

# EMERGENCY ACTION PLAN

School: **Aliso Niguel High School** Facility: **Baseball Field**

**Call 911** or your local EMS/paramedics for life-threatening emergencies. If unresponsive and not breathing normally, begin CPR and get the AED

911	
<b>CALL 911. Explain emergency. Provide location.</b>	
Local EMS Number:	OCFA Fire Station 57 (949) 770-6016
EMS Access Point:	Deerhurst Cow Gate
Cross Streets:	Wolverine Way & Deerhurst
Address:	<b>28000 Wolverine Way, Aliso Viejo, CA 92656</b>
<b>MEET AMBULANCE</b> at EMS Access Point. Take to victim.	
<b>CALL CONTACTS.</b> Provide location and victim's name.	
Athletic Trainer: <b>Jessica Barr</b>	Google #: 949-216-0395
Athletic Director: <b>Andrew Mashburn</b>	Office: 949-831-9471
Principal: <b>Dr. Manoj Mahindrakar</b>	Office: 949-831-5590 ext. 14001
School Nurse: <b>Tracy Campbell, LVN</b>	Office: 949-831-5590 ext. 14026

CPR/AED
<b>START CPR.</b>
<ol style="list-style-type: none"> <li>1. Position person on back.</li> <li>2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, (100 compressions/minute.) Let chest completely recoil after each compression.</li> <li>3. Take turns with other responders as needed.</li> </ol>
Coach/Advisor: <b>Craig Hanson</b>
<b>WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS.</b>
<ol style="list-style-type: none"> <li>1. Remove clothing from chest.</li> <li>2. Attach electrode pads as directed by voice prompts.</li> <li>3. Stand clear while AED analyzes heart rhythm.</li> <li>4. Keep area clear if AED advises a shock.</li> <li>5. Follow device prompts for further action.</li> <li>6. After EMS takes over, give AED to Athletic Director for data download.</li> </ol>

AED	
<b>GET THE AED KIT.</b>	
Nearest AED:	Stadium SnackBar (requires key)
There may be an AED with Coaching Staff	
<b>GET THE ATHLETIC TRAINER.</b>	
Athletic Trainer: Jessica Barr, MS ATC	
Contact Method: (949) 216-0395	
Typical location: Athletic Training Clinic	

\*By law, all athletic coaches, paid and or volunteer, must be currently certified in CPR and First Aid and Concussion Awareness as outlined in Section 5590- 5596 of Title V of the California Code of Regulations and Education Code Sections 35179.5 and 44919. More information can be found at <http://cifstate.org/> under the Health & Safety tab, in the Sports Medicine Handbook.



## Venue Directions:

Take Wolverine Way downhill towards campus and pass Deerhurst. Turn left into cow gates where main school sign is located. Turn left at bottom of entranceway and continue through parking lot, past main campus buildings, past softball field, and past Main Stadium Entrance. Before exiting campus, turn right through cow gates onto steep dirt road. Follow winding dirt road to baseball field which is located past the backside of the stadium bleachers.



### **Urgent Care:**

South Coast Medical Group  
5 Journey, Aliso Viejo, 92656  
(949) 360-1069  
8am-7pm (Mon—Sat), 10am-3pm (Sun)

### **Hospital:**

Providence Mission Hospital Laguna Beach  
31872 Coast Highway, Laguna Beach, 92651  
(949) 499-1311

### **Trauma Hospital:**

Providence Mission Hospital, Mission Viejo  
27700 Medical Center Road, Mission Viejo, 92691  
(949) 364-1400