

July 2025 Meals On Wheels				
Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
	Swiss Steak Scalloped Potatoes Peas Mandarin Oranges Dinner Roll	Butterfly Shrimp Oven Roasted Potatoes Green Beans Canned Pears Dinner Roll	Beef Taco Salad (or) Refried Beans Spanish Rice Pineapple	Pepperoni Pizza Cheesy Bread Stick Side Salad Fresh Mango
7	8	9	10	11
BBQ Pork Ribs Cheesy Hashbrown Casserole Corn Rosy Applesauce Dinner Roll	Popcorn Shrimp Cocktail Sauce Scalloped Potatoes Peas Mandarin Oranges Dinner Roll	Ham & Cheese Slider Cheddar and Bacon Potatoes Cauliflower Pineapple	Hamburger Oven Roasted Potatoes Country Green Beans with Bacon & Onion Canned Pears	Breaded Cod Roasted Redskin Potatoes Glazed Carrots (A) Fresh Mango Dinner Roll
14	15	16	17	18
Homemade Meatloaf Cheesy Hash Brown Casserole Creamed Corn Rosy Applesauce Dinner Roll	Spaghetti Mixed Vegetables Scalloped Potatoes Mandarin Oranges Garlic Bread	Chicken Tetrazzini Cheddar and Bacon Potatoes Brussel Sprouts Chilled Pineapple Dinner Roll	Hot Dogs Baked Macaroni & Cheese Tater Tots Canned Pears	Pepperoni Pizza Cheesy Bread Stick Side Salad Fresh Mango
21	22	23	24	25
Chicken Enchiladas Spanish Rice Refried Beans Rosy Applesauce	Beef Pot Roast Scalloped Potatoes Peas Mandarin Oranges	BBQ Chicken Oven Roasted Potatoes Green Beans Canned Pears Dinner Roll	Hamburger Steak w/ Onions Cheddar and Bacon Potatoes Cauliflower Pineapple Dinner Roll	Baked Flounder Roasted Redskin Potatoes Glazed Carrots (A) Fresh Mango Dinner Roll
28	29	30	31	1
Orange Chicken Rice Pilaf Stir Fry Vegetables Vegetable Egg Roll Rosy Applesauce	Smothered Pork Chop Scalloped Potatoes Mixed Vegetables Dinner Roll Mandarin Oranges	Beef Cube Steak Oven Roasted Potatoes Green Bean Casserole Canned Pears Dinner Roll	Bacon-Wrapped Pork Cheddar and Bacon Potatoes Brussel Sprouts Pineapple Dinner Roll	

All Lunches need to be picked up at 11:30 AM. All Lunches come with a dessert. All Lunches may have substitutions if needed. If scheduled meals are made invoices will be sent at the end of the month. If you order just one meal it needs to be paid on pick up.