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JANUARY 2026

LOVE HEALS

Message from the Founder

We are so excited for our Love Heals Youth Gala this week—Friday, January 23, 2026! This past year has brought tremendous growth in our ministry as we've deepened relationships and expanded our reach with orphanages across our community.

This gala is critical as we raise the funds needed to continue growing and to begin serving the orphanages currently on our waitlist. Thank you for your ongoing prayers, encouragement, and generous support—you are truly part of every life changed through LOVE.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Check out our new Events Calendar on the LHY website to find upcoming opportunities and the right contact info.

Check the calendar often—there's a perfect place for you to serve!
www.LoveHealsYouth.com/Events-Calendar



Current Impact

15,194 FREE Counseling Hours since January 2022
970 Clients Served since October 2022
23,690 Clothes Closet items given out since June 2023
589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Malaisha LHY Counselor of the Month

We are proud to recognize Malaisha as our Counselor of the Month! She is always ready to take on new endeavors and has quickly become an essential part of our team. Malaisha exemplifies dedication and heart. Her drive, resilience, and leadership make her a true role model for the youth we serve. We are so grateful for her commitment to LHY.



Meet Christina, LHY Volunteer of the Month

We are excited to recognize Christina as our Volunteer of the Month! Through her partnership with Woodforest Bank, Christina equips our youth with critical financial literacy skills in fun, engaging ways. Her enthusiasm, dedication, and heart for empowering youth leave a lasting impact, and we are so grateful.

Donor Spotlight

We are deeply grateful for the Heidmeyers and their generous hearts. They faithfully give their time, resources, and love to Love Heals Youth. They even regularly serve at our Day of Counseling. Their commitment reflects what it truly means to be the hands and feet of Jesus, and we are so thankful for their ongoing support of foster youth.



A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

The Power of LOVE Gala

JANUARY 23, 2026

Ticket are Now Available

LoveHealsYouth.com/2026-gala

Upcoming Events



What changes the story?

The statistics are sobering. More than 30% of youth who exit foster care have spent time in detention by age 17, and over 40% are incarcerated by age 20. Many call the child welfare system "a highway to homelessness," as it is the story for 30% of youth aging out. By age 17, nearly half have considered suicide.

But there is one thing proven to change the story: a consistent adult relationship. Someone who shows up and says, "I care, and I won't leave." That presence helps keep youth off the streets, find stability, purpose, and hope.

When you support Love Heals Youth, this is what you're supporting—relationships that truly heal and change lives.