

## PARAKUIHI | BREAKFAST

available from open – 10.30am

### HĒKI KAKATO | EGGS BENEDICT (GF)

Whare (house) Smoked Hāngi Hash served with two free range Poached Eggs, Horopito Hollandaise

- Māori – Wilted Watercress (GF) 19-
- Benedict – Bacon, free range (GF) 19-
- Royale – Smoked Aoraki Salmon (GF) 22-

### HARORE | MUSHROOM (VEGAN, GFA) 20-

Garlic & Herb Portobello Mushrooms, Pumpkin Seed, Cashew & Watercress Pesto on whare-made Rēwana\*

### RAHOPŪRU | AVOCADO (KETO, VEG, GF) 22-

Avocado, Sesame, Garlic Mushroom, Smoked Vine Tomato on Wilted Watercress

*(this tastes as good as it looks whānau)*

### PĒKANA ME HĒKI | BACON & EGGS (GFA) 16-

Two Eggs cooked your way...  
Free range Bacon on Sour Dough

### RĒWANA HUAWHENUA | ROASTED VEGES (VEGAN) 22-

Garlic Mushroom, Capsicum, Zucchini, Red Onion, whare-made Tomato Sauce on Rēwana\*

### RĒWANA RAHOPŪRU | SMASHED AVOCADO (GFA) 18-

Smashed Avocado, Cherry Tomato, Olives, Feta, Red Onion on whare-made Rēwana\*

### PARĀOA KŌHUE | VEGAN BAGEL 19-

Smoked Vine Tomato, Hāngi Hummus, Cashew & Watercress Pesto on whare-made Bagel\*

### HAMANA PARĀOA KŌHUE | SALMON BAGEL 20-

Smoked Salmon Bagel, Fried Capers, Wild Watercress, Dill Cream Cheese on our whare-made Bagel\*

### PATAHUA | BIRCHER MUESLI (VEG) 16-

Oats, Apple, Condensed Milk, Dried Fruits, Natural Yoghurt, Almond, Cashew, Toasted Coconut, Sunflower & Pumpkin Seeds

### TŌHI WĪWĪ | KARAKA TOAST (VEG) 22-

Our version of a Classic French Toast; whare-made Rēwana Dipped in Cinnamon Egg topped with

- Whipped Butterscotch, Banana -or-
- Strawberries, Mascarpone Cream

### KAI ITI | SIDES or ADD ONS

Smashed Avocado (GF) 6-	Smoked Vine Tomato (GF) 6-
Bacon free range (GF) 7-	Fresh Vine Tomato (GF) 6-
Egg free range/1 (GF) 3-	Smoked Salmon (GF) 8-
Hāngi Hash (GF) 6-	Wilted Watercress (GF) 6-
Garlic Mushrooms (GF) 6-	Gluten-free Toast (GF) 4-
Whare-made Rēwana* 3-	Sour Dough Toast 3-

\*Our whare-made Rēwana and Bagels are Vegan



WE ARE A NON SMOKING PREMISE INCLUDING OUR  
OUTSIDE SEATING & OUR GRASSED AREA



DO THE MAHI,  
GET THE TREATS

VIEW OUR MENU &  
ORDER DIRECTLY  
FROM YOUR PHONE

Scan the QR Code to see  
our full menu, order and pay  
from your table.

When you are ready for  
more, just simply order again.

