



High School Girls: 2025 Summer Season

This program is designed for any high school age girls who are looking to improve their water polo skills. The summer season will focus on both individual development and team offensive and defensive strategies. We will have practices, scrimmages, and summer league games that will challenge players and allow them to see their growth and development.

The program has two simple goals for the girls: Get better and have FUN!!!!

Dates: 6/23 – 7/17

Practices: Monday – Thursday 9:00-11:00am

Summer League Games: F/S – 2 games Thursday PM @ Trabuco Hills HS
Var – 2 games Wednesday PM @ El Toro HS

*Some players will be able to participate in both leagues

Cost: \$400 (Includes Summer League Fees)

To Register: go to www.alisoaquatics.com

Coach Lynch: eblynch@alisoaquatics.com