

# BEACH VOLLEYBALL CAMP

Meet ANHS Head Coach Tinker & Varsity Team

## Learn about:

- beach volleyball skills
- mental health strategies
- healthy eating habits
- recovery stretches

## When:

July 7-9 from 9am-11am

## Where:

William S Craycraft Park,  
Mission Viejo

## Who:

Middle school girls &  
incoming freshman

## Cost:

\$100 per girl

Registration closes 6/15



Scan to sign up



Email: [anhsbeach@gmail.com](mailto:anhsbeach@gmail.com)

Instagram: [@anhsbeach](https://www.instagram.com/anhsbeach)