applications (e.g., healthcare, personal assistants, and education)
- c. Interactive demo: Show an example of an autonomous robot in action (e.g., a robot moving based on sensor input)

2. Emotional Intelligence in Robots

- a. Define emotional intelligence (EQ) and its importance in human interactions
- b. Discussion: Can robots understand emotions? How do robots "sense" emotions?
- c. Fun activity: Role-play with robots—how can a robot react to different emotional states?

Module 2: Exploring Self-Awareness through Robotics (1.5 hours)

1. What is Self-Awareness and Why Does it Matter?

- a. Define self-awareness and its role in personal growth and social interactions
- b. Discuss how robots can be designed to reflect self-awareness in their actions (e.g., self-correcting when they make a mistake)
- c. Hands-on activity: Program a simple robot to "learn" from a mistake or adjust based on feedback

2. Self-Awareness in Robotics: Real-Life Applications

- a. Introduction to the concept of robots that can monitor and adjust their actions based on the environment
- b. Group activity: Create a simple robot scenario where it must adapt to changing conditions (e.g., avoiding obstacles or detecting different emotional cues from humans)
- c. Reflection: How does self-awareness affect human behavior, and can robots display similar awareness?

Module 3: Teaching Empathy to Robots (2 hours)

1. What is Empathy?

- a. Define empathy and its role in understanding and responding to others' emotions
- b. Discussion: Can robots be empathetic? How can they recognize human emotions?

- c. Case study: Explore examples of robots designed to help people (e.g., companion robots for the elderly, robots designed for emotional therapy)

2. Programming Robots for Empathy

- a. Introduction to programming robots to react to emotions or behaviors (e.g., using facial recognition or voice tone analysis)
- b. Hands-on activity: Program a robot to respond to a specific emotion or situation (e.g., a robot reacting differently to a happy or sad voice)
- c. Group task: Create a robot that could help someone feel better in different emotional situations (e.g., cheering up someone who is sad)

Module 4: Real-Life Scenarios: Robotics in Social Interactions (2 hours)

1. Robots and Social Interaction

- a. Discuss the importance of social skills in robotics and AI, especially in fields like healthcare and customer service
- b. Group discussion: How can robots improve social interactions in real-life situations?
- c. Interactive scenario: Set up role-playing scenarios where kids program robots to interact with humans in various emotional situations (e.g., comforting, celebrating, supporting)

2. Empathy and Emotional Support Robots

- a. Explore how emotional robots are used in therapy, education, and healthcare
- b. Hands-on project: Design a robot capable of providing emotional support or feedback (e.g., through positive reinforcement, comforting actions, or monitoring emotional health)

Module 5: Wrap-Up and Reflection (1 hour)

1. Recap of Key Concepts

- a. Review the lessons learned about emotional intelligence, self-awareness, and empathy in robots
- b. Group activity: Share how robots can be used to improve emotional intelligence in both humans and robots

2. Final Project: Design Your Own Empathy Robot

- a. Task: Kids will design and present a robot that they think could help people by displaying empathy or helping them become more self-aware
- b. Discussion: How could these robots be used in real-life scenarios, and what impact could they have on society?

3. Reflection and Takeaways

- a. Encourage students to reflect on how emotional intelligence can be incorporated into future technologies
- b. Provide resources for further learning in robotics, AI, and emotional intelligence
- c. Encourage the continuation of robotics projects at home or through school clubs

Further Opportunities after Completing the Course:

- **Explore AI and Robotics Coding:** Continue learning to code robots and design advanced emotional AI systems with platforms like Scratch, Blockly, or Arduino.
- **Engage in Robotics Competitions:** Participate in local or national robotics challenges or hackathons.
- **Study Emotional AI:** Learn more about AI systems designed for understanding and responding to human emotions through advanced programming.
- **Join Robotics Clubs:** Become part of a robotics club or community where students can work on real-world projects involving emotional intelligence and self-awareness.