

The Caring Community

2020 Annual Report

The Caring Community



DIRECTOR'S STATEMENT

A year like no other, 2020 challenged us to find new ways to be of service. Our Self-Care Stations at the schools were put on hold as schools closed. When schools reopened, we packed the refills by school and the dedicated and deeply caring EAP staff sent the refills directly to each school. Marie Arterberry MSW, the administrator of the EAP program is a solution based problem solver who doesn't see obstacles, only opportunities. We couldn't have done any of the Self-Care Stations without her. We hope to continue this program for many years to come, especially given that the stress of being a teacher has increased. We hope that we can continue to offer them stress support, but this program is only partially funded going into the Fall of 2021.

As the spring shutdown began, food banks found themselves rapidly depleted. At the same time, food in the fields was left unharvested. Gleaning for Good was able to harvest record amounts of fruit from backyards that went to food banks, and also helped find volunteers for gleaning of fields in nearby Belle Glade, where tomatoes, lettuce and other food that would have rotted was diverted to food banks. Katy Cain, our local Society of Saint Andrews partner worked hard and we kept our local food banks with a steady supply of mango, avocado, starfruit, coconuts and much more. We hope to build upon this program by finding volunteers to serve as area supervisors to help us locate more residents willing to donate from their trees and to organize volunteer teams to glean. Reach out to us via email if this is something you would like to do.

Our Davie Community Garden food forest and banana circle were just planted in February of 2020 but we did get a great pigeon pea harvest and some bananas, squash and turmeric from that garden.. Our teaching programs were put on hold until events can be held safely. Meanwhile, we've had several volunteer days as we kept the garden trimmed and harvested and planted where we could. Our ongoing project there is soil building, so volunteers showed up on a regular basis in all kinds of weather to move manure and mulch and brave the fire ants. As we enrich the soil, the ants lose interest and move away. We hope that fall of 2021 will enable us to begin teaching programs and expand the garden. Our goal for this garden is also to increase production for food banks.

As the food banks continued to be challenged with record demand, we looked at what else we could do. One of the things that is apparent is that there are many foods that grow prolifically here that most people aren't familiar with and therefore aren't eating. We launched an initiative to create a cookbook that would include basic "how to" recipes for some underutilized foods like chaya, katuk, sweet potato and cassava leaves, and more. We delivered some of these foods to food banks along with a "how to" page to be given out with the foods. We are finishing up that project this year and will also have the cookbook available as an e-book with recipes gathered from <https://www.facebook.com/groups/south.florida.edible.gardening> . We hope to have that out and for sale as a source of funding.

We haven't gotten TCC sprouts of the ground yet, but are confident that we can do some really good work towards creating more hyper local food growing in our area by encouraging more micro businesses that operate in that sphere.

We are installing a garden next week for a family that are recent Habitat for Humanity recipients. We are actively seeking more partnerships to plant more gardens, get more food that would be wasted to hungry people and create food growing in food deserts.

In 2020 our admin costs were minimal. We ran 100% on volunteer energy in 2020. We look forward to continuing to serve our community and work side by side with our amazing volunteers.

We deeply appreciate your support.

CYNTHIA SCHAEFER

Chief Executive Officer

IT ALL STARTS WITH A CUP OF TEA.

We are many different
programs, all with the same
—— objective. ——

Community can encompass a lot of things. In our case it is the hundreds of volunteers that have helped with all these projects. We can't list them all here, but if you go to the Facebook page of each program you'll see their faces, showing up again and again to lend a hand for those in our community that need just a little help.

We hope these programs inspire you. We're showing our process and partnerships in the hope that you can see how easily you can start programs like this where you live.

Imagine the community you want to live in, and then spend a little time every day taking small steps to create it!

MISSION

Helping the
community
where we can
and bringing
people
together to do
good things

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Our 2020 Impact

Our mission to help teachers to manage stress by providing them with herbal teas, rescue remedy and stress management tools was more vital than ever in the 2020 school year. We got back to work as soon as the teachers did and impacted approximately 3,613 teachers with 76,800 cups of tea and 800 tins of rescue remedy!



Developed new and sustainable partnerships.

We brought all of our programs together under one umbrella:

- Gleaning for Good -
- HOPE Outreach Food Bank Garden/Davie -
- Community Garden
- The Caring Community Sprouts (TCC Sprouts) -
- Community Cookbook -



Harvested and delivered 15,165lbs of backyard fruit to food banks!

Obtained new partnership for community garden space, expanding our local food initiative.

THE CARING COMMUNITY OVERVIEW

Self-Care Stations	\$32,000
Community Gardens	Station Refills \$1,350 Spent
Admin/Operational Exp.	\$248.50
Gleaning For Good	\$0
The Caring Community Sprouts	\$0
Community Cookbook	\$0



2020 CALENDAR YEAR FINANCIALS

We spent only \$1,350 on our gardens due to the generosity of our partners and our community in providing plants, soils and seeds.

Our teachers program was fully funded by a direct grant!

The Caring Community is working to establish more partnerships and acquire more grants in the 2021!



TCC PROGRAMS

The Caring Community was proud to implement new programs to better support the local communities on their journey to develop better local food initiatives, sustainable businesses and controlling food waste.

GLEANNING FOR GOOD

Program Starting Year:
2017

Program Impact:
In 2020, 14,915 lbs of fresh food were delivered to food banks!

Katy Cain
Project Coordinator



Note: Katy Cain gets paid by SOSA as a coordinator

SELF-CARE STATIONS

Program Starting Year:
2018

Program Impact:
Impacted approximately 3,613 teachers with 76,800 cups of tea and 800 tins of rescue remedy!

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This Could Be You!
Project Manager



THE CARING COMMUNITY SPROUTS

Program Starting Year:
2020

Program Impact:
Helping community members start or supplement their small businesses with provided mentorship along the way!

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This Could Be You!
Project Manager



HOPE OUTREACH FOOD BANK

Program Starting Year:
2019

Program Impact:
In 2020, over 250 lbs of fresh food were delivered to food banks!

Alejandra Jeldrez
Project Manager



DAVIE COMMUNITY GARDEN

Program Starting Year:
2020

Program Impact:
The garden is being developed into a teaching garden and will also continue to provide food for the community

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This Could Be You!
Project Manager

SOUTH FLORIDA COMMUNITY COOKBOOK

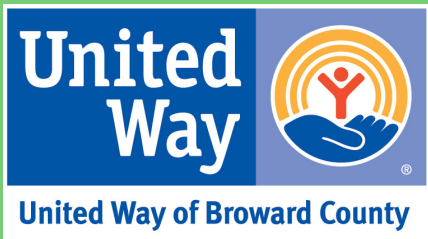
Program Starting Year:
2020

Program Impact:
Educating on the food readily available in our forests, easily grown environmentally and of the benefits of permaculture and Food Forestry.

Chrissy Hein
Project Manager

TCC PARTNERS

TCC would love to give a special thank you to every one of our partnerships that has helped us along the way. Without them, our programs would not have been possible.



- United Way of Broward County
- Employees Assistance Program
- Town of Davie Parks and Recreation
- Marando Farms
- Tree Amigos Growers
- Society of St. Andrew



TCC Leader Recognition



Cynthia Schaefer
The Caring Community
CEO



Kiana Raphael
The Caring
Community COO



Alejandra Jeldrez
Garden Manager



Katy Cain
S. Florida Area Coordinator
for SOSA



Chrissy Hein
Community Cookbook



Jessica Vella
Garden Manager



Aleena Hyatt
Social Media Director

Garden Volunteers

While this is by no means a complete list, we would like to acknowledge some of the gardeners that have shown up over and over to volunteer:

- Scott Holtzman
- Adriana Algeri
- Gerrit Stryker
- Geraldine Slomianski
- Jason Culberson
- Claire Measel
- Lee Ciccheli
- Stacey Smith
- Yuly Marin- and family
- Alexander Willow
- Aga Krekoria
- Aleena Hayatt- and family
- Chance -from RFVC
- Farrah- from RFVC
- Marsha Turner
- Lily
- Paola P
- Kathy Smith
- Erica
- Andre
- Jan Franko
- Jessica Valle- and family
- Katy Cain - and family

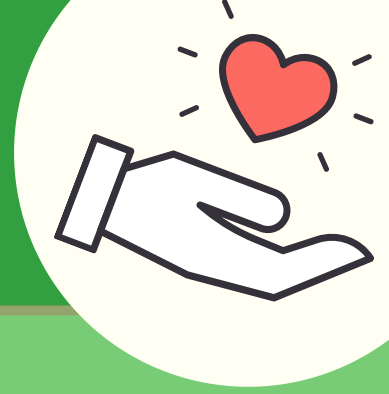


For their generous donations of plants and things:

- Tree Amigo Growers, Davie, FL
- Karim Rossy, Rare Fruit and Vegetable Council, Davie, FL
- Jason Pepe, Pepe's Plants, Davie, FL
- Little River Cooperative, Miami, FL



Self-Care Station Volunteers



To our volunteers who show up time and time again, we thank you from the bottom of our hearts. The Caring Community continues to grow because of you.



- Kristin Gunn
- Christina Reece
- Holly Golfarb-Reeves
- Megan Kelly
- Jaclyn Matus
- Donna Goins
- Linda Pizarro Crawford
- Geraldine Slomianski
- Gita Robb
- Michael Smith

- Leann Barber
- Jan Franko
- Yuly Martin
- Price Polynice
- Carmen Portner
- Stacey Smith
- Terry Spencer
- Tannia Mayorca
- Gisela Perez

Contact us today to see
how you can contribute
today!

Davie, Florida

954.546.3565

www.thecaringcommunity.love

thecaringcommunityinc@gmail.com