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MAY 2025

LOVE HEALS

Message from the Founder

At Love Heals Youth, we believe love is the greatest gift we can give—and you are living proof of that. Your willingness to serve, your compassion, and your unwavering support are the foundation of our mission. Thank you for helping us show foster youth that they are seen, valued, and deeply loved.

Gratefully,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Clothes Closet-

Weekly opportunities

Contact Emma Newkirk
(309)215-5174

Love Heals Leaders-

Day of Counseling

05/26 10am-3pm

Current Impact

10,344 FREE Counseling Hours since January 2022
807 Clients Served since October 2022
16,351 Clothes Closet items given out since June 2023
507 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

We would like to extend a heartfelt THANK YOU to Perry Electric for their unwavering support of our mission and their incredible generosity in time, energy, and resources.



A Prayer for Strength

Father, strengthen foster youth to face the challenges of life with courage and resilience. Empower them with Your spirit.

"I can do all things through Christ who strengthens me."
(Philippians 4:13)

Counselor of the Month

Meet Angelia-

Her compassionate care, steady presence, and drive to grow make a powerful impact. Angelia goes above and beyond to support others with professionalism and heart. We're grateful for her positive attitude and unwavering support.



Volunteer of the Month

Meet Deborah-

Her dedication to Love Heals Youth shines as she uplifts each child at Love Heals Leaders (Day of Counseling)—making them feel truly seen, heard, and loved through every heartfelt interaction.



Upcoming Events

Concert for Love
Sunday
September 28, 2025



The Power of Love Gala
Friday
January 23, 2026



Let's Change the Statistics

We intervene early to teach healing and love, with the goal of changing children's lives and their future outcomes.



How LOVE truly heals...

At the April Love Heals Leaders- Day of Counseling, children came in with nothing but left overflowing—with clothes, Easter treats, and Welcome Home Bags. But it wasn't just the gifts. It was the love, safety, and connection poured into them. Their smiles said it all—they felt seen, valued, and deeply cared for in every way.





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JUNE 2025

LOVE HEALS



Message from the Founder

Thank you for choosing to be part of Love Heals Youth. Your support and dedication remind us that there is no such thing as too much love. Every act of kindness you extend helps us fulfill our mission of bringing hope, healing, and encouragement to foster youth. Together, we are changing lives, one heart at a time.

With endless gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Clothes Closet-

Weekly opportunities

Contact Emma Newkirk

(309)215-5174

- Host a donation drive for Welcome Home Bags
- Organize a clothing drive for our Clothes Closet

Love Heals Leaders-

Day of Counseling

06/30 10am-3pm

Current Impact

10,874 FREE Counseling Hours since January 2022

833 Clients Served since October 2022

16,582 Clothes Closet items given out since June 2023

511 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Amy LHY Counselor of the Month

Amy is a dedicated, compassionate counselor who consistently goes above and beyond for her clients and team. Her self-awareness, willingness to seek guidance, and commitment to professional growth make her an invaluable asset. Amy's dedication to quality care truly sets her apart.



Meet Debbie LHY Volunteer of the Month

Debbie is a passionate and generous volunteer who dedicates countless hours to serving our community in various ways. Through volunteering, she makes a meaningful impact at Love Heals Youth, where she plays a vital role in supporting our clothes closet. Thanks to her hard work, children in foster care are able to receive new clothing. We are incredibly thankful for her unwavering dedication and the difference she makes in so many lives.

Donor Spotlight

We're honored to recognize **The Woodlands Methodist Church** as our Donor of the Month! Beyond their annual support, they've also hosted drives to keep our Welcome Home Bags stocked with essentials like shampoo and towels for children in group homes.

We are incredibly grateful for the church leadership and the entire church family whose hearts are devoted to serving God's children. Your compassion and support make a lasting difference!



A Prayer for Belonging

Lord, place foster youth in homes where they feel loved and truly belong. Let them experience the warmth of family and community.

"God sets the lonely in families." (Psalm 68:6)

Upcoming Events

**Concert for Love
Sunday
September 28, 2025**



**The Power of Love Gala
Friday
January 23, 2026**



Let's Change the Statistics

This statistic resonates deeply with us, as we witnessed its impact firsthand this past month.



Foster Youth need your support...

In foster care, even basic needs can become barriers. One teen without a phone kept all her trusted contacts in a single school notebook. When she asked for another—to do her schoolwork—she was told no.

Foster youth are often denied personal belongings or duplicates of essentials. These small denials reflect a system that chips away at dignity and connection. This is why change is needed.

No child should have to choose between staying connected and doing their homework.



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JULY 2025

LOVE HEALS



Message from the Founder

There is no such thing as too much love, and you embody that truth every day. Thank you for helping Love Heals Youth fulfill its mission of serving foster youth with compassion, grace, and unconditional love. Your kindness creates ripples of hope that will last a lifetime.

With heartfelt appreciation,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Clothes Closet Spotlight

Volunteers are essential to our **Clothes Closet**, helping sort and organize donations for youth in foster care. Clothing goes beyond fabric—it restores dignity, builds confidence, and shows these kids **they matter**. Join us to make a powerful impact and help children feel valued and loved.

Contact- Emma Newkirk 309.215.5174

Current Impact

11,194 FREE Counseling Hours since January 2022
833 Clients Served since October 2022
16,653 Clothes Closet items given out since June 2023
517 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

Since our earliest days, Precision Homes has supported our mission with unwavering generosity. Their support helps create emotional refuge for youth in foster care. Their heart to care for the orphan shines in every effort, strengthening our mission to serve youth with dignity and care. We are grateful beyond words for the lasting difference they make!



A Prayer for Love

Lord, surround every foster child with Your unfailing love. Let them feel cherished and valued, knowing they are precious in Your sight.

"We love because He first loved us." (1 John 4:19)



Meet Jenna LHY Counselor of the Month

This month's honoree stands out for her commitment to learning, client care, and team support. Whether she's traveling hours to attend events or diving into new counseling theories, she continually seeks growth. Her dedication, compassion, and professionalism shine through in everything she does.



Meet Jackie LHY Volunteer of the Month

Our Volunteer of the Month brings a genuine heart for serving the community, especially youth in foster care. Her commitment to our clothes closet and collaboration with local partners strengthens our impact and mission.

Upcoming Events

Concert for Love
Sunday
September 28, 2025

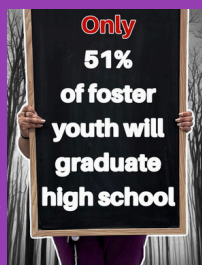


The Power of Love Gala
Friday
January 23, 2026



Let's Change the Statistics

As we look ahead to the upcoming school year, we're reminded of the educational barriers faced by youth in foster care. With strong community support, we can help change the statistics and create brighter futures for these young people.



The Long Road to Love & Healing...

One young client shared how she was adopted three times, only to be returned to the system each time. Each failed adoption deepened her wounds, leaving her unable to trust, love, or feel secure. Her belief that she'd finally found a home was shattered, leaving her to rebuild her sense of self over and over again.

Let's commit to being the steady presence these children need, helping transform pain into hope.



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AUGUST 2025

LOVE HEALS



Message from the Founder

From the bottom of my heart, thank you for being part of the Love Heals Youth family. Your generosity and servant hearts are changing lives. Together, we are proving that love has the power to heal, restore, and uplift. There is no such thing as too much love, and because of you, we are sharing that love in abundance.

With deepest gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Bringing Back the 10 Commandments

Through a powerful statewide partnership, we can provide legally compliant Ten Commandments posters for just \$1 each. With the school year starting soon, this is our chance to restore truth and values in schools. Join us — every dollar makes a difference!.

Visit our Facebook page to learn more about how you can get involved with this mission!



Current Impact

11,727 FREE Counseling Hours since January 2022
852 Clients Served since October 2022
18,279 Clothes Closet items given out since June 2023
532 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

Heather & Eric Lease have been generous supporters since Love Heals Youth first opened the doors! In addition to the financial support, Heather spends countless hours volunteering and helping to grow the outreach. We are so grateful for your dedication to the foster youth



A Prayer for Healing

Father, bring healing to the hearts of foster youth who have endured pain and loss. Restore their joy and heal their brokenness.

"He heals the brokenhearted and binds up their wounds." (Psalm 147:3)



Meet Amy LHY Counselor of the Month

We're excited to celebrate Amy as our Counselor of the Month! Amy's commitment to teamwork, reliability, and growth in the counseling field consistently inspires those around her. Her dedication to clients and coworkers makes her an invaluable part of our team.



Volunteer of the Month: Conroe/Lake Conroe Chamber

The Conroe/Lake Conroe Chamber of Commerce humbly and generously served in our clothes closet, helping sort through donations and nearly clearing our inventory. Their loving hearts and willingness to serve have been such a blessing to vulnerable children in our community.

Upcoming Events

Concert for Love
Sunday
September 28, 2025
Live Music, Shopping, & Fellowship

The Power of Love Gala
Friday
January 23, 2026

Let's Change the Statistics

There are over 30,000 children in the Texas Foster Care System. To put that in perspective, that is enough to fill The Cynthia Woods Mitchell Pavilion AND Toyota Center — and still not have enough seats. This is why our mission matters. Together, we are restoring healing, hope, and Christ-centered values to those who are too often neglected and forgotten.

How LOVE truly heals...

We're thrilled to introduce a new financial literacy segment in our monthly counseling days! Through hands-on lessons in saving, spending, and investing — paired with real-life practice in our Clothes Closet — we're equipping youth with essential life skills. This preparation empowers independence and shows that love truly heals, strengthens, and equips youth for lifelong success.





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SEPTEMBER 2025

LOVE HEALS



Message from the Founder

At Love Heals Youth, we see miracles happen every time you step up to serve. Your dedication and compassion bring light to foster youth who need it most. Thank you for helping us fulfill our mission and for showing the world that love is limitless. There is truly no such thing as too much love.

With all my gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Looking for a way to make an impact? Your church or organization can partner with Love Heals Youth by hosting supply drives, serving meals at our counseling days, and covering our mission in prayer. Get your church involved today—contact Emma or Rebecca to learn more about upcoming opportunities!

Current Impact

12,614 FREE Counseling Hours since January 2022
878 Clients Served since October 2022
20,009 Clothes Closet items given out since June 2023
548 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

Woodforest Bank is a steadfast partner in our mission, consistently supporting Love Heals Youth. Their generosity helps fund special initiatives, meet urgent needs, and create opportunities for foster youth. We are deeply grateful—our work wouldn't be possible without their commitment and care.



A Prayer for Peace

Jesus, fill foster youth with Your peace, even in the midst of uncertainty. Calm their fears and remind them You are always with them.

"Peace I leave with you; my peace I give you."
(John 14:27)



Meet Chianti, LHY Counselor of the Month

Congratulations to Chianti, our Counselor of the Month! She has stepped up in big ways, taking on many responsibilities, volunteering in extra areas, and embracing growth with grace, flexibility, and a heart for teamwork.



Meet Patricia, LHY Volunteer of the Month

We are grateful for Patricia from Woodforest Bank, whose dedication to LHY helped make the school supply drive a success. Her support and coordination helped ensure foster youth received the supplies they needed for school success.

Upcoming Events

The Power of
LOVE *Gala*

JANUARY 23, 2026
Ticket are Now Available
LoveHealsYouth.com/2026-gala

Let's Change the Statistics

There are **over 500** children in foster care right here in Montgomery County — each one deserving stability, love, and hope. Together, we can change this story by showing up, supporting, and standing with these youth.

How LOVE truly heals...

We are thrilled to share that our September Love Builds Leaders-Day of Counseling was a huge success, with over 100 youth, counselors, and volunteers in attendance! The day was filled with therapeutic activities, free shopping, homemade meals, new school supplies, prizes, and—most importantly—love. Our team ensured every youth felt seen, heard, and cared for.



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OCTOBER 2025

LOVE HEALS



Message from the Founder

The incredible work we do at Love Heals Youth would not be possible without you. Thank you for giving your time, your heart, and your love to this mission. Your care and compassion are proof that love is boundless—and there can never be too much of it.

Forever grateful,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Upcoming Dates for Clothes Closet sorting:

- October 16 • November 4
- October 21 • November 13
- October 30 • November 28



We are still collecting donations!! Please keep us in mind as you clean out closets this fall.

Current Impact

12,944 FREE Counseling Hours since January 2022
899 Clients Served since October 2022
20,124 Clothes Closet items given out since June 2023
553 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

We recognize The Woodlands Chamber for donating notebooks, supporting our Rewrite Your Story initiative, and empowering foster youth's growth.



A Prayer for Provision

Lord, provide for every need of foster youth—physically, emotionally, and spiritually. Open doors for them to receive the care and support they need.

"And my God will meet all your needs according to the riches of His glory in Christ Jesus."
(Philippians 4:19)



Meet Trish, LHY Counselor of the Month

We're proud to recognize Trish as our Counselor of the Month! She goes above and beyond for both her clients and team, offering resources, compassion, and support while modeling true professionalism and heart in her work.



Conroe Junior Cotillion, Volunteer of the Month

We proudly recognize Conroe Junior Cotillion for their vital support at Concert 4 Love. From assisting vendors to helping with the venue, their teamwork ensured a smooth, successful day. We couldn't have done it without them!

Upcoming Event:

The Power of
LOVE *Gala*

JANUARY 23, 2026
Ticket are Now Available
LoveHealsYouth.com/2026-gala

Healing in Action

Our programs achieve a 40–50% reduction in anger, depression, and anxiety among foster youth.



This is Proof ...

Concert 4 Love was filled with joy, connection, and hope. Six group homes joined us, and the excitement was contagious as youth reunited with counselors, volunteers, and each other. A former foster youth, now giving back, shared honestly: "They didn't have anything like this when I was in CPS." Her words highlighted the truth—Love Heals Youth is creating new opportunities, support, and experiences these kids have never had before.

....**LOVE** heals youth!



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NOVEMBER 2025

LOVE HEALS



Message from the Founder

Thank you for joining us in this journey to bring hope and healing to foster youth. Your support fuels our mission and reminds us that love truly has no limits. Together, we are creating a world where every child knows they are cherished. There is no such thing as too much love, and because of you, we are sharing it abundantly.

With love and gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Clothes Closet-

Weekly opportunities

Contact Emma Newkirk

(309)215-5174

- Host a donation drive for Welcome Home Bags
- Organize a clothing drive for our Clothes Closet

Love Builds Leaders-

Day of Counseling

11/24 10am-3pm

Current Impact

12,945 FREE Counseling Hours since January 2022
899 Clients Served since October 2022
20,564 Clothes Closet items given out since June 2023
567 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Meet Mari LHY Counselor of the Month



Mari has been a dedicated member of our team for years, always ready to help and support others. This month, she's shown tremendous growth by bravely stepping into a new role supervising interns. Her teamwork, consistency, and heart make her an incredible asset to our mission.

Meet Mark LHY Volunteer of the Month



Mark consistently shows up with dedication, heart, and a willingness to serve wherever needed. He's often one of the first to arrive and the last to leave, ensuring our Day of Counseling runs smoothly. His passion for the LHY mission shines through in all he does. We also want to recognize his wife, Stephanie, who serves faithfully alongside him. Together, they embody the true heart of service, and we're endlessly grateful for both of them.

Donor Spotlight

We are so grateful to recognize our Donor of the Month, Waste Connections, whose continued generosity has been such a blessing to Love Heals Youth. Their faithful support has helped us grow our mission, reach more foster youth, and bring hope and healing where it's needed most!



WASTE CONNECTIONS
Connect with the Future

A Prayer for Hope

God, fill foster youth with hope for their future. Remind them that You have good plans for their lives and that brighter days are ahead.

"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." (Jeremiah 29:11)

Upcoming Events

The Power of
LOVE *Gala*

JANUARY 23, 2026

Ticket are Now Available

LoveHealsYouth.com/2026-gala

Let's Change the Statistics

Research shows that consistent, caring relationships are the greatest protective factor a foster youth can have.



More homes are asking for our help—join us in growing this mission so every youth can experience healing, hope, and lasting connection.

How LOVE truly heals...

Sometimes, the most powerful proof that Love Heals comes from those who see the difference firsthand. Recently, a caregiver who had partnered with us at one group home moved to another—and one of her first calls was to Love Heals Youth. She wanted her new home connected to our services: counseling, Welcome Home Bags, and Day of Counseling.

To us, that speaks volumes. It shows that the difference we make is real—caregivers notice the change in their youth. We are building consistent, healing relationships that reduce anger, depression, and anxiety. These ongoing connections are more than programs—they're the protective factor that gives foster youth hope, stability, and the courage to keep moving forward.



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DECEMBER 2025

LOVE HEALS

Message from the Founder

This Christmas season, I am reminded of the incredible gift that love truly is. At Love Heals Youth, we see the magic of love in action every day because of people like you. Your generosity, compassion, and willingness to serve bring hope and joy to foster youth who need it most.

As we celebrate this season of giving, I want to thank you for helping us fulfill our mission. Together, we are showing these children that there is no such thing as too much love—and that they are never forgotten.

May your holiday season be filled with peace, joy, and the same love you so freely give to others. Merry Christmas and thank you for making this world a brighter place!

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Check out our **new Events Calendar** on the **LHY website** to find upcoming opportunities and the right contact info.

Check the calendar often—there's a perfect place for you to serve!
www.LoveHealsYouth.com/Events-Calendar



Current Impact

12,944 FREE Counseling Hours since January 2022
947 Clients Served since October 2022
22,400 Clothes Closet items given out since June 2023
584 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Christa LHY Counselor of the Month

Christa consistently goes above and beyond—supporting her clients with compassion and uplifting everyone on the team. Her dedication, teamwork, and heart for our mission shine in everything she does. We are truly grateful for her commitment to Love Heals Youth and the youth we serve.



Meet Covenant Church Women's Bible Study LHY Volunteer of the Month

We are thrilled to recognize the Covenant Church Bible Study for collecting three carloads of items for our Welcome Home Bags. Their generosity has blessed our youth in incredible ways, and we love their heart for God's children. We're also excited to have them serve at our upcoming gala!

Donor Spotlight

We are grateful to **Liberty Belles Republican Women** for their generous support of Love Heals Youth. Their time, financial gifts, and heartfelt partnership help us reach more foster youth with counseling, resources, and hope. Thank you, Liberty Belles, for believing in our mission and making a real difference!



A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

Upcoming Events



The Power of
LOVE *Gala*

JANUARY 23, 2026
Ticket are Now Available
LoveHealsYouth.com/2026-gala

How LOVE truly heals...

Love heals when a community comes together. Through Sleigh the Season, our community is providing meaningful gifts for over 230 individuals in the foster care system, many living in group homes right here in our area.

For youth who have experienced loss and uncertainty, a gift is more than an item—it's a reminder they are seen, valued, and not forgotten. Dozens of volunteers from Tesla and Love Heals Youth will be delivering these gifts on December 24th to over 20 group homes in our area! This is what it looks like when love truly heals.