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OCTOBER 2025

LOVE HEALS



Message from the Founder

The incredible work we do at Love Heals Youth would not be possible without you. Thank you for giving your time, your heart, and your love to this mission. Your care and compassion are proof that love is boundless—and there can never be too much of it.

Forever grateful,
Rebecca Smith-Nash
Licensed Professional Counselor & Supervisor



Volunteer Opportunities

Upcoming Dates for Clothes Closet sorting:

- October 16 • November 4
- October 21 • November 13
- October 30 • November 28



We are still collecting donations!! Please keep us in mind as you clean out closets this fall.

Current Impact

12,944 FREE Counseling Hours since January 2022
899 Clients Served since October 2022
20,124 Clothes Closet items given out since June 2023
553 Welcome Home Bags Delivered since 2022

For DAILY updates for our impact please visit our website.

Donor Spotlight

We recognize The Woodlands Chamber for donating notebooks, supporting our Rewrite Your Story initiative, and empowering foster youth's growth.



A Prayer for Provision

Lord, provide for every need of foster youth—physically, emotionally, and spiritually. Open doors for them to receive the care and support they need.

"And my God will meet all your needs according to the riches of His glory in Christ Jesus."
(Philippians 4:19)



Meet Trish, LHY Counselor of the Month

We're proud to recognize Trish as our Counselor of the Month! She goes above and beyond for both her clients and team, offering resources, compassion, and support while modeling true professionalism and heart in her work.



Conroe Junior Cotillion, Volunteer of the Month

We proudly recognize Conroe Junior Cotillion for their vital support at Concert 4 Love. From assisting vendors to helping with the venue, their teamwork ensured a smooth, successful day. We couldn't have done it without them!

Upcoming Event:

The Power of
LOVE *Gala*

JANUARY 23, 2026
Ticket are Now Available
LoveHealsYouth.com/2026-gala

Healing in Action

Our programs achieve a 40–50% reduction in anger, depression, and anxiety among foster youth.



This is Proof ...

Concert 4 Love was filled with joy, connection, and hope. Six group homes joined us, and the excitement was contagious as youth reunited with counselors, volunteers, and each other. A former foster youth, now giving back, shared honestly: "They didn't have anything like this when I was in CPS." Her words highlighted the truth—Love Heals Youth is creating new opportunities, support, and experiences these kids have never had before.

....**LOVE** heals youth!