

**Highlights in this issue:**

- Events for this year announced
- We look at some essential tackle
- Skills Corner
- Did you know that about the Coach!

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# Hooked!

Volume 2 Issue 2

Newsletter Date: April 2016

## Spring is in the air !!

Hi Everyone,

And welcome to the latest issue of Hooked!

Spring is well and truly on its way and life is returning to the lakes & rivers. The weather is starting to warm up and most importantly the fish are beginning to bite again

FishClub started in March with the first of our two indoor sessions.

It was great to see some of you there and we hope you all learnt something new.

Finally, our annual Junior presentation evening took place, this year at a new venue. Our sincere apologies for the delay in organising this event but I hope you all enjoyed the evening.

Its always a pleasure for us to see your hard work and continued commitment to angling being rewarded.

Don't forget every single one

of you is capable of winning any of the trophies that we present at this event so keep up your hard work, and the very best of luck to you all for this year.

This months edition is again crammed full of great information to help you improve your angling skills & knowledge.

I'm thinking of a new column in the coming issues which I'd like your help with... from time to time the coaches are asked questions from both juniors & parents alike concerning different aspects of angling, what tackle do I need?, how do I fish for roach?, etc., so I'd like to start an 'Ask the Coach' section where one of our coaches answers your questions but, we need some questions from you to answer. So get your thinking caps on and let us know your question. Email them to:-

[paul.d.sargent@gmail.com](mailto:paul.d.sargent@gmail.com)



Charlie showing his friend how to fish Jimmy's lake

See you all soon !! (Ed)

**Be sure to show this newsletter to your parents so that they know when the Fish Club sessions are taking place... Otherwise you might miss out!!**

## Latest News

### FishClub

FishClub has started with the first of our 2 indoor sessions back at Gt Blakenham village. We looked at loops, knots & rigs and we'll continue with this theme in the next session this month.

May sees us heading out onto the bank with sessions at Woody's & Maypole, Buxhall.

A new venue for this year which is packed full of roach.

**See inside for session details.**

### Facebook page

I hope you have all now joined up to our Facebook page which we'll be adding to as the year progresses. We'll be using it for session

invites, picture galleries, hints, tips & useful information.

**If you have any ideas on what you'd like to see then please let us know.**

If you haven't already joined then just search on Facebook for 'GVAC Juniors' and request access.



Rig making at one of the indoor sessions

### Dates for the Diary

Mums, Dads & Grandparents this is the section you need to read. Here are the up & coming sessions planned for this year.

#### Apr 2016

**FishClub 2** - Beginners to Advanced  
Sat 16th - 8.30 to 14.00 (Indoor)  
Gt Blakenham village hall  
**Loops, Knots, & Hook tying**

#### May 2016

**FishClub 3** - Beginners to Advanced  
Sat 14th - 8.30 to 14.00 (Woody's)  
**Method Feeder/Pellet waggler & Peg Management**

**FishClub 4** - Beginners to Advanced  
Sat 28th - 8.30 to 14.00 (Maypole)

#### Pole &/or Waggler fishing

#### June 2016

**FishClub 5** - Beginners to Advanced  
Sat 11th - 8.30 to 14.00 (Battisford)

#### Pole fishing (long & short)

**FishClub 6** - Beginners to Advanced  
Sat 25th - 8.30 to 14.00 (Needham Lake)

#### Pole &/or Feeder fishing

**Members £5.00 Non-members £6.50 per session**



“Keeping it simple”

### Preparation, Preparation, Preparation !

Forty years of fishing has taught me that minute adjustments to tackle can often make a dramatic difference to one's presentation and catch rate. There are times though, with fish in front of you, an uncomplicated set-up will bring you plenty of fish.

In previous newsletters, we've looked at the importance of preparation and more recently, peg management. All that's been discussed and explained holds true, but we should never overlook that most important of goals: enjoyment.

For many years, fishing for me meant loading up the car with seat-box, rod holdall, net bag, bait etc. And on returning home, all had to be unloaded again! In-between, delicate pole rigs were often fine-tuned and a number of changes made in the course of a match to keep fish coming.

Now, don't get me wrong, I enjoyed many, many successful and enjoyable days, but more recently, I've taken as much, if not more pleasure, from strolling the bank with just a rod and reel, a small bag with

bait and tackle spares and perhaps, a lightweight chair. Not only does this give the advantage of me being able to move in an effort to find fish, but also, any long walks to swims are much less arduous.

So, if you'd like a change from the 'kitchen sink' approach, try 'going light' with a simple set-up. Most of the time, especially on rivers where your quarry have less time to inspect a bait, if you find the fish, they'll take a bait.

**Mark Brewster**



Drennan Silverfish Match hooks

### Product Review

**Item:** Silverfish Match Hooks  
**Tackle Firm:** Drennan  
**Price:** £1.35 or less

**Description:**  
There are literally hundreds of different hooks on the market these days and choosing the right one can be a difficult decision.

One thing I have learnt though is that when you find a hook that does the job you want it to do then, stick with it. Drennan's Silverfish Match hooks fall into this category.

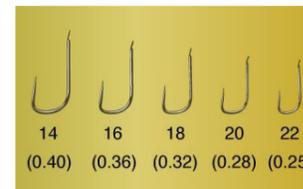
This is a fine wire spade end, barbless hook finished in bronze.

It incorporates a special bend, a long shank and a chemically etched long needle point. Which together creates a perfect hook for catching all types of silverfish, from Bream & Skimmers right down to the smallest Dace.

I have used these hooks for the last couple of years and I am convinced I have hooked more fish & suffered less missed bites than any similar

hook I have used before. But don't take my word for it, try them yourselves.

**“A great hook for silvers when used with casters, pinkies or maggots”**



14 (0.40) 16 (0.36) 18 (0.32) 20 (0.28) 22 (0.25)

## Behind the Scenes

### Junior Presentation

#### Winners Ivan Goymer

1st Callum Murton  
2nd Ollie Saunders

### Junior Academy Intermediate

1st Callum Murton  
2nd Ollie Saunders

### Viscount Young Angler

1st Ben Aldous  
2nd Danny Mayes

### Best Newcomer 2015

1st Liam Hiskey  
2nd Stanley Scarlett

### Coaches Cup

1st Danny Mayes  
2nd Charlie Calver

### Merit Award

1st Callum Murton  
2nd Ollie Saunders

### Sports Person of 2015

=1st Aston Lander  
=1st Ciaran Saunders

### Best Weight of 2015

1st Tom Jennings  
2nd Ben Aldous

### Young Clubman of 2015

2nd Ollie Saunders

### NFM Match Winners 2015

#### Academy Starters

1st Jasmine Saunders (41lb 7oz)  
2nd Tom Jennings (31lb 0oz)  
3rd Maddison Reid (29lb 10z)

#### Academy Cadets

1st Danny Mayes (82lb 12oz)  
2nd James Aldous (56lb 6oz)  
=3rd Bradley Harrison(44lb 5oz)  
=3rd Charlie Calver (44lb 5oz)

#### Academy Juniors

1st Ben Aldous (102lb 10oz)  
2nd Lauren Reid (81lb 9oz)  
3rd Stanley Scarlett (69lb 14oz)



GVAC Junior award winners 2015

## Skills Corner

### Overhand loop knot

#### Fig 1:

Form a loop by doubling up the line.  
Now wet the line. This helps to keep the line together.



#### Fig 2:

Bring the 1st loop back over the doubled up line & then through the back of the 2nd loop you have just formed. Wet the knot.



#### Fig 3:

Now pull tight from both the loop & mainline ends to form your overhand loop. Trim the tag end.



G.V.A.C.

Gipping Valley  
Angling Club

Active  
Accessible  
Accredited

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CLUB  
MARK

## Gipping Valley Angling Club - 'Active' 'Accessible' 'Accredited'

**GVAC is based in mid Suffolk and has waters in and around Needham Market and Stowmarket. The club was established in 1984 with our original members fishing Needham Lake and four sections of the River Gipping.**

**The club values its members' opinions, the development of its fisheries and the development of angling and is intent that all shall be given the opportunity to enjoy our sport in a safe and friendly environment. Our very active Junior Academy sections host regular events for young anglers and, along with our intermediates, are given every encouragement and opportunity to compete on a national level. With the support of Bosmere Tackle in Needham Market, the Environment Agency and Mid Suffolk District Council, young members and non-members alike can enjoy the coaching afforded by the club's volunteers. We are actively involved with the running of the Suffolk County Amalgamated Angling Association (SCAAA), members of [Institute of Fisheries Management \(IFM\)](#) and are supported by the [Angling Trust](#) in angling development projects.**

### Meet the Coach

**Name:**

**Simon Saunders**

**Position at Club:**

Junior Chairman & Coach

**Best Fishing Memory:**

Wow, I can almost plot my life with the great adventures fishing has given me. If I was to pick one it would be summer fishing the river Alde for roach at Blaxhall, It was a perfect heady summer days, the river was crystal clear, and the bank alive with dragonflies, Dace were picking May flies off the water & Elvers (baby Eels) where running up stream. I was trotting the far bank, picking up some fantastic roach when just as the evening sun started to set I struck into a totally unexpected Brown Trout weighing in just short of 2lb, I can still remember my excitement when I finally netted it!

**Best Match win:**

I've only fished beach matches. I was fortunate enough to lead the Eastern Region team to success in a National match at Bridlington in Yorkshire. With 3 section wins and catching the biggest fish I couldn't have been prouder!

**Worst Fishing Experience:**

On holiday fishing the Norfolk Broads when I was about 12. Armed with a new rod and reel and the chance of catching something special I could hardly contain my excitement.. 20 minutes into my first session a boat went past and caught my line - My shiny new tackle must still lie on the river bed somewhere near Wroxham!! :(

**Favourite Venue:**

I just love the Norfolk Broads for their diversity and challenge

**Favourite Club Venue:**

It has to be Maypole, its just a fantastic natural water.

**Favourite Peg:**

I think they all give you something different.

**Who's your Fishing Hero:**

My great late uncle Geoff.. he taught me all things fishing from making paste to babbling Eels.

**Favourite Style of Fishing:**

Blimey, it's either trotting a quill under bushes, the river Gipping at Needham is perfect for this or blasting out a 150 gram lead off any remote beach.



**What's Your Biggest Angling Lesson:**

If you are not catching change something, if that still doesn't work just enjoy your surroundings.

**What item of tackle would you never leave home without:**

I'm tempted to say my hooks.. but I have done that!! It has to be a disgorger or forceps, its all about the welfare of the fish

**What's your top tip:**

Always have a plan 'b' when you go fishing, fish are rarely predictable.