Leadership Training Associates

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The Skill of Listening OBJECTIVE:

Participants will learn how to establish empathy, trust respect and cooperation by using powerful, state of the art listening skills.

DESIGNED FOR:

People at every level of the organization from the CEO to the receptionist.

OUTLINE:

Building Strong Listening Skills

Learn how to listen

How to improve concentration

Controlling and eliminating distractions

Learn when to talk and when to listen

Reducing mistakes caused by poor listening

Using proven non-verbal listening tools

Practicing new listening skills

How to Understand What People Are Really Saying

Getting people to talk with you Developing empathy Ways to quickly build trust and respect Feedback – how and when to give it

Turning Anger into Cooperation with Effective Listening

How to respond to irate people Defusing anger and hostility Avoiding arguments How to keep your cool when being criticized