



KARAKIA MŌ TE KAI
Nā Ngā Atua

I Homai Ngā Kai

Rongomatāne, Tāne Mahuta,

Haumia Tiketike, Tangaroa

Kia Ora, Kia Ora

Whakamaui Ki A Tina (Tina)

Haumi E, Hui E, Tāiki E!

This food has been given to
us by the Atua

Rongo, guardian of kumara
and peace

Tāne, guardian of the forest

Haumia, guardian of cultivated
foods

Tangaroa, guardian of the sea

We give thanks, we give thanks

And feast together as one!



BOOK YOUR FUNCTIONS
& EVENTS WITH US
MANAAKI MGMT

- THE WELLINGTON FUNCTIONS TEAM -

FOUR VENUES
TEN ROOMS AVAILABLE FOR HIRE

WWW.WELLINGTONFUNCTIONS.CO.NZ

WHAREWAKA FUNCTION CENTRE
WELLINGTON ROWING CLUB
PIPITEA MARAE & FUNCTION CENTRE
TOITU PONEKE - THE HUB

IF SEATED OUTSIDE...
PLEASE PLACE YOUR ORDER
AT THE COUNTER - NGĀ MIHI

P A R A K I A M Ō T E K A I

www.karakacafe.co.nz | 04 916 8369
Like us on FACEBOOK
Review us on TRIPADVISOR
Whairepo Lagoon, Taranaki Wharf
Wharewaka Function Centre

PARAKUIHI | BREAKFAST

AVAILABLE OPEN - 11AM

HĒKI KAKATO | EGGS BENEDICT (GF) from \$16

House smoked hāngi hash cake served with two free range poached eggs, horopito hollandaise

- FLORENTINE – spinach \$16-
- MĀORI – smoked fish \$18-
- PACIFIC – corned beef \$17-
- BENEDICT – bacon \$17-
- ROYALE – smoked salmon \$20-

PARĀOA MITI KAU | MINCE ON REWANA \$17

Slow cooked beef mince served on rewana topped with a soft poached egg (GF OPTION AVAILABLE)

HĒKI KŌRORI | OMELETTE (GF) \$16

Three egg omelette with spinach, red onion, tomato, cheese

PARAKUIHI WHAKAPIPI PEKENA | BREAKFAST BURGER \$15

Brioche bun, fried egg, bacon, avocado, watercress, hollandaise and tomato relish (GF OPTION AVAILABLE)

REWANA ME AVOCADO | SMASHED AVOCADO \$16

Toasted rewana bread, smashed avocado, smoked feta and fennel oil, topped with two poached eggs, Kaitaia pipiro

(GF OPTION AVAILABLE)

PATAHUA | MUESLI (VEGAN) \$14

House made toasted muesli, seasonal fruits, coconut and passionfruit yoghurt

NGĀ PAREHE | WAFFLES \$16

Warmed waffle, bacon, banana and maple syrup

-or-

Warmed waffle, strawberries, coulis, whipped cream

OKO VEGAN | VEGAN BOWL (V & GF) \$16

Fried kumara, avocado, house pickled vegetables, balsamic cherry tomatoes, roasted pumpkin seeds served on quinoa and sprinkled with kawakawa

MIX IT UP & ADD SIDES FROM THE LIST BELOW

KAI ĀPITI TANGA – ADDITIONS from \$3

TOHI | TOAST

- Rewana Bread (3)
- Seeded Gluten Free Toast (3)
- Five Grain Toast (3)
- Ciabatta Toast (3)

OTHER

- Avocado (5)
- Egg x1 – scrambled, fried, poached (3)
- Eggs x2 – scrambled, fried, poached (5)
- Grilled tomato (3)
- Hāngi hash – lightly smoked root vegetables (4)
- Bacon (5)
- Halloumi (6)
- House Smoked salmon (6)
- Spinach (5)
- Portobello mushroom (6)



NGĀ INU | BEVERAGES

NGĀ KAWHE | HAVANA LGE \$5.30 REG \$4.50

-MŌWAI | Flat White

-RĀTE | Latte

-KAPUTINO | Cappuccino

-MOKA | Mocha

-RĀTE CHAI | Chai Latte

-TIAKARETE WERA | Hot Chocolate

-AMERIKANO | Americano

-PANGO POTO | Short Black

-PANGO ROA | Long Black

-PICCOLO | MACCHIATO | VIENNA

SOY
50c

ALMOND 50c

COCONUT 50c

(3.5)

(3.5)

(3.5)

(3.8)

NGĀ TĪ | TEAS \$4.50

Sencha/Green

Earl Grey

Ginger & Kawakawa

NZ Breakfast

Berrylicious

Peppermint

NGĀ INU WERA | HOT BEVERAGE \$5

Lemon, Honey, Ginger -or- Blackcurrant, Honey

NGĀ INU MATAO | ICED DRINK \$7

Iced Tea – Blueberry, green tea

Iced Tea – Peach, black tea

Iced Chocolate - topped with whipped cream

Iced Mocha - topped with whipped cream

Iced Coffee - topped with whipped cream

NGĀ INU MATAO | ICED DRINKS \$8

MILKSHAKES – WITH ICE CREAM

Chocolate

Lime

Raspberry

Banana

Mango

Vanilla

Strawberry

Caramel

Salted Caramel

SMOOTHIE – DF (APPLE JUICE BASE) \$8

-BOOSTER – Banana, Mango, Spinach, Lime Juice

-DETOX – Blueberry, Banana, Date, Boysenberry

-REBOOT – Mango, Pineapple, Banana, Passionfruit

-ENERGISE – Strawberry, Apple, Pear, Pineapple, Date

NGĀ INU | DRINKS

Taha Tonic: Kawakawa and Ginger

Juice: Orange, Apple, Pineapple, Kiwifruit

Foxton Fizz: Lime, Raspberry, Lemonade

Softdrink: Ginger Beer, Lemon Lime Bitters, Coke

\$5

\$5

\$4.5

\$5

TAUPAEPAE KAI - CABINET FOOD

Check out our delicious range of cabinet foods including: muffins, scones, savoury items, salads & delicious sweets