## Emotions Are Suicidal

Let me be- don't spy Refrain from smothering me

Just because I'm not okay Doesn't mean I'm suicidal

Just because I'm suicidal Doesn't mean I'm not okay

Emotions are Suicidal Suicide is an Emotion Both cause a mental distortion

If I need your help, I will ask If I don't ask, I will silently cry You will then, feel my painful outcry That's when you should desperately try to help me identify myself in a life so dry So that I may justify Why in this world, I can still reach the sky

> Help me regrow my wings so that I may again- learn to fly