

EMPOWERED LIVING

Men's Intensive Workshop

For men who know they're meant for "more," whether feeling stuck, disconnected, or simply seeking genuine, meaningful growth. Join other men on this transformative journey to gain a sense of clarity, deepen self-awareness, and unlock greater fulfillment and potential. This is your call to action.



Highlights:

- Immersive and highly experiential
- Develop a deeper sense of personal mission
- Enhance self-awareness and connection to your authentic self
- Integration of parts work and somatic therapy techniques
- Transformative experiences through psychodrama and guided visualizations
- Meals and snacks provided
- Price: \$225



March 8: 7:45-9:45 PM
March 9: 9:30 AM-4 PM



One Step
Clinical Services,
Lincolnwood, IL



Eli Brand, LCSW, CSAT
Louis Meyers, MA



Call Us
347-524-2007

Visit Our Website
www.onestepclinical.com

