

Hooked!

Volume 2 Issue 4

Newsletter Date: Oct 2016

Highlights in this issue:

- Events for this year announced
- We look at some essential tackle
- Skills Corner
- Ask the Coach!

Inside this issue:

Dates for the Diary	2
Senior / Junior Pairs match report 2016	2
Product Review	2
Behind the Scenes	3
Skills Corner	3
Ask the Coach	4

 Find us on
Facebook

Sadly FishClub is over for another year !!

Hi Everyone,
Welcome to another issue of Hooked!

I think we can safely say that FishClub has been another resounding success this year with our juniors enjoying some fantastic fishing, and hopefully you have all improved your fishing skills & knowledge. We've also seen some new faces appearing and things look bright with more juniors joining us next year.

Our 2016 survey is now open and I think all of you who have attended one of our sessions this year should have received an email about it. If you haven't already completed the survey can I please ask you to take a few minutes to fill it in.

It gives us a chance to see if we

are doing things right and an opportunity for you to tell us what else you would like to see in the future.

Next year we are hoping to introduce CAST skill awards which are recognised by the Angling Trust, but more of that next year

In the mean time make sure you get out onto the bank and practice what you've learnt this year, before the weather starts to cool down and we head into Autumn.

Don't forget, if you have any questions for the coaches then email them to:-
paul.d.sargent@gmail.com

I hope you enjoy this edition of Hooked.

See you all soon !! (Ed)



Lauren with her match winning carp in this years NFM events

Be sure to show this newsletter to your parents so that they know when the Fish Club sessions are taking place... Otherwise you might miss out!!

Latest News

FishClub

FishClub has now finished for the year, but we are already planning next years sessions. We'll kick off with our indoor sessions in early Spring before heading out again onto the bank. There may also be a chance of a 'lure' day. We're looking to use the other venues within the club and get

you thinking a bit more about your fishing and the varied approaches needed to catch those fish.

Dates to be announced in the next issue!

Facebook page

Don't forget to check our Facebook page for session invites, picture galleries, hints, tips & useful information.

Also, all the previous Hooked! newsletters are available online via the 'Files' tab.

If you have any ideas on what you'd like to see then please let us know.

If you haven't already joined then just search on Facebook for '**GVAC Juniors**' and request access.

Dates for the Diary



Last years Junior trophy winners

Mums, Dads & Grandparents this is the section you need to read. Here are the up & coming sessions planned for this year.

2016-2017

Junior Presentation Evening -
Date to be announced shortly.

Just a reminder to all of last years trophy winners that we will need those trophies back very soon.

Ivan Goymer

Callum Murton

Junior Academy Intermediate

Callum Murton

Viscount Young Angler

Ben Aldous

Best Newcomer 2015

Liam Hiskey

Coaches Cup

Danny Mayes

Merit Award

Callum Murton

Sports Person of 2015

Aston Lander/Ciaran Gardner

Best Weight of 2015

Tom Jennings

Young Clubman of 2015

Jack Damant

FishClub 2017 - Dates to be announced in the first of next years newsletters.



“Anticipation grows as the draw begins!!!”

Senior / Junior Pairs match report 2016

Sunday 18th Sept saw 16 juniors & seniors heading down to Woody's Lake, Barking Tye for this year's FishClub finale the Senior/Junior pairs match.

The match hadn't been fished in recent years so this was a great way to finish off the junior coaching sessions for 2016.

Pegs were drawn and everyone set off to their allocated swims.

With the seniors helping the juniors to set up everyone was ready for the 10 o'clock start. It took only seconds before the first familiar sounds of splashing could be heard and fish were

being caught all round the lake. And so it proved for the first hour of the match with fish being

caught by everyone except Charlie who had a very slow start along with Ciaran.

However both James & Lauren were sneaking fish out on a regular basis to take an early lead and young Callum fishing as a senior was also catching very well. Then the carp stopped biting and everyone was faced with trying to catch the odd fish. Pip, Mark & Steve proved the best at this with them taking fish on a variety of baits together with Lauren who remained cool under pressure, going on to take top weight on the day.

Unfortunately the remaining 2 hours proved a very long time for some, but a good experience for

our juniors who have now experienced not only a match situation but have fished against senior anglers and seen that fishing isn't always easy.

Team MB won the day with a combined weight of 46lb 14oz, with Team Muggers 2nd on 41lb 9oz & the Carp Crunchers 3rd on 41lb 5oz.

Combined with this match was the Ivan Goymer trophy which was won by Lauren Reid with a catch of 36lb 13oz & James Shaw coming 2nd with 17lb 15oz.

Well done everyone and a big thank you to the seniors.



Preston Innovation Hook Length Retaining Boxes

Product Review

Item: Hook Length Retainer
Tackle Firm: Preston
Price: £4.99 - £9.99

Description:

All of you would have seen this year, the GVAC coaches reaching for one of these hook length boxes. Made by Preston Innovations these are an absolute must for any angler.

The containers have been designed to store and protect all your hook lengths and pre-

tied hooks.

They come in varying lengths starting from 15cm (6") up to 60cm (24"). Generally you can store from 60 to over a 100 hook lengths depending on the size of box you buy.

Made from plastic they can be easily stored in your seatbox or carryall and will take a fair bit of punishment on the bank.

With Christmas just around

the corner these make an ideal present for those people who are not sure what to get you.

Available from all local tackle shops or the internet, make sure if you haven't already got one, to buy one or more ready for next years indoor FishClub sessions

“Absolutely brilliant idea and a must buy item of tackle for any would be angler”

Behind the Scenes

Junior Presentation Evening - Trophies

As mentioned in the 'Dates for the Diary' section we are starting to arrange this year's presentation evening and we'll need your help with some of it.

If you were lucky enough to win one of our main trophies last year then we will need that back soon so that we can arrange for it to be engraved with this year's winners name. So...

Callum, Ben, Liam, Danny, Aston or Ciaran, Tom & Jack we will shortly need you to return those trophies back to us.

If you can either return them directly to Steve Barnes or drop them off at Bosmere Tackle on Needham Market High St, we would really appreciate it

And Lastly a BIG Thank You!!

None of the FishClub & NFM sessions would be possible

without the help & dedication of our coaching team and this year has been no exception. So we'd like to say a very big thank you to all our coaches who give up their free time to pass on their skills to you all.

Steve Barnes
Charlie Burgoyne
Pip Game
Mark Brewster
John Newman (P'borough)
James Lewis (AT)
Gerry Balmonte
& Paul Sargent



The Coaching Team of 2016

You've been BRILLIANT!!

Skills Corner

Fig 1:

Pass the line through the front of the eye and down along the back of the hooks shank. Form the hair-rig by tying a small figure of eight loop. Trim the tag.

Fig 2:

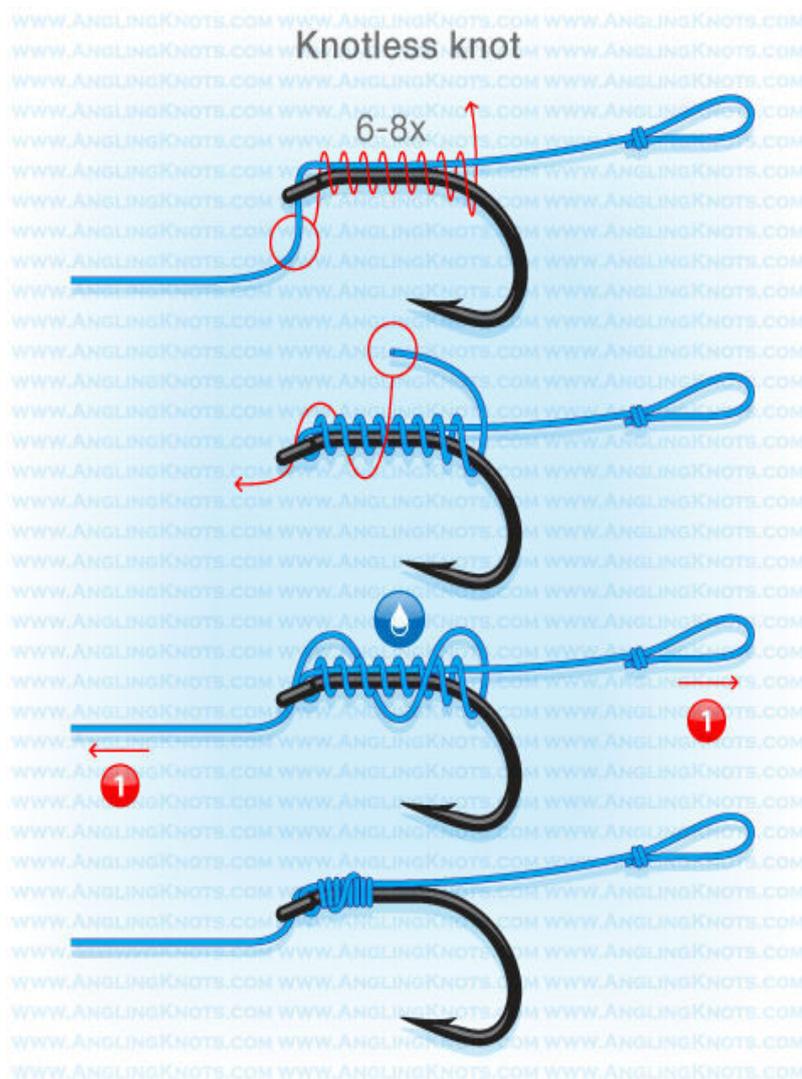
Now taking the main line pass this around the shank of the hook and the hair-rig 6 to 8 times, leaving enough line to form the hook length, Now cut the main line.

Fig 3:

Pass the end of the main line through the back of the eye. Wet the line where the knot has been formed and pull both the hair & the main line away from each other to tighten the knotless knot.

Fig 4:

Tie a figure of eight loop on the end of the main line at the desired length. Trim the tag of the loop knot, and your hook length is now complete.



G.V.A.C.

Gipping Valley
Angling Club

Active
Accessible
Accredited

GVAC helpline: 07592 014 627
E-mail:
steve.barnes@gippingvalleyangli
ngclub.co.uk

Editorial E-mail:
paul.d.sargent@gmail.com

 Find us on
Facebook

We're on the web
www.gippingvalleyanglingclub.co.uk



Gipping Valley Angling Club - 'Active' 'Accessible' 'Accredited'

GVAC is based in mid Suffolk and has waters in and around Needham Market and Stowmarket. The club was established in 1984 with our original members fishing Needham Lake and four sections of the River Gipping.

The club values its members' opinions, the development of its fisheries and the development of angling and is intent that all shall be given the opportunity to enjoy our sport in a safe and friendly environment. Our very active Junior Academy sections host regular events for young anglers and, along with our intermediates, are given every encouragement and opportunity to compete on a national level. With the support of Bosmere Tackle in Needham Market, the Environment Agency and Mid Suffolk District Council, young members and non-members alike can enjoy the coaching afforded by the club's volunteers. We are actively involved with the running of the Suffolk County Amalgamated Angling Association (SCAAA), members of [Institute of Fisheries Management \(IFM\)](#) and are supported by the [Angling Trust](#) in angling development projects.

Ask the Coach

This issue's question has been sent in by James & Chris Shaw

Question:

I want to buy a pole but with so many around which one should I choose?

Answer:

This is something we coaches get asked quite a lot. Buying a pole is probably going to be the biggest financial outlay you will make, angling wise, and it's worth taking your time to make sure you make the best choice you can.

There are a few factors to consider when buying a pole but by far, the first thing you should consider is **'How much do you want to spend?'** This will instantly narrow down the range you will be looking at.

Poles range from under £100 to over £5000 but like everything else, you get what you pay for. Poles are also designed these days for specific types of fishing so be careful in your choice!

Go for a pole that will **'cover all of your fishing'** from catching small roach to carp and no more than 13m in length, for a first pole. Many poles on the market cater for this by providing different types of top kits. These generally fall into 2 categories, (Match kits & Power kits). Match kits will cover you for most small to medium sized fish while the power kits are designed more for carp & larger fish.

You also want to find out if additional top kits can be bought from the company who made the pole. A couple of each type of top kit is a good idea to have.

Look to buy your pole from one of the **'leading tackle firms'** such as Preston Innovations, Maver, Shimano, Drennan, Tri-Cast or Daiwa. These generally have a better after sales service as well, which can be important. During the year we have been using Daiwa's ZRI Plus poles for our FishClub sessions. These are a great starter pole.

'Spend time looking & researching' on tackle firms websites and in magazines or tackle shops. Chapman's Angling is a good online shop to look at. This will all help narrow down your search even further and if you get chance, go to a tackle shop that has a few poles set up for you to have a look at.

Be aware that some tackle shops sometimes have a tendency to sell you something unsuitable so its best to **'have a clear idea'** of exactly what you want beforehand.

Don't forget that you will also need to buy PTFE bushes for the top kit tips, elastic & end bungs to complete your set up.

The coaches are more than happy to help set up things and we could use the opportunity to run a specific FishClub session on elasticating & setting your pole up.