GO KA*E YOURSELF

BREAKFAST & BRUNCH

Kale Egg Bites\$9.99 Mini egg bites made with cheese, chopped kale, and eggs.
Apple, Brie, Kale Omelet\$13.99 An omelet made with green and red apples, brie cheese, kale leaves, and eggs.
Kale Avocado Baguette\$11.99 A twist on classic avocado toast with toasted vegan bagette pieces, kale leaves, and cherry tomatoes, served with two eggs.
Mediterranean Toast\$11.99 A hummus spead on toast with cucumber, cherry tomatoes, kale, kalamata olives, and vegan horshradish dill cheese.
LUNCH
Tomato & Kale Sandwich w/ Pesto on Baguette\$11.99 A sandwich with chopped tomatos, kale leaves, and mozzarella topped with pesto on a baguette.
Kale Mushroom Naan Flatbread w/ Balsamic Vinegar\$15.99 A naan flatbread made with mozzarella cheese, chopped kale, and sliced mushrooms served with balsamic vinegar drizzle.
Vegan Gyro\$11.99 A gyro made with chopped kale, cucumbers, chickpeas, sprouts, cherry tomatos, and tempah in vegan peta bread served with tzatziki spread.
Avocado, Kale, Tempah Wrap w/ Lemon Basil Aioli
THE BEST SNACK
House-Made Kale Chips \$7.99 House-made chips made with kale leaves and choice of seasoning.

Please note: All menu items are vegan.

Plant-based egg and cheese substitutes are used.

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TEAS

Hot Teas:

Kale (Green)	16oz - \$4.99
Matcha (Green)	16oz - \$4.99
Hot Tea & Iced Tea:	
Lemon Ginger (Herbal)	16oz - \$4.99
English Breakfast (Black)	16oz - \$4.99
Chai Latte (Black)	160z - \$6.99

~Almond & oat creamer, honey, ginger, and other plant-based sweeteners available.

SPECIALTY DRINKS

Freshly Squeezed Fruit Juices:

Apple Orange Pineapple 16oz - \$5.99 Smoothies:
Pineapple Kale
Mixed Berry Kale
Apple Ginger Kale
Turmuric Coconut Kale
Almond Banana Kale
20oz - \$9.99

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VISIT US ONLINE

Website

www.gokaleyourself.com

Socials

Facebook: GoKaleYourself Insta: @GoKaleYourself_Official Twitter: @GoKaleYourself

Interested in booking us?

www.gokaleyourself.com/contact



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