

Hope in God

Why are you cast down, O my soul...? Hope in God, for I shall again
praise him, my help and my God. Psalm 43: 5

When all seems lost and hope is gone,
We often feel forsaken.
We cannot find peace we have known
When life wrong turns has taken.
Sometimes those turns we make ourselves
Deluded by our pride
And by desires like selfish elves
That into sin can guide.

At times we face disease and death,
Cruel masters in this life,
That leave us feeling sad, bereft,
And cut us like a knife.
Relationships can bring us pain
And cause us to lose hope.
We struggle with the hurt and strain
Of trying just to cope.

Just like the Psalmist long ago
We seek support, relief,
And that is when we need to know
The core of our belief:
That God is with us through it all
And by our side each day.
Whatever happens or might befall
God walks along our way.

As God with Us, Emmanuel,
Christ knows all human cares.
He's felt our griefs all too well
And in our sorrow shares.
The Lord, our help, our comfort, too,
Loves us, although we're flawed.
Oh, soul, take heart in all you do
And put your hope in God!

HOPE