

Love Heals YOUTH

2022 IMPACT SNAPSHOT/ANNUAL REPORT



Introduction

Message from our Founder

When a community comes together, mountains will move. Love Heals Youth has been able to make a huge difference for hundreds of youth through the support and assistance from the citizens of Montgomery County. We are excited to give a snapshot of the impact we made together, with you, in 2022.



Contents

Introduction
Meet the Team
Mission
Who We Serve
Uvalde
Service Projects
The Numbers
Impact
2023 Vision

Meet the Team

FOUNDER/CEO



BOARD of DIRECTORS

Rebecca Smith
Dina Hafley
Liz Foley
Jerry Nash
Brenda Smith
Jerry Smith
Pamela Milstead

Janice Thigpen
Katherine Rummel
Olivia Vix
Laura Watson
Crystal Moore
Amanda Wood
Leslie Lutrell

Advisory Board

Tonia Kuehn
Wesley Doolittle
Amy Sowers

Erica McLeod
Candice Palacios
George Sowers

Student Ambassadors

Payton Riley

Daire McLeod

Mission

Through LOVE, we HEAL! Our counseling program will help foster care youth rewrite and repurpose their trials and tribulations so they can find acceptance for the present and find freedom from the past. In time, LOVE will HEAL all wounds.

“Children are a blessing and a gift from God”

Psalms 127:3



MASLOW'S HIERARCHY OF NEEDS

LOVE HEALS YOUTH IS MAKING EFFORTS TO FULFILL THE NEEDS OF THE KIDS BASED ON MASLOW'S HIERARCHY. WE KNOW THAT HUMAN MOTIVATION IS BASED ON THE PURSUIT OF DIFFERENT LEVELS OF NEEDS. BY FULFILLING THE BASIC NEEDS, THE FOSTER YOUTH WILL BE ABLE TO MOVE ON TO THE MORE ADVANCED NEEDS AND FINALLY THRIVE AS THEY DEVELOP AND BEGIN TO REALIZE THEIR POTENTIAL.

Mental Health...the Solution

- ▶ The solution = Transformative Love
- ▶ Mental Health is the #1 Priority of Love Heals Youth
- ▶ Counseling combined with the additional social service projects & activities we provide a full range of support for the forsaken and forgotten youth
- ▶ Foster Youth in Group homes and in Community Partner facilities are our target client; ages ranging from 12 – 17; aging out at 18
- ▶ We provide training for caregivers in the group home facilities & foster families
- ▶ We provide an additional layer of continuity, oversight & safety for the youth
- ▶ Our goal is to inspire these Youth to defy the statistics

Counseling

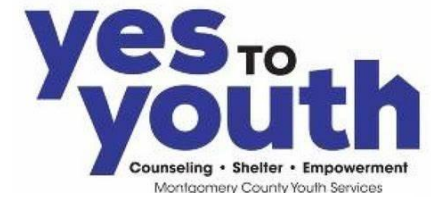
Innovative business model based on Trauma Informed Person Centered Theoretical Approach providing critical therapy, continuity of care and mental health support for foster youth while at the same time training future counselors for our community to address the ever increasing demand for mental health services.

- ▶ LHY Counselors provide one on one and group counseling to several group homes in Montgomery County; this includes cases from Montgomery County & those brought in from other counties. Our goal is to provide counseling to all group homes in Montgomery County by 2025.
- ▶ LHY Counselors provide counseling and training to our Community Partners
- ▶ Individual, Family & Group Counseling
- ▶ 100% of Counseling Service fees and activities are free to the foster youth and all of our clients through other nonprofit organizations



Who We Serve

- ▶ Nonprofit Affiliates
 - ▶ Access Builds Children
 - ▶ Family Promise
 - ▶ Mosaics of Mercy
 - ▶ Compassion United
- ▶ Group Homes/RTCs (Residential Treatment Centers)
 - ▶ Creighton Oaks
 - ▶ Trels
 - ▶ Karyn's House
 - ▶ Yes to Youth
 - ▶ Journey Home





Jerry Lara/Staff photographer

A delegation from Montgomery County and Conroe prays by a memorial for shooting victims at Robb Elementary School.

Conroe nonprofit brings counseling support, meals

Nearby Utopia ISD also gets help in shooting aftermath

By **Sondra Hernandez**
STAFF WRITER

At Utopia ISD, school counselor Ashleigh Kay has seen the impact the massacre at nearby Uvalde has had on her students.

And while security concerns have been addressed, she said, mental health needs have not.

"We've had zero counseling assistance," Kay said. "I feel like the mental health needs are

just as important as the security aspect."

That's where the Conroe-based nonprofit Love Heals Youth has stepped in to help.

A group of 16 Montgomery County residents, led by group founder Rebecca Smith-Nash, traveled to the Uvalde area Monday and delivered therapy kits and items for the therapy room at Utopia ISD.

Kay explained that the two communities are closely inter-

twined with staff and students from Utopia having ties to Uvalde and vice versa.

One big difference is the 1A UIL classified Utopia ISD has not received the outpouring of resources that Uvalde has since the shooting.

"These are materials I can't afford to purchase on my budget," said Kay. "These items are considered a luxury but they're not really a luxury because these are all really important

tools used to counsel kids."

Nash brought them tactile items, art pieces, soothing lamps, music and noise makers, essential oils and diffusers.

"These are therapeutic items for children to help them express feelings and develop a vocabulary for their emotions that they experience," said Nash, whose group provides therapeutic services to foster youths in group homes. "This

Counseling continues on A5

Love Heals Youth
+
Fox 26 News

[Click to view Video](#)

Uvalde

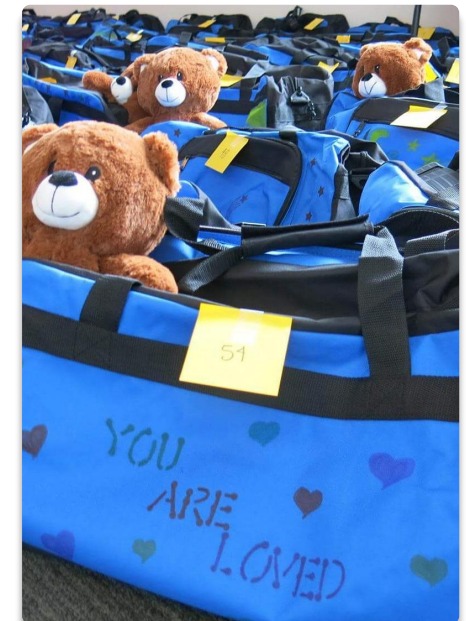
Love Heals Youth, Joe Haliti, and Wesley Doolittle came together in June of 2022 and raised approximately \$30,000 in order to Send Love to Uvalde. After the event, a group of leaders from Montgomery County joined Love Heals Youth to deliver 650 meals to the first responders and city employees in Uvalde. Love Heals Youth also designed and setup a therapeutic room in a neighboring school that was also impacted by the horrific tragedy.



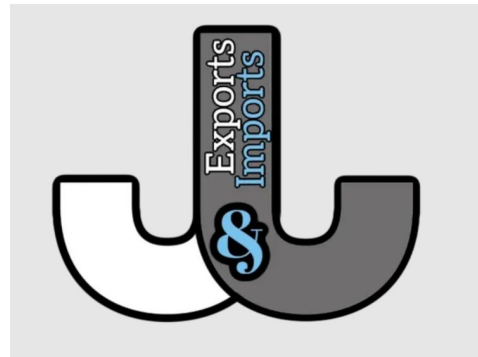
[Click to view Video](#)

Social Service Projects

- Day of Counseling
- Monthly Projects to provide special items to youth in group homes while raising awareness about what we do in the community
- Welcome Home Bags
- Community Partners with singer/songwriters & professional artists joining the foster youth for special occasions
- Daire to Read
- Christmas Carolling with our Musicians and Santa at the foster care group homes
- Movie Premier with the main actress and a Q&A for the foster youth afterwards



Thank you!



2022 Donations, Grants & Costs

▶ Give Back Events

- ▶ 2022 Chick-Fil-A Give Back - \$500
- ▶ 2022 Boardwalk Boutique - \$600

▶ Grants

- ▶ CDBG (10/1/22 – 9/30/23) \$20,000*
- ▶ Commissioners Court (10/1/22 – 9/30/23) \$30,000*

*Awarded 2022/Reimbursement Received 2023

- ▶ MCCF (11/2022) – \$12,750

▶ Individual Donors

- ▶ Total \$30,000

▶ No Service Fee Counseling*

- ▶ Total Numbers of Counseling Hours: 1500+
- ▶ Cost Savings to Taxpayers:
 - ▶ Actual fees paid to mental health professionals paid by Love Heals Youth through donations: \$75,000
 - ▶ Estimated cost **if** billed to Medicaid for counseling services rendered: \$315,000

Budget

Woodforest National Bank - Love Heals YOUth

Starting Balance 1/22/2022	\$15,484.00
Ending Balance 12/31/2022	\$39,846.00

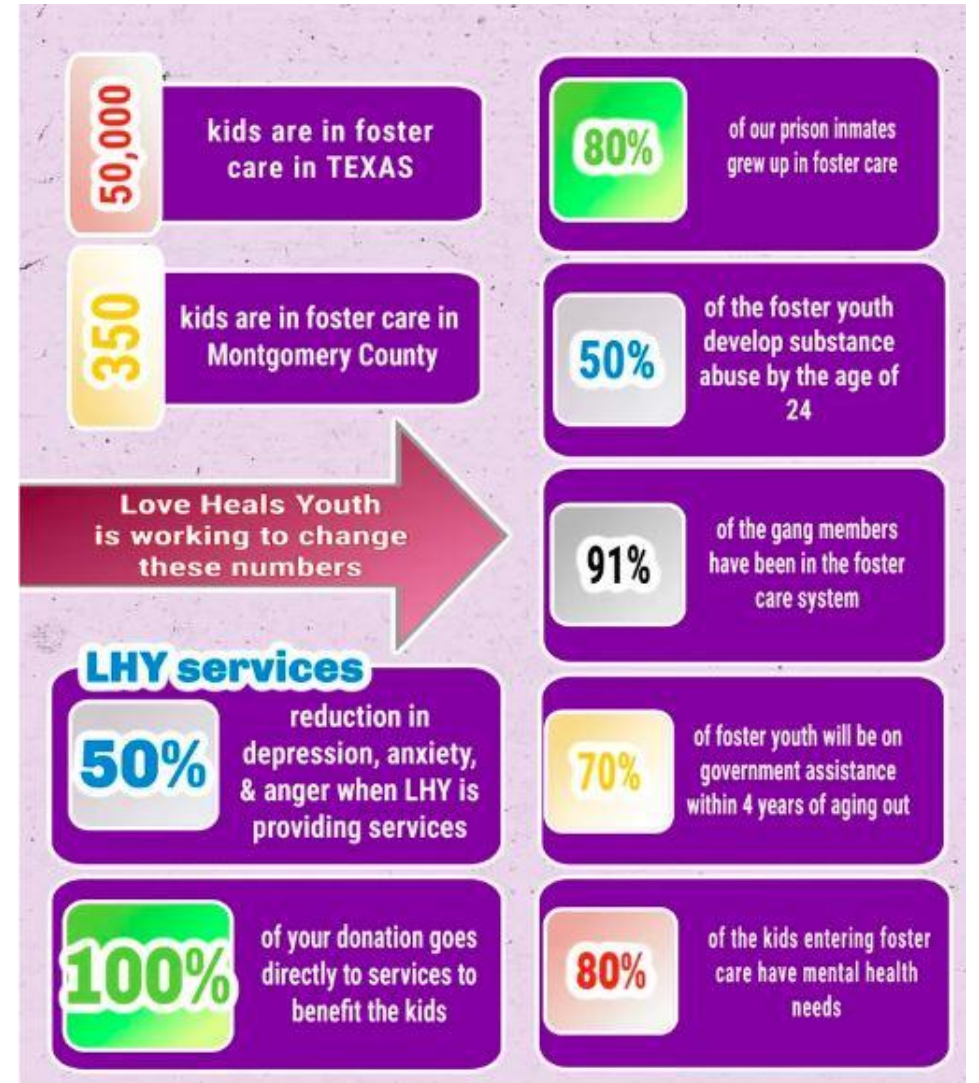
Total Deposits 2022	\$60,728.00
Total Expenses 2022	\$51,849.00

Expenses

Advertising (Banner)	\$625.00
Business Entertainment (Table Purchase Trells)	\$1,700.00
CCMC (Billable Reimbursement Counseling)	\$24,442.00
Day of Counseling	\$490.00
Fees (Debit Card/Ibex Financial/Checks)	\$34.00
Gala (Venue Deposit - 2023)	\$2,679.00
Insurance (Liability)	\$2,465.00
Merchandise (T-shirts)	\$625.00
Service Project (Movie Premier)	\$503.00
Services (CPA - Taxes)	\$1,000.00
Supplies (Gala/General/Welcome Home Bags)	\$1,647.00
Technology (TV's for Office Conference Room)	\$541.00
Uvalde Benefit (Food/Flowers/Plauques)	\$12,120.00
Uvalde Therapy Room Set Up	\$2,978.00
	\$51,849.00

The Numbers

50% reduction in Depression, Anxiety, and Anger based on pre & post assessments administered by mental health professionals.



Vision...happening now

Events

- ▶ 2023 Annual Fundraising Gala - \$100,000
- ▶ Social Service Projects - monthly events to bridge unmet needs for the foster youth (ongoing)
- ▶ Community Give Back Events - partnering with businesses to raise funds (ongoing)
- ▶ 2023 Love Heals Concert
- ▶ 2023 Lake Conroe Boat Parade
- ▶ 2024 Annual Fundraising Gala
- ▶ Mobile Clothes Closet bringing clothes to foster youth and removing logistical barriers
- ▶ Tutoring for improved Academic Achievement
- ▶ Grants Applications
- ▶ Volunteer Workshops to train volunteers
- ▶ Legislation – planning for 2024
- ▶ Increased Awareness about the hardships of foster care
- ▶ Increased Service Opportunities with more foster youth



Click to view Video

Concert for Love

Love heals YOUth

Daire McLeod

Jeff Canada

Payton Riley

Tickets

Dosey Doe
the Big Barn

Doors open
5pm

Sunday
10/1/2023

Don't delay! Tickets purchased at the door on the day of the show will be an additional \$10

2023 Concert for Love
Sunday, October 1st

“

There's no such thing as too
much love

”

Please visit our website for more information:

www.LoveHealsYouth.com

and follow us on FaceBook