

Highlights in this issue:

- Events for this year announced
- We look at some essential tackle
- Skills Corner
- Ask the Coach! **NEW!!**

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NEW column!!

 Find us on
Facebook

Hooked!

Volume 2 Issue 3

Newsletter Date: July 2016

Summer has begun !!

Hi Everyone,

And welcome to the latest issue of Hooked!

I must start off this issue with an apology.

An editorial error on my part which I neglected to include in the Junior award winners...

Young Clubman of 2015

1st Jack Damant

Apologises Jack for not including your name and as we've had a chance to speak face to face, I hope this clears the matter up for you.

FishClub is well and truly underway with half of our outdoor sessions now completed. Its given us the opportunity to use a lot of the new equipment that we purchased from our Sport England Lottery grant of last year.

Steve Barnes has also purchased a brand new trailer which has already been a great asset in helping us transport all the kit to the various venues we have been fishing this year.

We have a new column starting in this issue, 'Ask the Coach' and my thanks go to Ciaran for helping to start the ball rolling with a couple of great questions.

But to make this column successful and a regular feature we need more questions. So get your thinking caps on and let me know your questions.

Email them to:-
paul.d.sargent@gmail.com

This months edition is again crammed full of great information to help you improve your angling skills & knowledge.



Liam tying himself in knots!!

See you all soon !! (Ed)

Be sure to show this newsletter to your parents so that they know when the Fish Club sessions are taking place... Otherwise you might miss out!!

Latest News

FishClub

FishClub is now halfway through with 5 of our planned 10 sessions already completed. July sees us heading out onto the bank with a session at Woody's for our annual National Fishing Month events. This year we have 3 NFM sessions organised. You might even see the BBQ out again!!

See inside for session details.

Facebook page

I hope you have all now joined up to our Facebook page which we'll be adding to as the year progresses. We'll be using it for session invites, picture galleries, hints, tips & useful information.

If you have any ideas on what you'd like to see then please let us know.

If you haven't already joined then just search on Facebook for 'GVAC Juniors' and request access.



Fish on for Rory!!
down on Woody's

Dates for the Diary

Mums, Dads & Grandparents this is the section you need to read. Here are the up & coming sessions planned for this year.

July 2016

FishClub 7 - Cancelled

Sat 9th - 8.30 to 14.00 (Maypole, Buxhall).
Apologises but we have had to cancel this session

NFM Event 8 - Beginners to Advanced
Sat 16th - 8.30 to 14.00 (Woody's)

Short Pole margin fishing

All £3.00 per session

August 2016

NFM Event 9 - Beginners to Advanced
Sat 6th - 8.30 to 14.00 (Woody's)

Short Pole margin fishing

NFM Event 10 - Beginners to Advanced
Sat 13th - 8.30 to 14.00 (Woody's)

Short Pole margin fishing

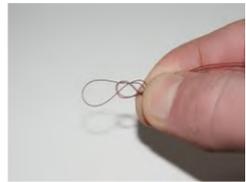
All £3.00 per session

September 2016

Senior/Junior Pairs Match - Limited
Sun 18th - 9.00 to 15.00 (Woody's)

Maximum of 8 pairs

Secure your place early for this match!!



"Simple or complicated?
It's all a matter of
practice!"

Preparation, Preparation, Preparation !

This year the FishClub sessions have expanded to include lots of new techniques and skills. Tying hooks using the domhoff knot and the knotless knot.. Over hand & figure of eight loops to name but a few.

However ask yourself, could I pick up a piece of fishing line now and tie a figure of eight-loop?

If the answer is yes! Then try it now, test yourself!

If the answer is no then what can you do about it?

Practice.

Practice is vital in any sport, it separates the average player from the good or great players. It helps you to perfect a skill, improve a technique and also helps to build your confidence.

Angling offers a great raft of techniques and skills to learn, unlike a lot of other sports out there. The more you can master, the better angler you will become.

But to practice effectively you need to set yourself a goal.

Something like:-

I want to tie 5 perfect loops all of the same size or,

I'm going to tie 10 neat knotless knots.

Practice also needs to be fun, it has to be something you enjoy and have fun doing otherwise, you'll never benefit or improve from it.

Let me leave you with one final question...

Do you want to go along to FishClub and have fun?

Or...

Do you want to go along to FishClub, have fun, improve

and become a better angler?



Maver Invincible
CS24 Hooks

Product Review

Item: Invincible CS24 Hook

Tackle Firm: Maver

Price: £1.30 or less

Description:

The large 30 degree angled eye, off-set ultra sharp point and extra strong swept shank greatly reduces fish loss and makes this hook an ideal one for method feeder fishing and straight lead work using a hair rig and knotless knot. This hook is finished off in a black chrome finish.

Available in sizes 10 to 18.

I've been told on good authority that these are exactly the same hook as the much more expensive Guru QM1 hook.

We have been using these hooks this year in our method feeder sessions and they certainly seem to be doing the job.

Fish loss has been kept down to minimum and they have certainly been put through their paces with lots of fish being caught.

£1.30 is a great price for a pack of 10 hooks. If you're looking for a low priced quality method feeder hook then these are certainly a hook to try.

"A good hook for carp when used with a hair-rig hook length and one of the cheapest on the market"

Behind the Scenes

Cattawade, Brantham
GVAC have from the start of this session taken on another water.

This is a small stretch of the river Stour at Cattawade , Brantham. Pegs are limited and work is currently under-way to open up the stretch to better access and safer pegs.

So far there have been a couple of work parties completed and these have already made a huge difference to the area.

Back in June our very own Steve Barnes , Charlie Burgoyne & Pip Game, together with Dave Saunders, Bob Day, Alan Foster, Terry Swain, Harry, Bob Gunn & Martin Westlake carried out a huge amount of work and were able to open up three swims by cutting back overhanging branches, they also cleared lots of brambles and improved the access to all the available pegs, together with collecting a full bag of litter.

Another working party is being arranged for the future to improve & open up even better access , which will include a slope to the bank from the garage area.

Its open to fish now, but if you are thinking of having a go please go along with a parent or guardian, the water is deep and we don't want our juniors getting into any difficulty.

We may arrange a FishClub session there next year!



Cattawade Bridge & River Stour

Skills Corner

Fig 1:

Pass the line through the eye and then back again to form a loop.

Fig 2:

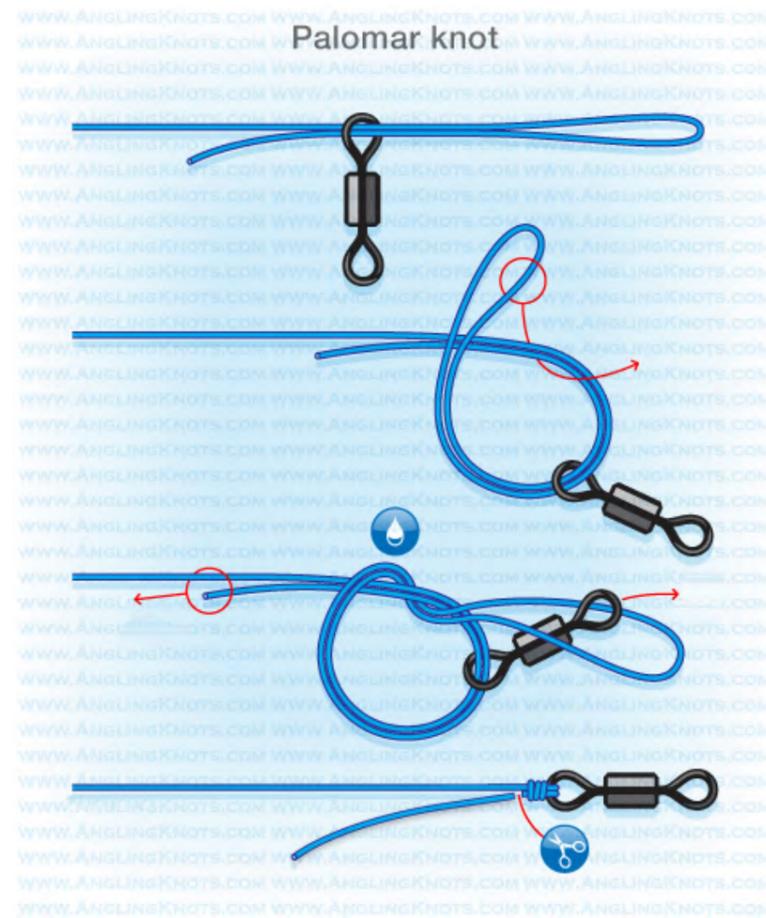
Bring the loop round & over the doubled up line to form a 2nd loop. Pass the 1st loop through the 2nd loop (as indicated by the red line).

Fig 3:

Wet the line where the knot has been formed. Then pass the swivel through the 1st loop . This forms the Palomar knot.

Fig 4:

Pull the line tight to complete the knot. Cut the tag end close to the knot.





Gipping Valley Angling Club
Active Accessible Accredited

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Gipping Valley Angling Club - 'Active' 'Accessible' 'Accredited'

GVAC is based in mid Suffolk and has waters in and around Needham Market and Stowmarket. The club was established in 1984 with our original members fishing Needham Lake and four sections of the River Gipping.

The club values its members' opinions, the development of its fisheries and the development of angling and is intent that all shall be given the opportunity to enjoy our sport in a safe and friendly environment. Our very active Junior Academy sections host regular events for young anglers and, along with our intermediates, are given every encouragement and opportunity to compete on a national level. With the support of Bosmere Tackle in Needham Market, the Environment Agency and Mid Suffolk District Council, young members and non-members alike can enjoy the coaching afforded by the club's volunteers. We are actively involved with the running of the Suffolk County Amalgamated Angling Association (SCAAA), members of Institute of Fisheries Management (IFM) and are supported by the Angling Trust in angling development projects.

Ask the Coach

This issue's questions have been sent in by Ciaran Gardner

Question 1:

When going for the bigger carp, what are your go-to baits?

Answer:

Wow, what an opening question. In short go bigger, pellets, corn, meat, boilies, worm, they all work, but that's not the whole story... There are a few things to consider before we decide on bait.

This is where the detective in you needs to get to work!

Firstly, ask yourself what size of carp do I want to catch, 10lb, 20lb, 30lb?

Once you know your goal then you need to find a venue that holds the size of carp that you want to catch. The internet or angling press are good sources of information for this.

Now you have found the venue then you need to look at the tactics & equipment the local experts use. It may only be a case of stronger line and a bigger hook, but it could be more than that, for example Suffolk Water Park offers carp up to 20lb on Match Lake 1 and the tactics there are pretty much what we have been practicing on Woody's this year.

Visit the lake, take a walk round, talk to the anglers fishing and ask them how they fish the lake, what tactics they use and also MOST IMPORTANTLY what baits & size they use.

Once you have built up a picture of all this information, go and fish the lake. Success might not come first time, but with practice and determination you'll reach your goal... and when that happens, its MAGIC!!!

Question 2:

If you decided to go out fishing, what would your main fish to go out and catch be?

Answer:

Everyone you ask this question to will have a different answer. For Steve & Pip I would imagine a nice big net of quality roach. For Charlie possibly also roach, but I know he likes his carp fishing as well.

For Mark & myself it's a big net full of quality bream. But venues that hold a good head of big bream are few and far between in this area. Alton reservoir used to be the place to go or Arleigh reservoir in Colchester.

These days a place called Ferry Meadows in Peterborough is the place to go but that is a bit of a journey to make for a days fishing.

There's nothing quite like the heavy thud of a big bream on the end of your line and nothing more satisfying then managing to catch a 30lb to 50lb bag of bream. They are finicky fish and easily spooked from the area you are fishing. So it takes patience and good swim management to build your swim and keep bites coming.