



LET'S WRESTLE

NOW IS A GREAT TIME TO START!

**DEVELOPS: MENTAL TOUGHNESS - COORDINATION
DISCIPLINE - RESPONSIBILITY - SELF CONFIDENCE**

SPRING SESSION: Now-May 30, 2025

NOVICE/INTER (1st-8th)

Mon/Wed - Laguna Hills HS
Tue/Thu - Trabuco Hills HS

ADVANCED (3rd-8th)

Mon/Tue/Thu - Trabuco Hills HS
Mon/Wed/Fri - Laguna Hills HS

HIGH SCHOOL (9th-12th)

Mon/Wed/Fri - Trabuco Hills HS
Tue/Thu - Aliso Niguel HS



WRESTLINGMART



For further details or to register, please visit reignwrestling.com!

REIGN
WRESTLING CLUB

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949-636-4013