

10 to 1 Staffing, Limited COMPETENCY CHECKLIST	
Name:	Title: Step Down Unit/ Progressive Care Unit
LEVELS OF PERFORMANCE 0 ➤ Not Applicable 1 ➤ Needs Assistance - Little or No Experience 2 ➤ Minimal Assistance - Some Experience 3 ➤ Perform Independent - Competent/Experienced 4 ➤ Resource/Instructor/Preceptor - Competent/Able to Teach	
NOTE: This is a representative sample of technical competencies necessary for safe clinical practice.	

COMPETENCY CHECKLIST	Level of Performance
Areas of Experience	
ER Holding	
Neuro Step down	
ICU	
PCU/DOU/IMC/Stepdown	
Telemetry	
Telemetry Cardiac	
Telemetry Oncology	
Automated Medication Dispensing Systems	
Omnicell	
Pyxis	
Accudose	
Other:	
Computerized Charting	
Cerner	
Epic	
McKesson	
Oasis	
Other:	
Equipment	
Ambu bag	
Biohazard collection/ Sharps	
Defibrillator	
Doppler	
Electrocardiogram	
Glucose Monitoring Machine	
Hyper/Hypothermia Units	
Hypothermia Blankets	
Non-invasive BP Monitor (Dynamap/Datascope)	
Manual BP Cuff	
Medical Air	
Oxygen regulators and cylinders	
Pulse Oximeter	

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Suction equipment	
Thermometer (tympanic/oral/temporal)	
Telemetry Systems	
Weight Scale (bed/standing)	
Professional Topics and Skills	
Fall Risk Assessment	
Infection Prevention	
Isolation Precautions	
National Patient Safety Goals/Core Measures	
Pain Assessment Management	
Pressure Ulcer Assessment/ Prevention	
Restraint Initiation/ Use / Documentation	
SBAR	
Vaccine administration	
Wound Care/ Wound Vac	
Cardiovascular	
Abdominal Aortic Aneurism (AAA)	
Acute Coronary Syndrome	
Carotid Enterectomy	
Cardiac Arrest	
Cardioversion	
CHF	
Defibrillation	
Dysrhythmias Interpretation and Management	
Femoral Popliteal Bypass	
Heart tones	
Hypertensive Crisis	
Obtain and Interpretation of 12 Lead EKG	
Pacemaker/ Temporary/ Permanent	
Post Cardiac Angiogram	
Post MI	
Post PTCA (Percutaneous Transluminal Coronary Angioplasty)	
Pre/Post Cardia Cath	
Pre/Post Cardiac Surgery	
Rapid Response Team	
Sheath Removal	
Telemetry – on the unit monitoring	
Telemetry – remote monitoring	

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Endocrine	
Blood Glucose Monitoring	
Diabetic Patient Education	
Diabetic Ketoacidosis	
Hyperglycemia	
Hypoglycemia	
Indwelling insulin pumps	
Management of Hyperglycemia	
Management of Hypoglycemia	
Titration of Insulin Drips	
Gastrointestinal	
Abdominal Pain	
Abdominal Trauma	
Bariatric Surgery	
Bowel Obstruction	
Colon resection	
Colostomy	
Feeding tube care and management	
Gastrostomy Tube	
GI Bleed	
GI Surgery	
Ileostomy	
Liver Failure	
Liver Transplant	
NG tube insertion/ Management	
Pancreas Transplant	
Pancreatitis	
Whipple	
Genitourinary/ Renal	
Bladder suspension	
Continuous Bladder Irrigation	
Chronic/ Acute Renal Failure	
Foley catheter insertion female	
Foley catheter insertion male	
Gender Reassignment Surgery	
Interstim Therapy	
Nephrectomy	
Peritoneal dialysis	

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Pre/Post Hemodialysis management	
Pubovaginal Sling procedure	
Renal Failure	
Renal Transplant	
Shunts and Fistula Care	
TURP	
Urogenics	
IV Therapy	
Accessing Ports	
Blood Product Administration	
Central Line care/blood draws/ Management	
Monitoring Chemotherapy	
Phlebotomy	
PICC Line Insertion	
Starting IV's/ management	
TPN/ LIPIDS	
Medications	
Anti-Arrhythmic	
Anticoagulants	
Anti-Hypertensives	
Anti- Seizure Medications	
Benzodiazepines	
Cardiac drips – no titration	
Emergency Medications	
Epidural Analgesia	
Heparin Protocols	
Insulin	
IV Vasopressors	
Narcotics	
Non-Narcotic analgesics	
PCA	
Procedural Sedation Administration	
Reversal Agents	
Thrombolytic Agents	
Vasoactive drips – no tritration	
Neurological patient monitoring, Care of, and Emergency Response	
Crainotomy	
CVA/ Acute Stoke	

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Encephalitis	
Hypothermia	
ICP Monitoring	
Intracranial bleeds	
Laminectomy	
Lumbar Drains	
Meningitis	
Neuromuscular disorders	
Pre/Post Neurosurgery	
Post TPA care	
Substance Withdrawal	
Seizures	
Spinal cord injury	
Stroke Scale Assessment	
Traumatic Brain injury	
Oncology	
Bone Marrow Transplant	
Chemotherapy Administration	
Medical Oncology	
Monitoring Chemotherapy	
Radiation Implants	
Surgical Oncology	
Orthopedics	
Assessment of peripheral pulses	
Continuous Passive Motion Devices	
Hip Fracture	
Ortho Trauma	
Peripheral Nerve Block Catheters	
Total Joint Replacement	
Traction	
Plastics	
Breast Reconstruction with implants	
Breast reconstruction with tram flap	
Mastectomy	
Skin Grafts	
Surgical Drains	
Respiratory	
Ambu bag and mask	

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Assessment of Breath Sounds	
ABG's interpretation	
Airway Obstruction	
ARDS	
Aspiration	
Asthma	
Chest Tube insertion/ Management	
CPAP/BiPAP	
COPD	
COVID	
Intubation/ Extubation	
High Flow Nasal Cannula	
Pneumonia	
Pneumothorax	
Pulmonary Edema	
Pulmonary Embolism	
Respiratory distress	
Respiratory Treatments/ Inhalers/Nebulizers	
Tracheostomy Management	
Ventilated patients	
Shock	
Anaphylactic Shock	
Cardiogenic Shock	
Disseminated intravascular coagulation (DIC)	
Hypovolemic Shock	
Neurogenic Shock	
Septic Shock	
Toxic Shock Syndrome	
Computerized Charting	
Cerner	
Epic	
McKesson	
Meditech	
All Scripts	
Other:	
Age Specific Competency	
Neonate	

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Infant	
Child	
Adolescent	
Young Adult	
Middle-aged Adult	
Geriatrics	
Employee Signature:	Date:
Print Name:	