



Resigned Romance

It's tough
and has a dominating mindset of denial
When is it unhealthy to refuse it
When is it appropriate to throw in the towel

The torture is serious
Knowing that as time passes
Every day, new encounters are presented
They bring new opportunities for new romances
The simple thought is just too stressful
and the mind-torture becomes direly unhealthy

Perhaps, it is then,
That resignation shall overcome
To sustain a healthy state of mind
But then the question may become
Is resignation healthy for this heart of mine