

EMERGENCY PREPAREDNESS KIT: 20 SUGGESTIONS

Don't wait until an emergency.
Plan ahead. Be prepared.

- Prescriptions and over-the-counter medications used often
- First Aid Kit
- Masks
- Gloves
- Thermometer
- Hand sanitizer & soap
- Disinfecting wipes & sanitizing products
- Frozen foods & non-perishables
- Bottled water
- Manual can opener
- Garbage bags
- List of important numbers
- Cash & important documents
- Eyeglasses
- Tool-kit: flashlight, wrench, screwdriver, lighter, duct tape
- Whistle (to signal for help)
- Ready to use electronics, chargers & hand crank radio
- Extra batteries
- Fire extinguisher
- Pet food

