

firstandlastrunning 2019 PLYM TRAIL SUMMER Full Marathon Day 1			firstandlastrunning PLYM TRAIL SUMMER Full Marathon Day 2		
03:16:14	Richard Pedrick	SWRR			
03:51:08	Debbie Burman	100MC	03:20:30	Roger Voaden	Okehampton RC
03:53:59	Jeremy Goddard	South Devon AC	03:20:43	Kris Ward	Teignbridge Trotters
04:12:21	Shane Cliffe	Red Rose RC	03:21:55	Mark Pike	Teignbridge Trotters
04:16:15	Damon Stewart		03:26:08	Richard Pedrick	SWRR
04:26:38	Julian Spencer		03:52:48	Chris Murrin	Exmouth Harriers
04:28:44	Graydon Widdicombe	Teignbridge Trotters	04:02:41	Alan Ledger	Tiverton Harriers
04:30:51	Matthew Williams	Team H	04:02:41	Andrew Moore	Tiverton Harriers
04:35:55	Beverly Collins	Running Forever	04:03:33	Shane Cliffe	Red Rose RR
04:39:25	Steve Hookins	South Devon AC	04:08:21	Graydon Widdicombe	Teignbridge Trotters
04:42:59	Wendy Dale	Ilfracombe RC	04:13:15	Alice Robinson	
04:48:18	Julia Ebrell	Vegan Runners UK	04:19:25	Gary Martin	Plymouth Muskateers
04:48:18	Shaun Watts	T.R.A.	04:22:38	Julia Ebrell	Vegan Runner UK
04:57:27	Mike Gwynne	Pontypridd Roadents AC	04:23:35	Mike Gwynn	Pontypridd Roadents AC
04:58:29	Steve Jackson	100MC	04:24:52	Debbie Burman	100MC
04:59:17	Jane Steadman	100MC	04:26:46	Julian Spencer	
04:59:55	Michael Philpott		04:28:20	Chris McIntosh	Teignbridge Trotters
05:00:25	Pam Philpott	Thanet Road Runners AC	04:42:12	Neil Williams	100MC
05:02:55	Andrew Bickle	Tamar Trail Runners	04:45:40	John Kew	100MC
05:12:18	Rob Murr	Running Forever RC	04:46:59	Steve Hookins	South Devon AC
05:12:18	Michelle Butler	Victory AC	05:03:55	Summer Runner	Storm
05:14:45	Kate Morris	Bantham Beagles	05:05:59	Andrew Bickle	Tamar Trail Runners
05:27:27	John Curtis	YTRRC	05:05:59	Pam Philpot	Thanet Road Runners AC
05:27:59	Neil Williams	Storm	05:05:59	Amy Robson	Vegan Runners UK
05:27:59	Tara Rufus	100MC	05:13:10	Martin Draper	100MC
05:28:55	John Kew	100MC	05:13:10	Jane Steadman	100MC
05:30:18	Martin Draper	100MC	05:23:44	Steve Jones	
05:30:18	Richard Keatley	Teignbridge Trotters	05:34:04	Rosemary Nixon	100MC
05:57:43	Selina Da Silva	Maverick Runners	05:40:45	John Curtis	Yeovil Town RRC
06:18:44	Romaine Fleurette	100MC	05:40:45	Steve Jackson	100MC
06:37:53	Rosemary Nixon	100MC	05:44:19	Kenneth Smith	
06:43:00	Keith Stuart	Fetch Everyone	06:36:19	Tara Rufus	100MC
07:04:10	Jo Gwynne	Pontypridd Roadents AC	06:36:19	Lynne Thupston	Yeovil Town RRC
07:04:10	Fiona Campbell	Pontypridd Roadents AC	06:37:58	Dan Micola	Dunstable RRC
07:08:08	Tim Lupton	100MC	06:42:14	Josh McGrath	Storm
07:08:08	Jemima O'Connor	Minster Milers	06:48:30	Tim Lupton	100MC
			06:48:40	Andy Easton	Storm
36 Finishers			07:38:54	Jo Gwynne	Pontypridd Roadents AC
			07:38:54	Fiona Campbell	Pontypridd Roadents AC
			08:08:43	Ben Lupton	SWRR
			39 Finishers		
firstandlastrunning PLYM TRAIL SUMMER Half Marathon Day 1			firstandlastrunning PLYM TRAIL SUMMER Half Marathon Day 2		
01:40:00	Ben Watts		01:32:00	Mark Davis	
01:46:51	Ben Showers		01:38:49	Scott James	
01:53:58	Franki Mathews		01:39:15	Leon Graves	
01:59:42	Debbie Pinhey		01:48:14	James Kerr	
02:01:20	Claire Langford		01:48:47	Aaron Williams	
02:06:46	Ian Pinhey		01:53:30	Emily Devetta	
02:16:34	Sarah Hillson	Tavistock AC	01:59:24	Michael Philpot	
02:22:15	Darren King	Plymouth Muskateers	02:04:57	Amr Bassem	
02:24:54	Griselda Shipp	Exeter College RC	02:10:10	Chris Lynn	
02:30:18	Scott Bonner		02:10:31	Susan Lyle	Brixham Harriers
02:48:50	Sophie Watts		02:16:57	Rebecca McDonnell	
02:54:33	Alison Pearce		02:21:41	Mark Luscombe	Torbay AAC
03:01:44	David Clements		02:25:05	Gemma Radcliffe	Torbay AAC
03:01:44	Gerald O'Mahoney		02:26:40	Tracy Bond	
03:09:21	Tanya Christian		02:26:46	Sonia Stevens	
03:32:48	Caroline Williams	Storm	02:28:28	Paul McDonnell	
03:32:48	Becki Lane	Storm	02:37:43	Justin Locke	Storm
03:33:30	Terri Ann Satwell		02:59:59	Richard Stone	
03:33:33	Ben Lupton	SWRR	03:03:19	Richard Smith	
			03:26:19	Keith Stuart	Fetch Everyone
20 Finishers			03:26:19	Richard Dodge	Yeovil Town RRC
			03:29:00	Caroline Easton	Storm