

Grand Traverse 2026 Aid Stations

27 Mile Aid Stations	Distance	Distance Between stations	Aid Station Options
Munger Trail - Becks Road Aid Station #1	7	7	Food and Drink - Drop Bag
Spirit Mountain Grand Ave Aid Station #2	12.8	5.8	Food and Drink - Drop Bag
Highland/Getchell TH Aid Station #3	18.1	5.3	Food and Drink - Drop Bag
N 24th Ave W (Piedmont) TH Aid Station #4	23.5	5.4	Food and Drink - Drop Bag
Fitger's Finish Line	27.6	4.1	Finish!
21 Mile Aid Stations	Distance	Distance Between stations	Aid Station Options
Spirit Mountain Grand Ave Aid Station #2	5.8	5.8	Food and Drink - Drop Bag
Highland/Getchell TH Aid Station #3	11.1	5.3	Food and Drink - Drop Bag
N 24th Ave W (Piedmont) TH Aid Station #4	16.5	5.4	Food and Drink - Drop Bag
Finish	20.6	4.1	Finish!
17 Mile Aid Stations	Distance	Distance Between stations	Aid Station Options
Spirit Mountain Grand Ave Aid Station #2	2.2	2.2	Food and Drink - Drop Bag
Highland/Getchell TH Aid Station #3	7.3	5.3	Food and Drink - Drop Bag
N 24th Ave W (Piedmont) TH Aid Station #4	12.7	5.4	Food and Drink - Drop Bag
Finish	17	4.1	Finish!
10 Mile Aid Stations	Distance	Distance Between stations	Aid Station Options
Highland/Getchell TH Aid Station #3	1.1	1.1	Encouragement and smiles
N 24th Ave W (Piedmont) TH Aid Station #4	5.4	5.4	Food and Drink
Finish	10.6	4.1	Finish!