



NFHS RULE	NFHS PENALTY YARDAGE	TVYFL FOOTBALL RULES
<p>9-4-5: Roughing/Running into the Kicker/Holder</p>	<p>Roughing = 15; Running into = 5</p>	<p>All contact fouls on the kicker/holder result in a 15-yard penalty (there is no 5-yard option for running into the kicker or holder).</p>
<p>9-4-3-h: Grasping the Face Mask</p>	<p>Grasping, pulling, twisting, turning = 15; incidental grasping = 5</p>	<p>All facemask fouls result in a 15-yard penalty (there is no 5-yard option for grasping but not twisting or pulling the facemask).</p>
<p>9-3-2-a: Illegal Blocking Below the Waist</p>	<p>This is legal in the free blocking zone.</p>	<p>All blocking below the waist, blocking in the back and clipping is illegal. There is no “free blocking zone.” The penalty for clipping and blocking below the waist is 15 yards. The penalty for blocking in the back is 10 yards.</p>
<p>No Rule Restriction on Lining Up Over the Snapper</p>		<p>At Jr Novice, a defensive player lined up over the snapper must be positioned 5 yards off his line of scrimmage. Failure to do so results in the ball remaining dead and a warning issued to that team. Second and subsequent violations result in a 15-yard penalty. At Novice, Jr Varsity and Varsity divisions, no defensive player may be lined up directly over the snapper and on the line of scrimmage if there is no player in position to take a hand-to-hand snap. The restriction is not in effect if an offensive player shifts to a position and takes a hand-to-hand snap.</p>
<p>7-5-Penalty: Illegal Forward Pass and Illegal Touching</p>	<p>5 yards plus loss of down</p>	<p>The penalties for illegal forward pass and illegal touching by ineligible receivers are 5 yards only (no loss of down).</p>
<p>8-3-3: Try for Points</p>	<p>Kick = 1 point; run</p>	<p>On try’s, 2 points are awarded for a kick and 1 point for a run or pass.</p>
<p>7-2-5-b; 7-5-6-a: Numbering Requirements</p>	<p>At the snap, at least five Team A players on their line of scrimmage must be numbered 50-79. Eligible receivers must be numbered 1-49 or 80-99</p>	<p>Uniform numbering rules regarding eligible receivers and linemen are eliminated.</p>

TVYFL FOOTBALL RULE DIFFERENCES

Mouth Pieces must be attached to facemasks

10 minute Quarters administered with High School Varsity Clock Timing

21-point differential Losing Coach can request a running clock

35- point differential mandatory running clock

Footballs used may be leather or composite

Jr Novice and Novice Wilson GST Model K2

Jr Varsity Wilson GST Model TDJ

Varsity Wilson GST Model TDY

Players and coaches must remain within the 25-yard lines (bench area) and a minimum of six feet off the sideline

Personal Fouls

Targeting

Illegal Helmet Contact

Defenseless Player Contact

Late Hits

Non-football acts away from play

2 personal fouls result in player ejection

Only the Head Coach may request a conference with the Official Crew Chief to discuss an issue during the game

Only Badged Individuals with an Official TVYFL Sideline pass may be on the field or sideline.