

## 2025 Wyomissing Hills Swim Team

Welcome to the Wyomissing Hills Swim Team! This year our team is led by Nancee Wenzel and her assistant Rylee Wenzel. Please visit [www.berkscountyswimming.com](http://www.berkscountyswimming.com) for the most up to date information on the season. Everything you need to know about swim team is included in this packet. To become a member of our team please fill out the attached information page and drop it off at the pool office or bring it to the first practice day.

Per the BCSA by-laws all swim team members must also be a member of the pool they represent.

If you aren't sure if your child is ready for swim team please ask our staff and they can test your child for you. Minimum distance requirements are one length unassisted for age eight and under and two lengths unassisted for age nine and up. Thank you and we look forward to seeing you!!

Nancee Wenzel

484-769-1138

[Wenzel2014@comcast.net](mailto:Wenzel2014@comcast.net)

# PRACTICE SCHEDULE

**Practice begins Monday June 9th**

## Monday-Thursday Schedule

13 and over	9:15-10:15
9/10 and 11/12	10:15-11:00
8 and under	11:00-11:30

Fun Friday practices with the entire team will be 10:30-11:30.

8 and unders report at 11:00.

Meets will be held Monday nights beginning Monday June 16th. Report time for home meets is 4:45pm, report time for away meets is 5:15pm. Directions to away meets will be sent in the weekly email.

Please regularly check our swim team board in the breezeway at the pool. All information about the season is posted there along with our meet schedule and the "I can't be at the meet" sign up sheet.

**\*\*Parents, we will be using signupgenious.com this year to organize our meets. PLEASE do your part and volunteer, without it the meets won't happen! Emails will be sent out weekly with details. Please notify a coach if you are not receiving emails.**

This year we will be once again using Swimoutlet.com as our team store, <https://www.swimoutlet.com/collections/WyoHills> Team suits and recommended goggles can be found here. Team suits are not required for our team. Our team colors are royal blue and white. If you need any help with sizing we can measure your child at the pool and make suggestions.

# Wyomissing Hills Swim Team 2025 Registration

Please fill out this form to become a member of the Wyomissing Hills swim team. A parent's signature is required. The fee is \$110 for the first child, \$85 for the second child and a family cap of \$250 for those with more than two children.

Name	Birthdate	Age as of 6/15/25
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Amount paid \_\_\_\_\_ cash/check    Checks payable to Wyomissing Hills Swim Team please.

I , undersigned as the parent or legal guardian of:

\_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_ hereby  
consent to my child's participation on the swim team sponsored by the Wyomissing Hills  
Swimming Association for the 2025 season. I also release the Wyomissing Hills Swimming  
Association, its officers, directors, members and coaching staff from any and all liability during  
the 2025 season. I do further agree I will not institute any suit or action of law or otherwise  
against the association, its officers, directors, members and coaching staff. I also acknowledge  
that I have reviewed the team rules and expectations with my swimmers and we agree to all  
terms.

Date \_\_\_\_\_ Parent Signature \_\_\_\_\_

Please list email addresses for swim team communication:

\_\_\_\_\_  
\_\_\_\_\_

\*\*\*Please list any allergies/medical conditions/concerns the coaching staff needs to be aware  
of:

\_\_\_\_\_  
\_\_\_\_\_

## TEAM RULES AND EXPECTATIONS

1. Please be on time and ready for practice at your assigned time. This may mean getting to the pool 5-10 minutes early to allow time to put on cap, goggles, etc.
2. Parents are not allowed on the pool deck during practice. Sitting under the trees or pavilion during practice is allowed but please allow the coaches to do their jobs by not interacting with your swimmer during practice unless asked to do so by a coach. Any concerns must be addressed with the coaches before or after practice.
3. Bullying on our team will not be tolerated. If it's a school rule then it's a pool rule! We are a team and all members are expected to respect each other. Reports of bullying will be addressed as needed and can lead up to dismissal from the team with no refund given.
4. Aggressive (physical or verbal) behavior toward teammates and/or coaches will not be tolerated and are grounds for immediate dismissal from the team with no refund given.
5. While it is not mandatory to be at every practice, regular attendance is expected in order to facilitate growth and encourage a team atmosphere. Please notify a coach if you plan to miss more than two days in a row for practice due to camps, vacations, etc.
6. Good sportsmanship is expected at all times, that includes parents too! We encourage a "team before the individual" mentality and work hard to keep the swim team atmosphere a positive one. Please help us by encouraging good sportsmanship at all times!
7. Please notify a coach ASAP if you will not be at a meet. Coaches put a lot of time into making line ups and even one "no show" swimmer can lead to a lot of extra work at the last minute for the coaches!
8. Weather related issues-if we need to cancel practice for bad weather we will send an email ASAP. We do practice in light rain, we CAN NOT practice during thunder or lightning. Please use your best judgment when deciding if your children are okay with practicing in "less than perfect" weather. For meets, we must show up regardless of the weather. We will attempt to wait out any storms before we postpone the meet. If meets are postponed they are most likely held on Wednesday of that same week.
9. It's all about FUN!!! Sometimes our practices won't look like traditional practices. Those Friday mornings spent playing Sharks and Minnows are just as important as the hardest practice of the summer. The Hills coaches love the sport of swimming and look forward to sharing their passion with the next generation!
10. By submitting your swim team registration your family acknowledges that they have read the above rules and agree to abide by them. As always, the coaches have the final determination when it comes to disciplinary actions.