FRESHMAN SUMMER CAMP

GLASS OF 2029, JOIN THE TEAM

Questions Coach Michael Calahan mpcalahan@capousd.org

PREPARE FOR THE FALL 2025 SPASON

Conditioning Agility/Speed Development/Offensive/Defensive Schemes

DATES: JUNE 23-JULY 17

(NO GAMP JULY 3RD)

M/Th 9:30-11:30am field practice 12pm to 1:30pm weightlifting

Registration: Online by June 13, 2025

Camp Days:







Athletic Clearance: ALL PLAYERS must be cleared May 21-22 3:30-6pm Location: Aliso Niguel Portables \$40 fee (more details to come)

Please note that the Constitution of the State of California requires that we provide carublic education to you free of anarge. Your right to a free education is for all school/educational activities, whether curricular or extracurricular, and whether you get a trade for the activity or class. Subject to certain exceptions, your right to a free public education means that we cannot require you or your family to purpliase materials, supplies, equipment or uniforms for any school activity, nor can we require your family to pay for security deposits for access, participation, materials and equipment.