JANUARY 2026

LOVE HEALS

Message from the Founder



We are so excited for our Love Heals Youth Gala this week—Friday, January 23, 2026! This past year has brought tremendous growth in our ministry as we've deepened relationships and expanded our reach with orphanages across our community.

This gala is critical as we raise the funds needed to continue growing and to begin serving the orphanages currently on our waitlist. Thank you for your ongoing prayers, encouragement, and generous support—you are truly part of every life changed through LOVE.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor

Volunteer Opportunities

Check out our **new Events Calendar on the LHY website** to find upcoming opportunities and the right contact info.

Check the calendar often—there's a perfect place for you to serve!

www.LoveHealsYouth.com/Events-Calendar

Current Impact

15,194 FREE Counseling Hours since January 2022
970 Clients Served since October 2022
23,690 Clothes Closet items given out since June 2023
589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

We are deeply grateful for the Heidemeyers and their generous hearts. They faithfully give their time, resources, and love to Love Heals Youth. They even regularly serve at our Day of Counseling. Their commitment reflects what it truly means to be the hands and feet of Jesus, and we are so thankful for their ongoing support of foster youth.



A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)



Meet Malaisha LHY Counselor of the Month

We are proud to recognize Malaisha as our Counselor of the Month! She is always ready to take on new endeavors and has quickly become an essential part of our team. Malaisha exemplifies dedication and heart. Her drive, resilience, and leadership make her a true role model for the youth we serve. We are so grateful for her commitment to LHY.



Meet Christina, LHY Volunteer of the Month

We are excited to recognize Christina as our Volunteer of the Month! Through her partnership with Woodforest Bank, Christina equips our youth with critical financial literacy skills in fun, engaging ways. Her enthusiasm, dedication, and heart for empowering youth leave a lasting impact, and we are so grateful.

The Power of LOVE Gala

JANUARY 23, 2026
Ticket are Now Available
LoveHealsYouth.com/2026-gala

Upcoming Events

What changes the story?

The statistics are sobering. More than 30% of youth who exit foster care have spent time in detention by age 17, and over 40% are incarcerated by age 20. Many call the child welfare system "a highway to homelessness," as it is the story for 30% of youth aging out. By age 17, nearly half have considered suicide.

But there is one thing proven to change the story: a consistent adult relationship. Someone who shows up and says, "I care, and I won't leave." That presence helps keep youth off the streets, find stability, purpose, and hope.

When you support Love Heals Youth, this is what you're supporting—relationships that truly heal and change lives.

FEBRUARY 2026

LOVE HEALS

Message from the Founder

From the bottom of my heart—thank you. Our recent Love Heals Youth Gala was nothing short of extraordinary. For the second year in a row, the event sold out, and it was a powerful reminder of what happens when a community shows up in love.

The night opened with a moving message and candlelight vigil that set the tone for an evening filled with truth, testimony, and hope. We heard from board members and counselors whose stories reflect the very heart of our mission, and we were inspired by an unforgettable live performance from speed painter Tom Varano. God's presence was undeniable. The Holy Spirit filled the room, and many guests shared how deeply moved they felt.

Because of your generosity, we exceeded our fundraising goal and welcomed new volunteers into our growing grassroots movement. There truly is no such thing as too much love—and this gala helped secure the future of Love Heals Youth as we continue to expand our outreach.

With more than 30 orphanages, four organizations serving aged-out foster youth, six homeless shelters, and multiple partner nonprofits requesting Love Heals Youth mental health services, the work before us is great—and so is the calling.



I invite you to continue this journey with us. Please consider getting involved, volunteering, or supporting Love Heals Youth so our most vulnerable know they are seen, valued, and deeply loved. Above all, please pray—for protection, provision, and that the hearts of those we serve would be drawn closer to our Lord.

Through love, we heal.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor

Volunteer Opportunities

Our donations are full again! We need volunteers to sort clothes and restock our Clothes Closet. Visit our Upcoming Events calendar to help!

Current Impact

15,194 FREE Counseling Hours since January 2022
970 Clients Served since October 2022
23,690 Clothes Closet items given out since June 2023
589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Tiffany, LHY Counselor of the Month

We are excited to recognize Tiffany as our Counselor of the Month! She is determined, dedicated, and highly respected by her peers. Her commitment and professionalism make her a valued part of our team.



Meet Sarah, LHY Volunteer of the Month

We are grateful for Sarah, an incredible volunteer who serves faithfully as a board member, gala committee member, and more giving her time in countless ways throughout the year. Her heart for service and meaningful impact truly strengthens our mission.

Donor Spotlight

We are grateful to recognize Laura Sweatt as our Donor of the Month! Her generosity and heart for giving back to foster youth help make our mission possible. Through her support, we are able to provide counseling, resources, and meaningful opportunities that bring hope and healing to the lives of the youth we serve. We are truly thankful for her partnership and compassion.



A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

Upcoming Events

HOP-STOP Easter Egg Hunt
APRIL 4TH
2-5 PM

A PLACE TO CALL HOME
EXCLUSIVE EVENT
03/26/26 | 5:30PM-8PM

Love in Action...

At 9:00 a.m. the morning after our Gala, several group homes called us with an urgent need—winter coats for the freezing temperatures ahead. Unsure how severe the cold would be, they reached out for help. Within hours, our team dropped everything and went into action. By the end of the day, 49 winter coats had been delivered to several group homes across our community.

It wasn't planned, and it wasn't easy—but it was love in motion. In moments of crisis, Love Heals Youth shows up to keep kids warm, supported, and reminded they are never alone.

MARCH 2026

LOVE HEALS

Message from the Founder

Three years ago, Love Heals Youth was simply a vision placed on my heart — a calling to bring counseling, leadership, and the healing power of love to foster youth living in orphanages. Today, I am overwhelmed with gratitude at what God has done.

In just three short years, our organization has experienced 260% growth — expanding our service hours from 1,500 in 2022 to 5,400 in 2025 as the demand for our services continues to surge. What began as a small outreach has grown into a movement of love, leadership, and restoration.
And now... we are stepping into the next chapter.

We have officially launched our Capital Campaign to find a permanent home for Love Heals Youth. Currently, we host our monthly Leadership Series with tremendous effort — setting up, tearing down, and transforming borrowed spaces into places of belonging. But with 33 orphanages now connected to LHY, we know it is time to build something lasting. A permanent home will allow us to open our Leadership Series to all 33 orphanages consistently, expand our counseling services, house our mobile clothes closet, and create a space where foster youth truly feel seen, known, and valued.

This campaign is about more than walls and a roof. It is about building a house of hope.



"By wisdom a house is built, and through understanding it is established; through knowledge its rooms are filled with rare and beautiful treasures." Proverbs 24:3-4

I am filled with excitement and faith as we move forward. God has been faithful every step of the way — and I know He is guiding this next step as well.

Thank you for standing with us. Thank you for believing that through LOVE, we HEAL. And thank you for helping us build a home where healing can flourish for generations to come.

With heartfelt gratitude,
Rebecca Smith-Nash, Founder & CEO
Licensed Professional Counselor & Supervisor

Volunteer Opportunities



Our donations are full again!
We need volunteers to sort clothes & restock our Clothes Closet. Visit our Upcoming Events calendar to help!

Current Impact

15,194 FREE Counseling Hours since January 2022
970 Clients Served since October 2022
23,690 Clothes Closet items given out since June 2023
589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Jamie, LHY Counselor of the Month

We are excited to recognize Jamie as our Counselor of the Month! Jamie consistently demonstrates compassion, professionalism, and a heart for youth. Jamie continues to make a meaningful difference in the lives of our clients and our team.



Meet Rachel, LHY Volunteer of the Month

We are grateful to recognize our Rachel for faithfully leading our Welcome Home Bags initiative. From sorting and organizing donations to thoughtfully filling each bag, they ensure every youth receives the essentials they need!

Donor Spotlight

CRASHCHAMPIONS
COLLISION REPAIR TEAM

We are proud to recognize Crash Champions as our Donor of the Month. Their generosity and community-minded spirit help make our mission possible. Through their support, we are able to provide counseling, essential resources, and meaningful opportunities to foster youth. We are grateful for their partnership and commitment to making a lasting difference.

A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

Upcoming Events

CONCERT FOR HOPE

SPRING CONCERT SERIES AT
MARKET STREET IN
THE WOODLANDS
APRIL 16TH AT 5:45PM



At our most recent Day of Counseling, we handed out 20 Welcome Home Bags to youth in group homes. Each bag was thoughtfully packed with essentials—items many of them didn't have when they first entered care.
But these bags are more than supplies. They are a reminder that someone thought ahead, prepared for them, and cares about their dignity. For youth who have experienced constant transition, that gesture matters.
Sometimes love looks simple. Sometimes it looks like a bag filled with care.
At our next day of counseling we anticipate giving out 30 more bags. We need your help to refill supplies! Visit our Facebook page to find our Amazon wishlist.

APRIL 2026

LOVE HEALS

Message from the Founder

As I reflect on this season at Love Heals Youth, I am overwhelmed with gratitude for what we are building together-and the lives being changed because of your support.

Over the past three years, we have experienced an incredible 260% growth in services. What began as a small effort to reach foster youth has expanded into a movement of consistent, meaningful care for some of the most vulnerable young people in our community.

Today, Love Heals Youth is providing some level of services in 33 congregate care facilities-modern-day orphanages--along with 6 aged-out foster care programs and 6 homeless shelters. In addition, our mobile clothes closet and outreach efforts are now supporting 10+ other organizations, helping meet tangible needs while opening the door for deeper healing.

This growth is both a blessing and a responsibility. As more youth and organizations reach out for support, it has become clear that we need a place to call our own- centralized home where healing, leadership, and connection can happen consistently.

As we continue to grow, we have launched our Coming Home Campaign to establish a permanent home for Love Heals Youth-a place where healing, leadership, and connection can happen consistently.



We would love to share this vision with you in a more personal way. If you are interested in learning more about the Coming Home Campaign or how you can be part of this next chapter, I would be honored to connect.

Through love, we heal.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor

Volunteer Opportunities



Our donations are full again! We need volunteers to sort clothes and restock our Clothes Closet. Visit our Upcoming Events calendar to help!

www.LoveHealsYouth.com/events-calendar

Current Impact

15,194 FREE Counseling Hours since January 2022
970 Clients Served since October 2022
23,690 Clothes Closet items given out since June 2023
589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.
www.LoveHealsYouth.com/our-impact-1

Meet Tricia, LHY Counselor of the Month



We are proud to recognize Tricia as our Counselor of the Month! She consistently goes above and beyond for Love Heals Youth, taking initiative and serving in ways that extend beyond counseling. Tricia is eager to learn and grow in her role. Her heart for service make her a valuable part of our team.

Meet Donna, LHY Volunteer of the Month



We are grateful to recognize Donna as our Volunteer of the Month! She faithfully serves in our Clothes Closet, helping sort and prepare items so youth can shop. Her consistency reflects a deep commitment to our mission, and her care makes a meaningful impact in the lives of the kids we serve.

Donor Spotlight

We are proud to recognize New Era as our Donor of the Month. Their generosity and commitment to giving back make a meaningful impact in the lives of foster youth. Through their support, we are able to provide counseling, resources, and opportunities that bring hope and healing. We are grateful for their partnership in furthering the mission of Love Heals Youth.

A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

Upcoming Events

Concert for Hope
April 16th
5:45pm-7:00pm
The Lawn at Market Street
9595 Six Pines Drive, The Woodlands, TX



PRAYER GATHERING



Northshore Park
2505 Lake Woodlands Dr
April 24, 2026
7:30-8:30am

Love in Action...

In our new Leadership Gift Shop, youth "shop" using bucks earned through our financial literacy program—choosing items like crafts, stuffed animals, and beauty products. Last month, two boys didn't have enough to get the cologne they liked. Instead of walking away, they chose to combine their "leadership bucks" and share one bottle.

It was a simple, tender moment—but powerful. These aren't problematic kids—they are kids who need opportunities to practice generosity, kindness, and connection. And when given the chance, they rise to it.

MAY 2026

LOVE HEALS

Message from the Founder

From the bottom of my heart—thank you. Our recent Love Heals Youth Gala was nothing short of extraordinary. For the second year in a row, the event sold out, and it was a powerful reminder of what happens when a community shows up in love.

The night opened with a moving message and candlelight vigil that set the tone for an evening filled with truth, testimony, and hope. We heard from board members and counselors whose stories reflect the very heart of our mission, and we were inspired by an unforgettable live performance from speed painter Tom Varano. God's presence was undeniable. The Holy Spirit filled the room, and many guests shared how deeply moved they felt.

Because of your generosity, we exceeded our fundraising goal and welcomed new volunteers into our growing grassroots movement. There truly is no such thing as too much love—and this gala helped secure the future of Love Heals Youth as we continue to expand our outreach.

With more than 30 orphanages, four organizations serving aged-out foster youth, six homeless shelters, and multiple partner nonprofits requesting Love Heals Youth mental health services, the work before us is great—and so is the calling.



I invite you to continue this journey with us. Please consider getting involved, volunteering, or supporting Love Heals Youth so our most vulnerable know they are seen, valued, and deeply loved. Above all, please pray—for protection, provision, and that the hearts of those we serve would be drawn closer to our Lord.

Through love, we heal.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor

Volunteer Opportunities



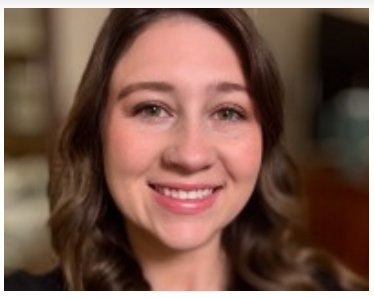
May is National Foster Care Month! If you feel called to serve this month please visit our Upcoming Events calendar to help!

www.LoveHealsYouth.com/events-calendar

Current Impact

15,194 FREE Counseling Hours since January 2022
1,029 Clients Served since October 2022
31,112 Clothes Closet items given out since June 2023
758 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.
www.LoveHealsYouth.com/our-impact-1



Meet Eden, LHY Counselor of the Month

Eden engages groups with creativity and purpose, bringing topics to life in meaningful ways. She has been a go-getter from the start. Her ambition to learn, grow, and make the most of every opportunity makes her a strong and impactful member of our team.



Meet Heather, LHY Volunteer of the Month

We are grateful to recognize Heather as our Volunteer of the Month! Her faithful service and countless hours spent behind the scenes in our Clothes Closet help ensure every youth has access to the items they need. Her dedication and willingness to serve make a meaningful difference in the lives of the youth we serve.

Donor Spotlight

We are grateful for our Donor of the Month: Walden Community Church. Through their support, we are able to continue providing counseling, resources, and opportunities that bring hope and healing. We are truly thankful for their partnership in advancing the mission of Love Heals Youth.

WALDEN
COMMUNITY CHURCH

A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)

Upcoming Events

CONCERT 4 LOVE



September 27, 2026

2:00pm-4:00pm

The Table at Madeley

Changing the Statistics

Far too many youth aging out of foster care face incarceration, homelessness, and hopelessness—**but research shows one relationship can change everything.** Join us in growing this mission—because **every child deserves someone who shows up, stays, and helps rewrite their story.**

Love in Action: Prayer Gathering

Last month, our prayer warriors gathered in the quiet of the morning to lift up the heartfelt requests of the youth we serve—prayers for healing, family, and the hope of going home. It was an intimate and emotional time, meaningful for all who attended.

We don't know if these children have someone praying for them, which makes it an honor to hold their requests and intercede on their behalf. With faith, we brought each need before God—trusting Him to restore, protect, and move in ways we cannot see.

JUNE 2026

LOVE HEALS

Message from the Founder

Love Heals Youth is excited for all that is ahead as we continue serving foster youth in congregate care facilities, aged-out youth, and young people in crisis through counseling, leadership events, basic needs, and consistent love and support.

We are especially looking forward to our upcoming Concert for Love on Sunday, September 27, 2026, a special community event created to celebrate and support the foster youth we serve. It is an opportunity for our community to show up, cheer them on, and remind them they are no longer forgotten.

We are also thrilled to announce that beginning Thursday, October 15, 2026, Love Heals Youth will launch a weekly church service created specifically for our foster youth. This one-of-a-kind service will be held every Thursday and will give the children a consistent place to worship, belong, and experience the love of Christ.



If you would like to get involved and help bring these special events to life, please reach out.

Through love, we heal.

With heartfelt gratitude,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor

Volunteer Opportunities



Our donations are full again! We need volunteers to sort clothes and restock our Clothes Closet. Visit our Upcoming Events calendar to help!

www.LoveHealsYouth.com/events-calendar

Current Impact

18,903 FREE Counseling Hours since January 2022
1,064 Clients Served since October 2022
32,752 Clothes Closet items given out since June 2023
777 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.
www.LoveHealsYouth.com/our-impact-1

Donor Spotlight

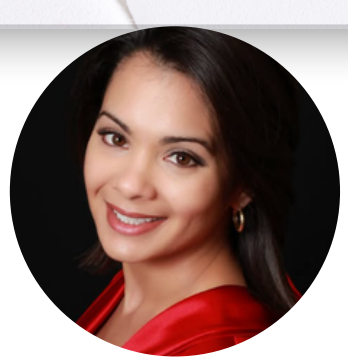
We are grateful to the Ladies Association of Walden for being champions of the Love Heals Youth mission. Through inviting us to speak, helping raise awareness, and so much more, they continue to support foster youth in meaningful ways. Their encouragement, generosity, and heart for our mission make a lasting impact, and we are so thankful for their partnership.

Ladies Association of Walden
Established 1980

A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

"For He will command His angels concerning you to guard you in all your ways." (Psalm 91:11)



Meet Michelle, LHY Counselor of the Month

We are proud to recognize Michelle as our Counselor of the Month! Michelle is thoughtful, dependable, and always on top of things when it comes to supporting her clients. Her care, attention to detail, and commitment to providing excellent support make her a valued part of our team!



Meet Shane & Stephen, LHY Volunteers of the Month

They have been serving our foster youth since the very beginning of Love Heals Youth and are well-versed in almost every volunteer role. If you join us at a Leadership Event, don't be surprised if two of our youngest volunteers are the ones giving you instructions! Thank you, Shane and Stephen, for your faithful hearts and love for our foster youth.

Upcoming Events

CONCERT 4 LOVE

September 27, 2026

PRAYER GATHERING

June 26, 2026

Changing the Statistics

Only 3–4% of youth aging out of foster care earn a four-year college degree—but consistent support and opportunity can help change that story.
Join us in growing this mission—because **every child deserves someone who shows up, stays, and helps rewrite their story.**

Love in Action...

At our last Leadership event, after lunch, visiting the gift shop, Clothes Closet shopping, and handing out Mental Health Kits, one girl quietly asked, "Miss... are y'all closing down?" Confused, our counselor asked why she thought that. The girl responded, "Because you're giving everything away."

Seeing youth. who often have very few belongings, leave with arms full of clothes, stuffed animals, books, devotionals, and handwritten encouragement reminds us how powerful it is when a community comes together to love children well. The Leadership event is truly something special to witness.