



LOVE HEALS



Message from the Founder

Three years ago, Love Heals Youth was simply a vision placed on my heart — a calling to bring counseling, leadership, and the healing power of love to foster youth living in orphanages. Today, I am overwhelmed with gratitude at what God has done.

In just three short years, our organization has experienced 260% growth — expanding our service hours from 1,500 in 2022 to 5,400 in 2025 as the demand for our services continues to surge. What began as a small outreach has grown into a movement of love, leadership, and restoration. And now... we are stepping into the next chapter.

We have officially launched our Capital Campaign to find a permanent home for Love Heals Youth. Currently, we host our monthly Leadership Series with tremendous effort — setting up, tearing down, and transforming borrowed spaces into places of belonging. But with 33 orphanages now connected to LHY, we know it is time to build something lasting. A permanent home will allow us to open our Leadership Series to all 33 orphanages consistently, expand our counseling services, house our mobile clothes closet, and create a space where foster youth truly feel seen, known, and valued.

This campaign is about more than walls and a roof. It is about building a house of hope.

“By wisdom a house is built, and through understanding it is established; through knowledge its rooms are filled with rare and beautiful treasures.” Proverbs 24:3-4

I am filled with excitement and faith as we move forward. God has been faithful every step of the way — and I know He is guiding this next step as well.

Thank you for standing with us. Thank you for believing that through LOVE, we HEAL. And thank you for helping us build a home where healing can flourish for generations to come.

With heartfelt gratitude,
Rebecca Smith-Nash, Founder & CEO
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Our donations are full again!
We need volunteers to sort clothes & restock our Clothes Closet. Visit our Upcoming Events calendar to help!



Current Impact

- 15,194 FREE Counseling Hours since January 2022
- 970 Clients Served since October 2022
- 23,690 Clothes Closet items given out since June 2023
- 589 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.



Meet Jamie, LHY Counselor of the Month

We are excited to recognize Jamie as our Counselor of the Month! Jamie consistently demonstrates compassion, professionalism, and a heart for youth. Jamie continues to make a meaningful difference in the lives of our clients and our team.



Meet Rachel, LHY Volunteer of the Month

We are grateful to recognize our Rachel for faithfully leading our Welcome Home Bags initiative. From sorting and organizing donations to thoughtfully filling each bag, they ensure every youth receives the essentials they need!

Donor Spotlight



CRASHCHAMPIONS
COLLISION REPAIR TEAM

We are proud to recognize Crash Champions as our Donor of the Month. Their generosity and community-minded spirit help make our mission possible. Through their support, we are able to provide counseling, essential resources, and meaningful opportunities to foster youth. We are grateful for their partnership and commitment to making a lasting difference.

A Prayer for Protection

Heavenly Father, watch over foster youth and protect them from harm. Surround them with Your angels and keep them safe.

“For He will command His angels concerning you to guard you in all your ways.” (Psalm 91:11)

Upcoming Events

CONCERT FOR HOPE

SPRING CONCERT SERIES AT
MARKET STREET IN
THE WOODLANDS
APRIL 16TH AT 5:45 PM



At our most recent Day of Counseling, we handed out 20 Welcome Home Bags to youth in group homes. Each bag was thoughtfully packed with essentials—items many of them didn’t have when they first entered care.

But these bags are more than supplies. They are a reminder that someone thought ahead, prepared for them, and cares about their dignity. For youth who have experienced constant transition, that gesture matters.

Sometimes love looks simple. Sometimes it looks like a bag filled with care.

At our next day of counseling we anticipate giving out 30 more bags. We need your help to refill supplies! Visit our Facebook page to find our Amazon wishlist.