



Emotional Intelligence with DISC for Dental Teams

4/5 (Leaders) Hour Paid Program

EQ

DISC

EQ for Teamwork

EQ for Patients EQ for Leaders

- DISC Style Assessment for every team member
- Customized playbooks for optimizing teamwork and conflict resolution
- Live team (4 hours) and leader training (5 hours) with flexible delivery options
- Sustainability support calls and on-demand coaching (5 hours over 12 months)
- Perpetual access to online resources (videos, job aids, assessments) for reference and new hire onboarding
- Meetings-in-a-box tools for leaders and team members
- Ability to add new hires who receive a DISC assessment and team DISC map orientation
- \$299 per Leaders, \$249 per Team Members
- Flexible Four-Payment option and One-Time Payment option

Complimentary Mini-Program

EQ & DISC

EQ for Leaders

- DISC Style Assessment for every team member
- Customized playbooks for optimizing teamwork and conflict resolution
- Live team training (1 hour)
- Live leader training (1 hour)



Emotional Intelligence with DISC for Dental Teams

Program Description

Enhancing Emotional Intelligence (EQ) results in strengthened teamwork, reduced stress, improved patient relationships and a more resilient, high-performing practice. By understanding communication styles, regulating emotions under pressure, and fostering trust, dental professionals can create a culture that thrives on collaboration, clarity, and compassion.

EQ

 The 5 Elements of Emotional Intelligence and how they apply in a dental practice

DISC

- The four primary communication behavior styles
- What each style scale measures
- · The observable behaviors that distinguish each style
- DISC-type assessment for all participants

EQ for Teamwork

- Team composition overview (styles map)
- Style strengths of team
- Style gaps or imbalances
- Communication dynamics
- · Stressors and conflict resolution
- · Recommendations for balance and growth

EQ for Patients

- The value of EQ in emotionally charged patient situations
- How to impact the three types of client experiences
- · What to say in emotionally charged situations
- Techniques for enhancing emotional intelligence

EQ for Leaders

- Benefits of team EQ
- Leader Team EQ Self-Assessment
- Techniques for enhancing leader self-awareness and self-regulation
- Using DISC profiles to assign roles and tasks
- How to build trust through DISC awareness
- · How to coach to DISC styles.
- How to brow an emotionally intelligent team culture

Program Author



Former VP of Instructional Design at CareCredit
Matt Hawk is a Yale PhD, Certified DISC and Emotional
Intelligence Professional, and a published author with 20
years of experience coaching healthcare professionals and
sales leaders. Health Pro EQ provides EQ training for
dental, veterinary, and health systems teams.

AGD PACE and ADA CERP Accreditation pending.