On The Rocks

All of our food is prepared by our Chef's team to order. Please allow us time to create and serve our signature dishes.

LUNCH MENU

APPETIZERS

House-made Hot Chips

House-made hot chips. Served with a smokey chipotle ranch. 6.95

Cheese Lovers Mac 'n' Cheese Bites

Crispy fried mac 'n' cheese bites. Served with a warm queso dip. 7.95

Fried Pickle Fries

Dill pickles lightly breaded and fried. Served with ranch. 7.95

Soft Pretzels

Baked and served with cheese or spicy mustard. 7.95

Quesadilla

Sun-dried flour tortillas stuffed with cheese, black beans, tomatoes, and peppers. Served with sour cream and salsa. 8.95

Chicken 2 Ground Beef 2 Shrimp 3

GF Loaded Potato Skins

Loaded with cheese, bacon and scallions. Served with sour cream. 8.95

Fried Emerald Tomatoes

Lightly breaded and fried green tomatoes. Served with ranch or our Asian lava sauce. 9.95

Calamari

Lightly breaded rings and tentacles. Crispy fried and served with a sweet marinara. 10.95

* Fried Oysters

Fresh local oysters lightly breaded, fried and dusted with cajun seasoning. 11.95

GF Crab Dip

Lump crab meat baked into a rich creamy cheese dip. Served with toasted pita points. Substitute tortilla chips for a gluten free option. 11.95

GE Dune of Nachos

Tortilla chips piled high with cheese, black beans, tomatoes, lettuce, jalapenos, pico de gallo and sour cream or smokey chipotle ranch. 12.95

Chicken 2 Ground Beef 2 Shrimp 3

Grouper Bites

Lightly breaded and fried. Served with french fries.

12.95

* Ahi Tuna (Rare)

Fresh local tuna lightly seared and served with soy sauce, pickled ginger and wasabi. 13.95

SOUPS AND SALAD

The Three C's Chowder

House-made creamy crab, clam, corn, and shrimp chowder. Garnished with bacon.

Cup 4.95 Bowl 7.95

GF Salad Bar

GF Excludes pasta salad and croutons. GF Dressing Available Upon Request.

All-You-Can-Eat 10.99

One Trip 7.99

One Trip with Entree 3.99

Substitute One Trip to Salad Bar for Side Dish

WINGS

Crispy chicken wings tossed in our signature sauces.

Hurricane Buffalo Wings:

Category 1, Category 2, Category 3, Category 4, Category 5

Flavored Wings:

BBQ, Sweet Chili, Parmesan Garlic, Cajun, Lemon Pepper Dry Rub Boneless

10 Count 7.95 20 Count 14.95

Bone-In

10 Count 9.95 20 Count 16.95

GF indicates items that the item can be made Gluten Free. Although we take great precaution in eliminating cross-contamination from occurring, we cannot guarantee no gluten exposure. Therefore, we cannot recommend these items to an individual with Celiac Disease.

^{*} Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illnesses

TACOS

Island Shrimp Tacos

Two tacos, served with one side.

Shrimp tossed in our famous island sauce made from cilantro, garlic, butter, lime, chilies. Topped with shredded cabbage. 13.95

Mahi Tacos

Mahi tacos topped with shredded cabbage, fresh scallions and our Asian lava sauce. 12.95

HANDHELDS

Served with one side. Gluten free bread available \$1.

Po' Boy Sub

Lightly breaded and fried. Your choice of flounder, oyster, or shrimp. Cajun dusted with lettuce, tomato, onion, and pickled okra remoulade served on a fresh grilled 10" sub roll.

Shrimp 11.95 Flounder 12.95 Oyster 12.95

Shipwreck BLT

Double-decker club layered with bacon, lettuce, tomato, and mayonnaise. 10.95

Atlantic Beach Club

Double-decker club layered with ham, turkey, provolone, tomato, lettuce, mayonnaise. 11.95

Crystal Coast Cheesy Chicken

Grilled chicken breast, provolone, bacon, lettuce, tomato, and mayonnaise on a grilled bun. 10.95

* Shaved Prime Rib French Dip Sub

House roasted prime rib with provolone, onions, and au jus on a fresh grilled 10" sub roll. 13.95

BURGERS

Hand-pattied, half-pound, expertly grilled, thick and juicy.
Served with one side on a grilled bun. Gluten free bread available \$1.

* The Classic

American cheese, lettuce, tomato, pickle, onion, mayonnaise, and mustard. 9.95

* Eastern Carolinian

Fried green tomato, smoked bacon, hoop cheese, drizzled with barbecue sauce. 11.95

* Farmer's Daughter

Fried egg, bacon, cheddar, lettuce, tomato and mayonnaise. 12.95

* The Mac Daddy

Deep fried mac 'n' cheese bites, creamy queso, lettuce, tomato, and chipotle ranch. 13.95

* Overboard

Two half-pound patties topped with double bacon, double cheddar cheese, grilled onions, lettuce, tomato, and mayonnaise. 16.95

Lauren's Veggie Burger

Garden burger, lettuce, fried green tomatoes, and drizzled with barbecue sauce. 11.95

SEAFOOD SIGNATURES

Served with french fries and cole slaw. Broiled seafood can be prepared GF.

* Flounder

Fried 18.95 Broiled 19.95

* Shrimp

Fried 18.95 Broiled 19.95

* Scallops

Fried 24.95 Broiled 25.95

* Oysters

Lightly breaded, fried, and cajun dusted. 19.95

* Clam Strips

Lightly breaded, fried, and parmesan dusted. 15.95

SIDE DISHES

French Fries
House-made Chips

Cole Slaw
Sauteed Vegetables

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